Thursday, April 12, 2018

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Family's marathon tribute for street stabbing victim

Cousin Sarah-Jayne leading team raising funds for London Ambulance Service

By Hannah Kane

A HARLOW woman is running a marathon in memory of her cou in who was stabbed to death outside a bar.

Sarah-Jayne Donaghey said that without the vital work of the London Ambulance Service, her and her family would have not said goodbye to her cousin. Jonathon "JJ" McPhillips was just 28-years-old when he was

stabbed near a London bar in February 2017.

The father-of-two, who worked at The Sun pub in Waltham Abbey, was on Upper Street in Islington when he suffered the fatal wound.

He staggered 200 yards along the street before collapsing outside Be At One bar at around midnight on February 25.

Michael Dyra, 22, of Hoxton appeared at Highbury Corner Magistrates' Court on Friday, February 9 and was charged with Jonathan's murder and grievous bodily harm with intent, violent disorder and possession of an offensive weapon. He remanded in custody to await a Crown Court trial.

"The London Ambulance Service were there within minutes," Sarah-Jayne said. "They had to perform an open-heart massage on the side of the road.

"We lost him in the end, but we got to spend an extra four days with him thanks to them."

JJ's mother, Michelle, had to

make the heartbreaking decision to turn off the life support machine when she learned he

would be brain-dead.

"He was the kindest, deepesthearted person you would every meet," Michelle said.

"I've had people coming to my mum's house every day just say-ing how he helped them. It was just simple things like holding doors open or carrying their shopping. He was just that kind of



Jonathon "JJ" McPhillips with his daughters Lexi and Evie

and that changed his personality, he really matured. I was so proud of JJ as a father. It really made him the man he was. His daughthe man he was. His daughters were the apples of his eye. He just doted on them. He did everything for them, they were definitely the boss and told daddy what to do."

Just over one year on from the tragic incident, Sarah-Jayne is taking on the Brighton Marathon, raising money for the London Ambulance Service.

"We were close growing up," she said. "His two girls, Lexi who is five and Evie who is three, were the apples of his eye

Humble

"He was so humble and nothing was ever too much for him. He was always someone you could depend on. In those few days in the hospital, we all came together. We have family from all over the place so it was a chance for every-

one to get there in time."

With the 26.2 mile run on

Sunday (April, 15), the 26-year-old from Staple Tye reflected on her journey so far.

"My uncle Gary and cousin James are running it with me,' she said.

"We've done a couple of half marathons and 10k's together and it's been quite emotional getting over the finish line. I'm feeling a mix of emotions about it. I'm nervous because it's a long way to go but I know that no matter what happens I will push through because of the reason why I'm doing it.

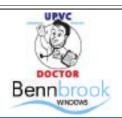
The Brighton 10k is also being held on the same weekend, with Sarah-Jayne's mum Sharon, sister Nicole and cousin's partner Christine also taking part.

Sharon said: "The London Ambulance Service kept him alive by doing open heart massage at the side of the road and gave our

family time to say goodbye."

The family have set up a Just-Giving page. So far, they have raised over £1,000.





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Star, Thursday, April 12, 2018 HSH-EO1-S2

BRIEFING

in this week's paper.



Ramraid scourge hits town hard

REGULARS Family announcements Talking point. Education news 16&17 Charity news.... 20821 Community news. Property and living80

PICK UP POINTS

- Harvey Centre, Harlow (management suite)
- Mulberry Green Estate, Station Road, Old Harlow
- Genesis, 3 High Street, Old Harlow
- Kings, Unit 4, Church Langley Way, Harlow
- Kings, 19 East Gate. Harlow
- Geoffrey Matthews, 47 High Street, Old Harlow
- Guardian, Post Office Walk Harlow
- Haart 4 West Gate
- Future Let, 52 Market Street, Old Harlow
- Reyland Johnson, 1
- Acorn Mews, Harlow
- Howick & Brooker, 1 High Street, Old Harlow
- Belvoir, 40 High Street, Old Harlow

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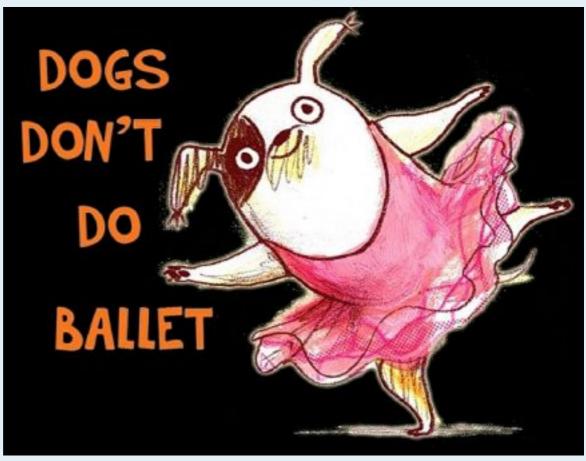
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WHAT'S ON NEAR YOU



Biff the Ballerina

KIDS FOR A QUID

COCO SCREENING: RHODES ARTS COMPLEX, 1-3 SOUTH RD, BISHOP'S STORTFORD, CM23 3JG, FRIDAY, APRIL 13, 11AM The latest Disney Pixar movie to be released. Coco is the story of aspiring young musician Miguel, who is confronted with his family's ancestral ban on music. Not wanting to give up on his dream and realising the historic musical nature of his forefathers, he enters the Land of the Dead to find his great-great-grandfather, a legendary singer who may be able to help him achieve his dreams. Tickets: £1. For more details, visit: www.rhodesartscomplex.co.uk

THE BLUES

BLUES CHAPTER: HARLOW CC, MARIGOLDS, CHIPPINGFIELD, OLD HARLOW, ESSEX, CM17 ODJ, FRIDAY, APRIL 13 Jesse Thomas (guitar and backing vocals), Sky Wood (vocals, harp, acoustic guitar), Jake 'Professor Redhair' Thomas (keyboard), Lindsey Craig (drums) and Niol Sweeney (bass). The Blues Chapter are a five-piece blues ensemble who are fast becoming the finest young Blues band in London, rocking venues large and small with music that has audiences on their feet. Charismatic frontman Sky Wood has smouldering vocals that remind you of the great Bluesmen, Guitarist Jesse Thomas's guitar-playing prompts shades of the influential greats Gary Moore, Stevie Ray Vaughan and Joe Bonamassa. Niol Sweeney on drums and Lyndsay Craig on bass, it is said, create the best rhythm section in North London, The brilliant Jake

'Professor Redhair' Thomas on keyboards completes the scintillating line-up. Although younger than some of the other performers who play at Marigolds, these guys are no less talented and are yet another band not to be missed. Tickets: £10. For more details, visit:

www.musicatmarigolds.co.uk

SURVIVAL SKILLS

HATFIFI D FORFST - RUSHCRAFT DAY: HATFIELD FOREST, NEAR BISHOP'S, STORTFORD, ESSEX FRIDAY, APRIL 13, 10.30AM Spend a day at Hatfield Forest learning new skills that will stay with you for ever! Learn the basics for surviving in the wild with only the bare necessities. An introduction to shelter-building, fire lighting, water collection and foraging. Being in the wild, brings families together. Suitable for accompanied children aged eight and over.

LIVE COMEDY SHAPPI KHORSANDI: MISTRESS AND MISFIT: HERTFORD THEATRE, THE WASH, HERTFORD SG14 1PS, FRIDAY, APRIL 13, 8PM Shappi presents England's unsung heroine, Emma

Hamilton. For too many years she has

Booking Essential. Tickets £15pp. For

more details, visit:

www.nationaltrust.org.uk

been known as just 'Nelson's mistress', a bit of a harlot. (You get ONE job in a brothel and bang goes your reputation). Women's lib wasn't a 'thing' in Georgian times, Emma moved mountains to haul herself from 'scullery maid' to 'Lady Hamilton'. Yes, she occasionally danced on tables naked to get ahead in life, but who hasn't? As a fellow naked dancer on tables, Shappi is inspired by Emma, although she never wants hair big enough to house mice in. Star of Live At The Apollo, Michael McIntyre's

Assistance dogs only are welcome.

Coco screenina

Comedy Roadshow, Friday Night With Jonathan Ross, Have I Got News For You and QI, Shappi is on the road with her new sellout show. She has whipcrack jokes and is effortlessly funny as she handles every subject with a razor-sharp wit, softened only by her deliciously mischievous delivery and endless charm. Shappi is also the bestselling author of 'A Beginners Guide to Acting English' and her fantastic debut novel 'Nina is not OK' was published by Ebury in 2016. Shappi was recently elected president of the British

Humanist society. Tickets: £16. For

details, visit: www.hertfordtheatre.com

BIFF THE BALLERINA

DOGS DON'T DO BALLET: HERTFORD THEATRE, THE WASH, HERTFORD SG14 1PS, SUNDAY, APRIL 15, 1.30PM AND 3.30PM Based on the award-winning children's book by Anna Kemp and Sara Ogilvie, this fabulous feel-good show features music, songs, handcrafted puppets and Biff, the ballet-dancing dog! Biff is not like other dogs. He doesn't do dog stuff like weeing on lampposts, or scratching his fleas, or drinking out of the toilet. No, Biff likes moonlight and music and walking on his tiptoes. You see, Biff doesn't think he's a dog. He thinks he's a ballerina! Brought to the stage by acclaimed Little Blue Monster, this happy, funny tale will have you laughing out loud and dancing in the aisles. Tickets: £13 or £48 for a family ticket (4 tickets, must include at least 1 child). For more details, visit: www.hertfordtheatre.com

Vigilantes release video of themselves confronting suspect with online messages

Man arrested after sting by 'paedophile' hunter group

By Tom Bage

A MAN from Harlow has been arrested by Essex Police after a self-styled 'paedophile hunting' group filmed their confrontation with him on the street.

The video was then shared on

Facebook and has been viewed thousands of times.

He was arrested on suspicion of sexual grooming on Sunday, April 8, after police arrived at the end of

The group stopped the man while he was walking down a street and showed him chat logs of alleged conversations they had claimed he had with two young teenagers, who were actually decoy accounts run by the

Shook

The suspect shook as the group read parts of the alleged chat logs

Police officers arrived and talk to the group as well as the man.

The cameraman for the group

then decides to stop filming.

A spokeswoman for Essex
Police said: "A 40 year-old man from Harlow was arrested on sus-picion of sexual grooming on Sunday, January 8. "He was arrested in Mark Hall

Moors, Harlow at around 4.30pm. "He has been released pending further investigation."



Scenes of frustration at airport as delays cause chaos



By James Gregory

THOUSANDS of travellers were caught up in delays that caused "carnage" at Stansted Airport.

A number of flights due to

arrive at the popular Essex airport on Monday night were delayed by at least two to three hours before taking off.

It appears they eventually arrived in the early hours of the morning, but left skeleton staff struggling to cope with demand, the Mirror reports.

Frustrated passengers told of having no stairs available for them to get off the plane, only four or five staff at passport control with the e-passport gates not

They then said they had to wait hours for bags to appear, with some saying they gave up and went home.

Among the angry customers was James Stringer who tweeted: "So it appears Ryanair & STN_Airport are in competition on who can ruin my evening the

"Ryanair's opening move: a 2 hour delay. Stn's move: no stairs available to disembark."

Expecting

"Currently 30 mins & still not stairs. Not like their weren't

expecting us! Updates to follow."
Radu Potop tweeted a picture of the huge queues adding: "There's currently a queue of almost 1,000 people at Stansted airport, with

huge delays at take off and at mitigate delays. baggage reclaim." "Our own staff helped to

added: "Joke. Tilly James Landed 1.15. Couldn't get stairs, then couldn't get into building all doors locked.

"Just got on train. Now told to

get off due to engineering works.
"Now walking up a stopped escalator. After a two hour delay

leaving (sat in the plane with Ryanair) not happy

Stansted said in a statement: "Due to a significant number of inbound flights arriving late, during a short period of time outside of expected operating hours, passengers experienced delays receiving their baggage.

"Airlines and ground handling partners called in additional staff to help manage the situation and

provide passengers with information and handed out water during the period.
"On behalf of our airlines,

handling agents and the airport we apologise for the delays and inconvenience caused to passen-

The travel chaos comes as many Brits are returning home after

Easter holidays.
Good Friday was expected to be the busiest day for travel with an estimated 2.1million escaping Britain's bad weather for sun in popular European destinations such as Spain, France and Italy.

An estimated 180,000 people left Stansted, according to Travel-Weekly



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Contents of North Mymms Park, including teapots and tapestries, could fetch £1m

Idyll home's treasures set to go under the hammer

HUNDREDS of buyers from around the world will be focusing on an auction in Stansted next week as the contents of one of Hertfordshire's grandest homes are auctioned.

More than 600 lots, ranging from tapestries to teapots, are expected to fetch in excess of £1 million as the contents of North Mymms Park go on sale.

A preview of some of the items up for auction was

held at the salesroom in Stansted on Tuesday, with Princess Michael of Kent, who opened the building ten years ago, in attendance.

"This is probably the most important house contents we have sold during my 30 years with the firm," said Guy Schooling, managing director of auctioneers Sworders, based in Hertford and Stansted. "We are very excited."

Built for the High Sheriff of Hertfordshire, the house dates back 400 years and although most recently serving as a corporate training centre, it has retained all the trappings of Jacobean grandeur.

Among the most prized lots are North Mymms' collection of tapestries, some of which have been in the house for 140 years and are expected to fetch up



Sworders' managing director, Guy Schooling, and Princess Michael of Kent

banking giant John Pierpont Morgan as gift for his brother-in-law and owner of North Mymms, Walter Haves Burns

Mr Schooling said: "It's a fantastic provenance and an important collection of tapestries.

"Tastes change and people go for a more modern, pared-back decorative approach – which these tapestries are not

High value

"When they were produced, they were high-value objects, the question is how much value they have

As one might expect, the lots include paintings, furniture, ornaments and fine tableware dating right up to the present day, such as 30 modern silver cups and goblets designed by Tom Tudor-Pole and

Robert Welch.
"My personal favourite is a collection of very early 19th-century watercolours of birds including a long-eared owl, guillemot, rook and hens," Mr Schooling said. "They were hanging high on a wall in a corridor and when I walked past them I just





tapestry depicting the life of Julius Caesar, left, is among the highly coveted lots

dismissed them, assuming they were prints." He said that estimates start from £30, meaning that anyone can afford a piece of the historic col-

There are lots of wonderful things, from carpets to maps. It's not just for those with a lot of cash to splash," added Mr Schooling.

"We don't have typical buyers, every one is extraordinary.

A range of local private collectors, dealers from London and international interest is expected on the auction days, next Tuesday and Wednesday, if

Sworders' past experience is anything to go by.

Mr Schooling said: "Most of the buyers are watch ing on their computers at home, they bid via their computers and it goes straight through

"We have no idea who they are, but we know where they come from. We've had bids from Uruguay, Uzbekistan, Hong Kong, Canada, sometimes with more than 1,000 people bidding.

Sworders' association with North Mymms Park is a longstanding one, Mr Schooling explained

"Our role started many years ago, when we were

asked to value the contents for insurance purposes finding out what everything was, its condition, and what it would cost to replace.

"It was a painstaking process."
They came across a large amount of furniture in the attic, which proved problematic for those standing in the rooms below when staff ventured inside for a closer look.

"The huge chandeliers in the long gallery started to shake and pieces started to fall off," Mr Schooling recalled.

When it came to auctioning the contents, every object had to be photographed from various angles. However, for Mr Schooling, all the work was worth the effort.

"It's a lot like an iceberg, the glossy catalogue is 10 per cent of what we do, the rest is hidden below the surface " he said

"It's exciting when the catalogue comes back and now, when I can walk into the room to see everything beautifully laid out."





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Jess Glynne gig

CHART-TOPPING singer Jess Glynne has been announced as the headline act for the third big outdoor concert at Audley End this summer. The flame-haired star, who has had six UK No 1

singles, tops a girl power treble bill in the grounds of the stately home on Saturday, July 14, with Ella Eyre and Louisa also performing.

The show will be sandwiched between the Here and Now 1980s festival on July 13 and the appearance of 2Cellos and Britain's Got Talent winner Tokio Myers on July 15.

The latest announcement by English Heritage and Giles Cooper Entertainment (GCE) completes a sensational weekend of live music at Audley End.

Tickets for the concert go on general sale tomorrow (Friday) at 9am. Visit ticketline.co.uk/heritage





HSH-E01-S2 Star, Thursday, April 12, 2018



Is that Postman Pat driving his miniature van into a Harlow McDonald's ?

By **Hannah Kane**

hannah.kane@essexlive.news

HILARIOUS footage taken outside a Harlow McDonald's shows a man in a "Postman Pat van" visiting the drive-through branch.

According to one witness, a group of London motorists were hosting a car meet at the fast-food

restaurant by Staple Tye Shopping Centre, in Southern Way, on Sunday night.

All of a sudden, one man arrived in a miniature electronic version of Pat's van.

Cruisers

The witness said: "London street cruisers and Stance Addictz were hosting a car meet

down here, so there was loads of cars and then that man started driving his electric Postman Pat van around."

He can be seen waiting in the queue for the drive-through, when a member of staff approaches him. The two appear to have a conversation, then the van is filmed driving off around the drive-through.

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The ram raids that left a trail of destruction in their wake

A look at how Harlow has been affected by shocking attacks on businesses

By Alasdair Hooper

alasdair.hooper@essexlive.news

THERE have been several ram raids over the last year and they always leave behind a trail of destruc-

However, despite the drastic nature of the crime, a number of the perpetrators have been brought to

A ram raid is a robbery where a vehicle is used to ram a store front before it is looted.

The method is shocking and it can take a long time for the victims and their businesses to recover. Here is a rundown of the ram raids that have taken

place in Harlow or involved someone from the town

■ THIEF WHO TARGETED MORRISONS STORE

A Harlow thief was jailed on February 7 after ramming a stolen digger through the wall of a supermarket in a failed attempt to steal two cash machines

Kieron Armstrong, 39, of Brays Mead in Harlow, then sped off in a car driving at up to 150mph in order to escape police capture. However, he crashed into a roundabout and was arrested.

Armstrong and others had stolen the digger before using it to cause extensive damage to the wall of a Morrisons supermarket in Sheppey, Kent in the early hours of September 16 last year. He was captured on CCTV using the digger to

smash into bollards in front of the cashpoint area at 1.35am.

After managing to knock over the protective bollards, the vehicle then surged forward and continuously rammed the wall of the supermarket

A large portion of brickwork came tumbling down after the perpetrators attached straps to the cash machines and attempted to pull them from the



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wall. Eventually Armstrong and his fellow offenders abandoned their efforts and fled the scene in two

different vehicles – a van and a stolen Audi A4.

The Audi, driven by Armstrong, was spotted moments after police found the abandoned van speeding down the M2 towards London.

He turned the car's lights off and sped away,

clocking a maximum speed of 150mph, before crashing into a roundabout at Junction 3 for Chatham.

Armstrong was found lying in undergrowth by a police dog called Merlin and was arrested.

He was jailed for six years after pleading guilty to attempted theft, damaging property, aggravated vehicle taking, dangerous driving and driving while disqualified.

He was also banned from driving for eight years.

THE GANG THAT USED A **4X4 TO RIP OUT AN ATM**

In the early hours of January 22, a gang of men used a 4x4 vehicle to rip out an ATM cash machine

from a newsagent in Harlow

A red Mitsubishi Shogun was the vehicle used to try and remove the ATM from inside the shop in Southern Way, at around 1.10am.

Two or three people made off with the ATM in small black car after removing it from the Footage and pictures showed the store had been

cordoned off and the whole front had been severely

damaged with material covering the floor.

Additionally, it is believed the perpetrators mowed down disabled bollards during the incid-

A McColl's spokesperson said at the time: "The health, safety and wellbeing of our employees is of utmost importance.

"This incident happened when the store was closed and no colleagues were thankfully hurt. "We are working closely with the relevant author-

■ THE MEN WHO BURGLED

ities in response to this incident.

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AN ATM FROM A STORE USING A STOLEN LAND ROVER

At around 4am on Monday, November 20, 2017 four men carried out a ram raid burglary on the Premier store, in The Stow.

The perpetrators, who all wore dark clothing and hid their faces, were seen removing the free-standing ATM after using a stolen green Land Rover to smash into the shop's window.

Footage was captured by a resident in the area that showed the group dragging and shoving the cash machine into the boot of a dark Ford Focus.

Two members of the group drove off in the Ford while the remaining pair fled in a dark BMW saloon car, which was parked close by.

Investigating police officers found the BMW had been ditched in The Ridings shortly after the heist.

For those residents who weren't woken by the commotion overnight they were greeted by a number of police officers at the scene, with a cordon in place which encompassed the stolen 4x4

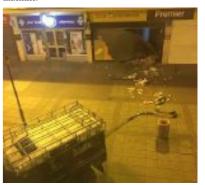
Shocking video shows smoke covering M11 after car bursts into flames
Photos from the scene showed the shutters had

been ripped off the Premier store's main entrance with debris scattered across the pavement.

One worker in the area, who asked to remain anonymous, explained how he believes the shopping centre is very susceptible to crime.

"It's very unfortunate for the area but it's an easy target," she said.

'We just thank God we don't have a cash



The aftermath of the raid on the Premier store



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Couple given fines over eyesore garden

By Alasdair Hooper

A COUPLE from Loughton have been fined after refusing notices to clear their eyesore garden.

Salinder Minhas and Parminder Minhas, of Alderton Close, Loughton, were successfully prosecuted by Epping District Council for failing to comply with

notices served to them.
Under the notices they were instructed to clear vast amounts of rubbish from the front and rear gardens of their property.

They repeatedly failed to comply with the notices and on April 5 they both pleaded guilty to the offence at Chelmsford Magistrates' Court.

The notice – served to Mr and Mrs Minhas on November 23 – required them to remove building materials, paint pots, plastic items and cardboard from their front and rear gardens as well as from the flat roof of the gar-

The junk was deemed to be adversely affecting the visual amenity of the area by the council and the notice should have been complied with by December 21.

The magistrates decided to fine

Mr Minhas £110 and ordered him to pay £308 towards the council's prosecution costs together with a statutory victim surcharge of

Mrs Minhas was fined £100 and ordered to pay costs of £308 and a victim surcharge of £30.

The fines had been reduced by a



third due to their guilty pleas at the first hearing and also taking into account their financial situ-

After seeing the photographs of the garden that had been taken by the council the magistrate told Mr and Mrs Minhas that he was not surprised to hear that neighbours had complained about the state of the property.

The magistrate added that the council had quite rightly brought

the prosecution having given them every opportunity to tidy

and clear the land.

Both Mr and Mrs Minhas informed the court that they would now fully comply with the notice, but failure to do so will render them liable to further prosecution.

They could face a possible fine of up to £100 for every other day that they do not comply from April 5.

HUGE SPRING SALE

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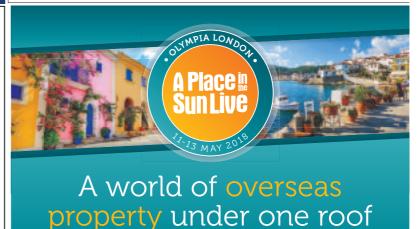
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Kenneth Cecil BROOKS

Died peacefully at home on the 5th April 2018 aged 77. He will be very much missed by his family, friends and all who knew him. Ken's funeral service will be held at Great St Mary's Church, Sawbridgeworth on Thursday 19th April 2018 at 11.15am followed by committal at Parndon Wood Crematorium.

Flowers or donations for Isabel Hospice may be sent to Daniel Robinson & Sons, 3 Bullfields,

Sawbridgeworth, CM21 9DB Telephone 01279-722476

Alternatively, please visit the In Memory pages at www.drobinson.co.uk



(Rees)

Passed away peacefully on 13th March 2018 aged 97. Funeral to be held on held on 16th April 2018, 1.45pm at Great Parndon Crematorium. Family flowers only. Donations can be made to The British Heart Foundation

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Ted **DAVIES**

Formerly a lecturer at Harlow College Passed away peacefully on 31st March 2018 aged 88 years. Much loved Dad, Grandpa and Great Grandpa The funeral service will take place at Parndon Wood Crematorium on Friday 20th April at 2:30pm. Family flowers only please. Donations if desired, payable to Cancer Research UK may be sent c/o Daniel Robinson & Sons Wych Elm, Harlow, CM20 1QP or visit the In Memory page at www.drobinson.co.uk Tel: 01279 426990

Search any announcement online or place a notice 24/7

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Bereavements

Michael David EVANS

Sadly Died 28/3/18 Reception into Our Lady of Fatima Church Harlow at 6pm 26/4/18. Requiem Mass at 10.30am on 27/4/18. Donations via Daniel Robinson Harlow for Pancreatic Cancer Research



Bereavements

Sadie EVANS

In loving memory of our Mum, Nan & Gt Nan Sadie.

Finally at peace & will be dearly missed

Kelly Jodie Adam Liam Jamie Sonny Eddie Sadie & Albie xx

Len

Passed away 26/3/2018 At rest in Norway. A Memorial Service will be held at Harlow Cricket Club (Marigolds) Friday 20th April at

FULLER

12.00pm.

Agnes **NEWMAN**

Alexandria

MAERTENS

(Cindy)

Passed away peacefully in hospital on 4th April 2018 aged 66 years. Beloved Mummy to Zoey & Zane and Gan Gan to her five grandchildren.

For funeral details please contact Daniel Robinson & Sons, Wych Elm, Harlow, CM20 1QP. Tel: 01279 428990

John Maurice

MAYES

Passed away peacefully after a short illness on Thursday 22 March 2018 aged 83 years

A loving Husband, Father, Stepfather, Grandfather

& Great Grandfather. He was a friend to all who knew him and will be sadly missed by everybody.

Funeral at Pardon Wood Crematorium on Monday

23rd April at 1:45pm

Family flowers only, Donations to the Intensive

Care Unit at Princess Alexandra Hospital

c/o Daniel Robinson Bishops Stortford Tel: 01279 655477 or Via the In Memory Page

www.drobinson.co.uk

31st August 1933 - 30th March 2018 Reunited with her beloved Wal. She will be sadly missed by daughters Alison & Julie, son John, 6 grandchildren & 4 great grandchildren. Funeral service to be held at Parndon Wood Crematorium on Wednesday 18th April at 1pm. Family flowers only please. Daniel Robinson & Sons, Wych Elm Harlow CM20 1QP Tel: 01279 426990

> Roh **PARSONS**

Passed away peacefully after a short illness on 30th March 2018, aged 70 years.

He will be greatly missed by his Wife Val

and all his loving family, friends and colleagues at Princess Alexandra Hospital where he worked for

 $50~{\rm years}.$ Bright clothing is preferred for the funeral which

is to be held at Parndon Wood Crematorium on Monday 16th April at 2.30pm.

Any donations in lieu of flowers for PAH Kingsmoor CCU Trust Fund

may be made using the
"In Memory Pages" at www.drobinson.co.uk

or cheques made payable to the charity may be

sent c/o Daniel Robinson & Sons, Robinson House

Wych Elm, Harlow, Essex, CM20 1QP.

Tel 01279 426990

Phyllis Yvonne JACKS

Aged 83 passed away on the 27th March. Dearly loved Mum, Grandmother & Great Grandmother. Funeral at Parndon Wood Crematorium on

John

HARMAN

Formerly from Firlands 'Bishops Stortford', Passed away on March 21st 2018 aged 81.

He was much loved and respected and will be

greatly missed by his wife Jean, his sons, and all the family

Thursday 19th April at 3.15pm No flowers please. Donations to Essex & Herts air ambulance and may be sent c/o
Daniel Robinson & Sons Bishops Stortford Tel: 01279 655477

Jean Violet LONGMAN

Sadly passed away on 9th March 2018 aged 87 Years.

The Funeral Service will be held at Parndon Wood Crematorium on Friday 13th April at 10.45am.

Family flowers only please. If desired, donations made payable to "Royal National Lifeboat Institution" may be sent c/o

Daniel Robinson & Sons Wych Elm, Harlow, CM20 1QP Alternatively, please visit the 'In Memory' page at www.drobinson.co.uk

Shirley Ann Bridget MACKENZIE

Passed away on 1st April 2018 aged 81 years. She will be dearly missed by her beloved husband Tony, Andy & Jacqueline and all family & friends The funeral service will take place at St Mary's Church Little Hallingbury on Friday 20th April at 12 noon. Flowers welcome and donations if desired to "St Clare Hospice" may be sent c/o Daniel

Robinson & Sons, 79/81 South Street, Bishop's

Stortford. CM23 3AL or via the In Memory Page

www.drobinson.co.uk



Linda ROWLETT

Sadlv fell asleer on the 7th March aged 72. Will be deeply missed by husband Bob, children Barry, Deborah, Tracey and Sally grandchildren and great grandchildren Funeral on the 19th April at 1pm at Harlow Crematorium.



family-announcements.co.uk

Bereavements

Barbara Agnes SMITH (nee Blackwell)

Passed away after a short illness. Beloved wife to Basil, mother to Caroline and Andrew

Her funeral will take place at Cromer Crematorium, April 20th at 2:00pm.



Pamela Rosetta **STOTEN**

Passed away peacefully on Tuesday, 3rd April, 2018, aged 70 years.

Wife of Alan, Mother to Andrew, Peter and Christopher, and Granny / Nanny to Olivia, Aiden, Toby, Joseph, Evie, Fleur and Max. Pamela will be greatly missed by all her loving family and many friends.

Funeral to be held at St James' Church, Thorley on Friday 27th April 2018 at 11:00 am.

Family flowers only please. Donations in lieu of flowers, if desired, may be made payable to "ACT" (Addenbrooke's Charitable Trust) and sent c/o Daniel Robinson & Sons, 79 - 81 South Street, Bishop's Stortford CM23 3AL, Telephone 01279 655477 or via the "In Memory Page" at www.drobinson.co.uk



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Judith

Sadly Passed away on 2nd April 2018. Greatly missed wife of Ted, much loved mum of Debbie, Diane and Sally, cherished nanny and great nanny. The funeral service will take place at Parndon Wood Crematorium, Harlow on Thursday 19th April at 11:30am Family flowers only please, donations may be made

to Cancer Research UK c/o Daniel Robinson & Sons Tel: 01279 655477 or

the In Memory Page www.drobinson.co.uk

Sophia June WILKINSON

Passed away peacefully in her sleep on 3rd April 2018 aged 86 years. She will be sadly missed by all her family & friends.

The funeral service will take place at St Mary's church, Albury, on Tuesday 24th April at 11:30am. All welcome

Flowers or donations to Alzheimers Society may be sent c/o Daniel Robinson & Sons 79/81 South Street, Bishop's Stortford. CM23 3AL or the In Memory Page www.drobinson.co.uk

Acknowledgements

LINDEN Malachy ('Mal')

The family would like to express their sincere thanks to everyone for the overwhelming kind thoughts and cards. Huge thanks to the Sesnha carers & health professionals who looked after Dad during his long illness. Also thanks to those who have given donations to 'The Friends of Leah Manning' via Daniel Robinson & Sons. Thank you!



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Gerald **SEWELL**

Gerald's family would like to thank everyone who came to the funeral and for the cards and donations. Please accept this as the only but most sincere acknowledgement of thanks

In Memoriam

WHITBREAD Michael

14.04.2010

Our beloved son

Loved and remembered every day

Mum, Dad and family

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STEGGLES

Kathleen

(Kit)

9th April 1918 -

30th June 2002.

Well done mother

you've reached a

centenary. It's 100 years since you

were born. Through

two world wars you survived. Nearly all

your siblings, bar two have come and gone.

You are still sadly

missed, and Eileen and

five brothers too. My cousins and I, we all

loved all of you, and of

course, we still do.

In Memoriam

eenie — Died 13th April ays in our thoughts. Love Vanessa and Families.



Neil Trevor MATTHEWS

18.08 55 to 13.04.08

A day to silently kept, No need for words, we will never forget.

Linda, Carol, Steven & Family

GAIL

NEEDHAM

Passed away 11.04.02 So Young. Gail - Wife, Mum and Grandmum.

It's 16 years since you passed away, we love you more than ever, you will never be forgotten.

Please carry on looking after Amanda as you have always done.

Gail, miss you so much and think of you

every day. You are the best Wife, Mum and Grandmum in the world.

Love you always from Dave and all the Family including all the Grandchildren



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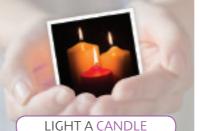
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Star, Thursday, April 12, 2018 HSH-E01-S2

YOUR VIEWS

WEBCHAT

Here's what you've been talking about on Facebook this week...

■ LIVE UPDATES AS M11 BROUGHT TO A STANDSTILL AFTER TWO SERIOUS CRASHES:

Seeing this happens on a daily basis now, why are there not anyone stopping this? A constant misery on this motorway! Janet Piper

Unbelievable!!!! this must be a nightmare if you have to travel this Motorway all the time. Pauline Quant

■ HARLOW FAMILY FIRM BOASTS AN EXTENSIVE RANGE OF TRADE ESSENTIALS:

Always telling people about the Sam centre I have been a member for a long time and visit couple of times a week stocking up but in all fairness a lot of people don't know who you are and where you are fantastic place.

Dudley Anastasi

MAN 'JUMPED' BY GROUP OF PEOPLE IN HARLOW MARKET SQUARE LEFT WITH FACIAL INJURIES:

Again! where are the police we are paying for from our council tax! more needed on the beat instead of chasing driving fines!

Shellsteve Newman

■ THIS IS WHY
THERE IS TRAFFIC
ON THE DARTFORD
CROSSING - AND IT'S
ALL BECAUSE OF A
BURGER VAN:

Highways agency could easily put a stop to these accidents by changing the lane markings on the bridge to solid double white lines, same as in the tunnels. No overtaking, no lane changing, end of problem.

Nick Graham



HSH-E01-S2 Star, Thursday, April 12, 2018

TALKING POINT

It shouldn't be all about topping the league table

THE BIG QUESTION:

Should schools balance the gap between achieving results and student wellbeing?





Hannah Clare

MANY parents and educators will tell you that schools feel like exam factories. Students can be seen as a nonsensical progress score that means that only certain students get the focus and support they need, depending on what results the school needs.

Students are stressed and under increasing pressure, both within and outside of the classroom.

Some statistics suggest that over 10 per cent of young people experience mental health difficulties. On top of this, mental health services are under pressure as are school budgets – meaning less staff to support wellbeing or less money to fund counselling services.

In some ways, you can blame the schools for creating atmospheres and policies that exacerbate this problem.

It would be fair to accuse certain Harlow schools of

spending more time than is helpful focussing on what pen colour students and teachers use.

However, in other ways you can only blame poor government policy.

Academisation means schools are in competition with each other more than ever before.

With the stress of balancing their own budget, a school needs good results to gain more students in future. Parents who want the best for their children are chasing this dream too. This is only furthered by the existence of OFSTED, striking fear into senior staff to focus on minor things like where students write the date in their books.

The Green Party is staunchly against academies and would abolish OFSTED as a result. And because our policies are written and voted on exclusively by our members, it's being decided by people like me who've worked in education and seen the effect of increased competition on the wellbeing of students or Vix Lowthion, our education spokesperson (who still works as a teacher).

Alongside this, we'd increase the spending on child and adult mental health services. We also recognise that outside of the hospital, the support of community can go along way and will ensure we prevent the closures of community centres and youth services that can provide this additional



LABOUR



Chris Vince

I GROW more concerned about the amount of pressure being put on the students that I teach every day. There seems to be greater focus on the need for students to achieve top results often at the cost of their well-being. Of course this isn't right.

Now I'm not going to pretend that students weren't put under pressure to pass exams when Labour was in power; schools were still being judged by where exam results put them in league tables, but the problem has got worse in recent years.

As a Maths teacher I

appreciate that there is a gulf between GCSE and A-level which needs to be addressed and I know this applies to other subjects too. However, the changes to the GCSEs were done so quickly that some groups of students (particularly last year's GCSE takers) had the rug pulled from under them. They went from accessible GCSEs to the new, harder comprehension style ones without warning. I watched confident young mathematicians became anything but.

However, it's not just exam pressure that is affecting young people's mental health. There are a multitude of issues, social media being chief among them, many of which existed way before the Tories started muddling with the curriculum. However, the argument 'it was always like that' isn't okay. As our understanding of mental health increases, so too must our action to look after it in

our young people.
The next Labour
government will introduce
parity in spending on mental
health and physical health.
This will mean increased
expenditure on support for
young people at risk both in
the school context and
outside of it.

HARLOW ALLIANCE



Nicholas Taylor

THERE is no doubt that successive governments have made many attempts to drive up the standard of education.

More vigorous and frequent testing of students, school league tables, academies, competition for funds and Tony Blair's statement that 50 per cent of school leavers should be going to university have all helped compound a view held by many that this 'rush to the top' has been at the expense of students' well being. I do think there should be less testing, school league tables should be abolished and vocational training should be offered so that a wider variety of

subjects can be taught. Whilst at Burnt Mill School many years ago, there was no help for pupils who found it difficult to cope with exam pressure, indeed even being able to go to school. It was really a case of get on with it or effectively drop out. Had that situation still existed I am sure that it could be said that students' wellbeing was being compromised at the expense of results. However I know that the support given to students these days is light years away from that which I experienced. School staff are on hand to help students experiencing a wide variety of problems, whether at school or at home. One practical way is called . Walking, Taľking, Mocks, where pupils are taken through the process of taking exams. As someone who still remembers with dread entering a room of about 100 pupils to take an exam, I know that being able to experience a mock situation would have been of great help. In conclusion, I think parents and students are aware that help is on hand and that on leaving school, students should be able to look back on their school days as happy ones that set them up for life.

YOUR EDUCATION NEWS

Gallery exhibition a crowning glory for 'Britishness' artwork students

ARTISTIC students from Harlow are among the few to be invited to contribute their work to a prestigious exhibition.

Just ten schools in Essex have been selected to have their students' work displayed at the Firstsite gallery in Colchester.

The Britishness Project will feature work from 15 GCSE students at Burnt Mill Academy, in Harlow, for the whole season

whole season.
The Year 9, 10 and 11 students have worked with professional artist Sadie Hennessy to create the work on Britishness which will go on show with works from national collections.

They produced punk themed collages and printed images onto teasets.

Noel Lysons, head of art, design and technology, said: "This has been a great opportunity for our students to work with an established

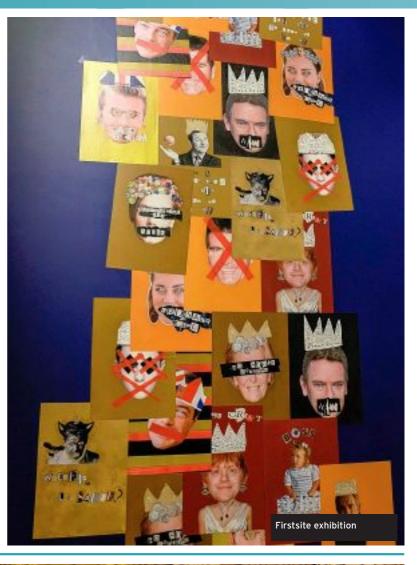


Visitors enjoying the exhibition

artist and to try different media. To be able to see their work on display in a gallery at the end is great."

Students whose work will be on display from this week are Ronnie Witcomb, Grace Witcomb, Miya Brown, Elloise Robertson-Gray, Ava Robertson-Gray, Rosie Gumble, Libby Slow, Aimee Appleby, Chelsea Twiner, Emily Hibbert, Nicole Barr, Chloe Roythorne, Hannah Keeling, Leah Baldwin, and Sophie Bundy.

The project aims to engage young people in producing high quality art and encourage them to use visual arts to explore issues of identity and Britishness.



Passmores school trip to Parliament for online safety debate

PASSMORES students attended a high-profile event at the Houses of Parliament recently when they were invited to a digital safety convention.

The Childnet Digital Leaders event, hosted in partnership with Facebook, was aimed at student champions of digital safety and online creativity, and provided an opportunity to network with students from other schools in the London area.

Safa, Isabelle, Niamh, Emily, Rosie and Michael have been selected to be Digital Leaders at Passmores, operating as part of the Student Leadership Team.

Their responsibilities involve supporting fellow students who have

experienced difficulties online, including cyberbullying and online safety.

After the convention, the students were treated to a tour of the House of Commons. There, they met Harlow MP Robert Halfon, who gave them a fascinating insight into the history of the Palace of Westminster.

When asked what the best part of the day was, Isabelle said: 'I really liked meeting the people at the convention, especially those who worked for Childnet and some students who had won the Princess Diana Award for work they had done on esafety. At the Houses of Parliament, we learnt about how MP voting works. It's strict but good for us to know these rules are in place!'



Digital leaders Safa, Isabelle, Niamh, Emily, Rosie and Michael with MP Robert Halfon

HSH-E01-S2 Star, Thursday, April 12, 2018

Talented students triumph in their portrayal of classic Macbeth tragedy

PASSMORES students took to the stage to deliver their own production of Shakespeare's masterpiece, Macbeth. This eminent play about ambition, power and supernatural shenanigans is an integral part of the new English Literature GCSE curriculum which focuses on literary classics by British suritore.

The undertaking was not only a first for the school, but was also the directorial debut of Passmores English teacher Michaela Midwinter, who was ably supported by the English Department.

With a cast of students from Years 9, 10 and 11, they admirably rose to the challenge of learning the 400-year-old script in its original form. Six months of rehearsals culminated in four gripping performances which were presented to over 600 Passmores students, as well as to parents, staff, governors and friends of the school who attended an evening show.

Passmores principal, Vic Goddard said: 'We have previously invited theatre companies in to school to put on the plays and bring them to life, but they have never quite been what we needed. In light of that, I mentioned to our wonderful English department that maybe we could do the plays ourselves, and to my delight they agreed.

"I was astounded at the ability of our cast to learn so much complicated language and to perform the whole play with such professionalism. I know that when it comes to them studying it for their examinations it will be a massive benefit."

Admitting Macbeth is a difficult play to approach, Miss Midwinter said: "All the hard work was worth it. I felt total pride for the students when they went out there and did it. As a director you are only ever as good as your cast and I was so proud of every single one of them."

Following the success of Macbeth, the school will tackle another classic text from the GCSE syllabus, 'The Strange Case of Dr Jekyll and Mr Hide', next year.







Talk from a sprightly 82-year-old helps to bring history to life

A WWII evacuee has helped pupils to understand their history lessons.

Year 5 and 6 pupils from Roydon Primary Academy, in Roydon, visited Imperial War Museum Duxford as part of their studies around the World Wars.

The 70 pupils followed an education trail around the hangars, looked at exhibits, answered questions to test their knowledge, and even took tests to see if they could become a pilot in future.

become a pilot in future. Michael Clark, head of school, said: "Pupils also had a talk from a sprightly 82year-old man who remembered being evacuated in WWII. They learnt how hard it was for everyone.

"Educational visits are often where memories are made.

"At Roydon, we book the visits to inspire children and to help them put what they have learnt into context.

"The Duxford visit really helped them to understand many of the topics they had covered around the World Wars"



Star, Thursday, April 12, 2018 HSH-E01-S2

YOUR YESTERYEAR

Let us not forget the village of Burnt Mill

LIKE many people this Easter Bank Holiday I went travelling using the rail network that has been a part of Harlow's landscape since the 1840s, *writes Ryan Karolak, of Harlow Museum*.

As I waited at Harlow Town station I told my partner about the village that preceded the station – Burnt Mill Village – deciding that I would put something together to reflect this.

The site of Burnt Mill has holdings going back to at least the Normans with a water mill being of note in the parish of Netteswell; but the idea of using the river for settlements in the site of Harlow goes back significantly before that, some 40,000 years ago, with flint tools being dug up throughout Harlow New Town's lifespan.

Between this and the addition of the railways being built, we have the addition of the "Stort Navigation" canals and locks during the 1700s which run alongside the River Stort.

When the London and North Eastern Railway was connected up to Harlow in 1841, a small station was built alongside a goods yard with the addition of houses only coming along some 40 years later, by 1885. Talking to David Devine, a local historian whose

knowledge of Harlow is expansive to say the least, he told me that the Kirklady's Marine Engineering Works was originally built as part of a company plan to move the London factory out and in doing so needed to build houses for the workforce. This is something which is great to see considering that some 60 years later, London companies would be doing the same with the creation of Harlow New Town and the need to house the workforce who came with the factories. The village of Burnt Mill

The village of Burnt Mill was built in two stages: first with Spring Street that followed on from Station Road and then The Avenue soon afterwards running in parallel to Spring Street.
Notable buildings in Burnt
Mill Village included a post
office, grocery store and
Methodist church with the
nearest public house being
the Railway Inn (nowadays
the Dusty Miller) about half
a mile away.
By the time we arrive at

By the time we arrive at the end of the 1800s there are 155 people registered in Burnt Mill Village across 36 dwellings.

With post-war Britain settling in to the landscape, there was a thought to keep Burnt Mill Village as it is; considering that sites such as Tye Green Village have remained largely unaffected by the development that was created by the Harlow Development Corporation. However, with the expansion of the railway to include electrification and the creation of a purpose-built Harlow Town station, the village was soon to be cleared for the creation of a commercial zone in Harlow New Town. Harlow **Development Corporation** bought the land under compulsory purchases and between 1962 and 1965 the village of Burnt Mill and its station were no more, leaving a fractured community across the town.

In today's world, we may have found more of Burnt Mill Village intact with the significance of listed status buildings, but it is important to note that not everything from the village was completely lost.

There are two fragments of the village's past still present in Harlow; the first being at the outdoor pursuit and climbing wall centre with some of the building material in the grounds of the earlier Kirklady Works and secondly the WI building which is now the Burnt Mill Snooker Club.

Snooker Club.

The name "Burnt Mill" continues to be a part of Harlow with its secondary school and trust that keeps the name alive.

Whether you're on the regular commute or



Spring Street, Burnt Mill, two generations ago



Bygone era: The Avenue at Burnt Mill



Burnt Mill Station flooded in 1951

travelling somewhere for the day, take a moment to remember the village that once stood by the station and the legacy it has left on Harlow.

If you would like to learn more about Burnt Mill



Kirklady site at Burnt Mill

Village, a book, "The Life and Death of Burnt Mill Village", by Hazel Lake, is available at Harlow Museum, which is

instrumental in making sure the stories of Burnt Mill Village are written down for generations to come. HSH-EO1-S2 Star, Thursday, April 12, 2018

OUR CHARITY NEWS

7 in 7 cycle challenge to repay hospice

AN employee from Allinson's flour mill in Bishop's Stortford is taking part in a 'marathon' cycle challenge in honour of his mother and to raise funds for the hospice charity who cared for her.

David Hannay, 53, from Harlow, is set to undertake a week-long cycle challenge to raise vital funds for St Clare Hospice, who cared for his mother Carol Hannay in December 2017. Carol passed away aged 74 years on December 22, 2017 at St Clare Hospice in Hastingwood.

From Monday, April 16 to Sunday, April 22, David will be completing a marathondistance cycle of 26.2 miles each day, finishing on the same day as the London Marathon.

The '7 in 7' marathon cycle challenge will take place at Pure Gym in Harlow.

David hopes to raise more than £1,000 for St Clare from the fundraising challenge.
David said: "I have been

going to the gym for about a vear and a half now and have really been enjoying the buzz that I get from exercising. I often ride the

spinning bike and that is how I came up with the idea of cycling a marathon for seven days in a row.
"After my Mum received

such great care from St Clare in December last year, I really wanted to come up with a way to repay the help we were given through such a tough time.

"I have received so much support from the guys at Pure Gym, with some of them even volunteering their time to help train me because they think St Clare is such a great cause."

David, who has worked at Allinson's flour mill in Bishop's Stortford for more than 12 years, works nightshifts on five nights of the week. His marathon challenge will therefore be even harder, he explains: "I will be doing the week-long challenge whilst still working a whole week of night shifts at the bakery.
"I work from 10pm to 6am,

I will then come home and walk my dog, and then go to the gym to cycle the marathon distance.

"I know I can do the distance, because I have done it lots of time in training, but it will be the act of having to cycle day after day for seven days that is the challenge! I didn't used to do much exercise so this is also a big personal challenge for me. I am not the type of person you would normally imagine doing something like this!"

Allinson is fully supporting Alinson is fully supporting David's fundraising challenge, as the Bishop's Stortford-based business has also chosen St Clare Hospice as their 'charity of the year' for 2018.

David has so far raised more than £100 for the hospice charity. You can sponsor David on his fundraising page here: uk.virginmoneygiving.com/ DavidHannay
For more information on

participating in a fundraising challenge in aid of St Clare Hospice, please visit their website at: stclarehospice.org.uk/get-involved/challenges/ or

contact Challenges and Events Fundraiser, Emma Broadbent on 01279 773700 or email: emma.broadbent@ stclarehospice.org.uk



David Hannay is preparing to cycle seven marathons in seven days

Tamsin set to run Marathon in memory of mum

A DAUGHTER is set to participate in the London Marathon on Sunday April, 22 in memory of her mother and in aid of St Clare Hospice

Tamsin Dowsett, an esteemed London West End performer and musical theatre actress, will join with eight other runners to represent the Hastingwoodbased hospice charity at the UK's largest marathon, taking on the challenging 26.2 mile route through the capital. Miss Dowsett was inspired to apply for a Gold Bond place on Team St Clare after her mother, Susan Dowsett, received end of life care from the hospice in February 2013.

Commenting on the care

her mum received from St Clare Hospice, Miss Dowsett said: "I had been caring for mum at home, but we got to the point where I didn't know how I could help her anymore, or what I could do. But then St Clare stepped in, and the sun came out. The moment we walked in to St Clare, it was like stepping into a luxury hotel. From the get-go, nothing was too much for the nurses to help and support us."

Miss Dowsett continued:
"The care and attention my mum received in the last few months of her life at St Clare made all the difference in making our journey just that bit easier. I thank St Clare from the bottom of my heart. I am incredibly grateful and I know my mum is, too."

Commenting on her London Marathon challenge, Tamsin said: "I will run the London Marathon in memory of mum and in aid of St Clare Hospice. Running for St Clare is incredibly important and personal to me. It will be so very motivating to know that I am running in memory of my mum, and to support the vital care and support that St Clare offer to local people every single day. It has always been important to me to challenge myself and be the best version of myself, to be brave and live all that life has to offer. After losing my mum, I know the value of the phrase 'life is a gift' and how important it is to seize

the day." Tamsin is aiming to raise £2,000, which is enough to pay for almost a month's worth of the charity's 24-hour advice line, which provides help and advice around-the-clock for patients and families in need of immediate support.

If you would like to sponsor Tamsin from Ilford, for her London Marathon challenge visit: https:// uk.virginmoneygiving.com/ TamsinDowsett

If you have your own ballot place for the London Marathon and would like to run for Team St Clare, contact Emma Broadbent, on 01279 773754 or email: emma.broadbent@ stclarehospice.org.uk



Tamsin Dowsett will take on the London Marathon

YOUR COMMUNITY NEWS

He's got knobbly knees and turned out toes - but he still draws a crowd

THE Harvey Centre in Harlow wanted to do something extra special to celebrate Easter this year and so welcomed children's picture book favourite, The Gruffalo, to the centre on Saturday, March 31.

The Gruffalo's visit was the perfect opportunity for children and families to see this classic character brought to life in a spectacular way.

Children were also able to let their imaginations run wild as they made wooden spoon puppets in the centre's craft workshops – organised especially for the event by The Harvey Centre.

A professional storyteller also added another dimension to the Easter experience and read a variety of popular children's books to children at the event.

All events were free of charge to participate in – offering families the perfect way to entertain children at the start of the Easter holiday break.

By making a move away

from traditional Easter themed activities, The Harvey Centre was able to offer Harlow families a unique and memorable event that appealed to all generations.

The Gruffalo is a children's picture book written by Julia Donaldson and illustrated by Axel Scheffler. It tells the story of mouse's encounter with The Gruffalo while taking a walk through the deep, dark woods.

The book has sold over 13 million copies, has won several prizes for children's literature and has been developed into plays on both the West End and Broadway.

Bryan Young, Centre Manager at The Harvey Centre said: "Saturday's event was something totally different – the Gruffalo is a truly iconic character which families and all ages really

"It was a totally fabulous way for us to celebrate Easter!"



Harlow

■ JAZZ GIG: MUSIC at Marigolds on Friday, April 13. Doors open at 7.30pm with band Blues Chapter.

At Harlow Cricket Club, Chippingfield, Old Harlow, CM17 ODJ. Tickets: £10 on the door. See www.musicatmarigolds.co.uk for more information or call 01279 421763.

YOUR NEWS

■ We compile our Community News pages two weeks in advance of publication. If you'd like to include a future event please make sure you tell us in plenty of time so our readers can come along.



Star, Thursday, April 12, 2018 21 HSH-EO1-S2



The excited shoppers



The ultimate hug from The Gruffalo



A professional storyteller wows the kids while reading a variety of popular children's books Kids got arty making wooden spoon puppets in the centre's craft workshops



The Gruffalo's number one fans



The best Easter present – a hug from The Gruffalo



Star, Thursday, April 12, 2018 HSH-EO1-S2

REVIEWS

OUT THIS WEEK



RAMPAGE (12A)

Loosely based on the popular video game of the same title. Rampage is an action-packed adventure about the unshakeable bond between a primatologist and one of the creatures in his care.

Davis Okoye (Dwayne Johnson) is part of a close-knit anti-poaching team based in Rwanda, who has raised since birth an albino silverback gorilla called George.

The animal trusts Davis implicitly and they

communicate using basic sign language. A deadly serum engineered by Claire Wyden (Malin Akerman) infects George, causing the gorilla to increase in size and develop heightened aggression.

The animal's violent mood swings pose a serious threat to human life so the military attempts to contain George, only for the animal to escape. Davis joins forces with discredited genetic engineer Dr Kate Caldwell (Naomie Harris) to find a cure for the serum before George is shot dead.

Meanwhile, a grey wolf and an American crocodile are also infected by the serum and mutate, with catastrophic consequences rendered as eye-popping digital special effects.



TRUTH OR DARE (15)

Friday the 13th will be extremely unlucky for the attractive protagonists of director Jeff Wadlow's horror thriller, when they are drawn into a high-stakes game of honesty and forfeit.

A group of friends enjoy a break in Mexico where Olivia (Lucy Hale) meets a handsome stranger called Carter (Landon Liboiron).

He invites the pals for late-night drinks in an abandoned villa, where they agree to play a harmless game of truth or dare.

When Carter agrees to answer a question truthfully about his intentions towards an embarrassed Olivia, his answer shocks the rest of the party. "I needed to find someone with friends that I could trick into coming here," he coldly reveals.

It transpires that Carter is passing on a curse to Olivia and her buddies Brad (Hayden Szeto), Lucas (Tyler Posey), Markie (Violett Beane), Penelope (Sophia Ali) and Ronnie (Sam Lerner).

When they return to America, they must repeatedly play truth or dare. If they fail to abide by the simple rules, the friends will pay with their young lives.



Katherine Langford as Leah Burke and Nick Robinson as Simon Spier in Love, Simon

Photos: Ben Rothstein/20th Century Fox

OUT OF THE CLOSET

LOVE, SIMON (12A)

inally. After decades of mainstream Hollywood marginalising gay characters to peripheral roles as the best friend or confidant, Love, Simon walks quietly yet proudly out of the closet and reassures the target teenage audience that everyone can be the hero of a glossy love story, regardless of sexual orientation.

Based on the young adult novel Simon Vs The Homo Sapiens Agenda by Becky Albertalli, director Greg Berlanti's unabashedly feelgood comedy drama places the central character's internal angst under a glitterball without sacrificing goofy supporting characters, tears or reconciliations.

The soundtrack sways to indie, rock and pop courtesy of Troye Sivan, The 1975 and Bleachers but still finds time for Whitney Houston and Jackson 5, complemented by high tempo dialogue.

When a father waxes nostalgically about a song from his adolescence – "This was huge, when we were young" his son tartly retorts "So was Bill Cosby."

Scriptwriters Elizabeth Berger and Isaac Aptaker don't

project the protagonist's coming out through a rosetinted prism.

Simon ruthlessly severs personal ties to protect his secret but, on the whole, his self-awakening is crowdpleasing soap opera writ large familiar territory for director Berlanti, whose early work included the era-defining TV series Dawson's Creek.

Meet shy, sensitive high school student Simon Spier (Nick Robinson). He is blessed with loving parents (Josh Duhamel, Jennifer Garner) and an adorable younger sister (Talitha Bateman), who dreams of becoming a chef.

In the seclusion of his bedroom, Simon wrestles with his burgeoning sexuality, unsure of the reaction of his family or an inner circle of friends comprising Leah (Katherine Langford), Nick (Jorge Lendeborg Jr) and Abby

(Alexandra Shipp).
When another student posts an anonymous message about his sexuality on a blog under the moniker Blue, Simon nervously responds under the pseudonym Jacques.

The secret pen pals find camaraderie in each other's electronic missives until a kooky classmate called Martin (Logan Miller) stumbles upon

Simon's emails and blackmails the closeted student - a date with Abby in exchange for his

Simon ruefully obliges by sabotaging Nick's burgeoning romance with Abby, oblivious to the long-term damage to his

support network. Love, Simon is an entertaining and touching first step towards equal on-screen representation that doesn't stray far from well-trodden narrative territory.

Robinson imbues his tormented teenager with sweetness, vulnerability and resolve, so he remains sympathetic even when his actions are reprehensible, and both Garner and Duhamel are given key scenes laced with parental pride and

understanding.
Choice one-liners are reserved for Natasha Rothwell's spunky drama teacher, who performs a triumphant, pitchperfect takedown of homophobic bullies in the school canteen.

A fantasy montage, kindled by Simon wondering aloud "Why is straight the default?", delivers another comic crescendo.

Berlanti builds towards a gushing romantic grandstand finish that should inspire goofy grins, tears and even smatterings of applause.



Tony Hale's Mr Worth points things out to Nick Robinson's Simon

HSH-EO1-S2 Star, Thursday, April 12, 2018

THE FAME GAME

Ahead of some big summer dates in the area, Tokio Myers tells Martin **Neal** about his journey from session musician to festival star

Myers could never have envisaged being a major recording and box office draw, selling out theatre shows all over the

country.

But the 33-year-old classically-trained pianist admits he has never worked so

hard either. The dreadlocked Londoner shot to fame last year after winning the ITV talent show with his unique fusion of old and new in which he blended classical piano playing with modern pop songs and electronic drumbeats.

But his fame and fortune

hasn't come as a result of turning up for Britain's Got Talent armed with a dream, a few ideas and nothing else. It's his reward for years and years of hard work.

"It's been a hell of a journey," reflects Myers, whose busy 2018 schedule includes appearances at the new RiZE festival in Chelmsford, supporting 2Cellos at Audley End and Standon Calling near

Bishop's Stortford.
"I've been working really hard and now it's about taking things to the next level. I don't think I have ever worked so hard in my life,

"I got asked a question the other day, something like how do I prepare my set-up since winning BGT. I think she thought that was the start of everything but it wasn't. I've been playing the piano since I was nine and I've been perming since I was 18. I've been working all that time to get to this point."

Prior to going it alone and developing the style and sound that captured the imagination of Simon Cowell, his judges

year ago Britain's Got and millions of TV viewers, Talent winner Tokio Myers was a successful sess Myers was a successful session musician and played in a number of bands.

"When I first started, I never thought I'd have a career as a solo artist," he admits. "You have to be a singer or a rapper to do that, not a pianist.
"The venues I'm playing on

this tour I'd have been delighted to sell out one of them, but almost all of them are selling out.

"Something happened four years ago. Back then I thought that's probably what I'd be doing all my life, which would have been fine because I was making music, earning money and going to some fantastic

"But I needed to get out and experiment adn make things appealing to people. That's when I discovered drum pads and spent four years
practising and deciding where
to go with it.
"It's evolved even since

Britain's Got Talent and now

I've got a big spaceship full of stuff on stage with me."

As well as the forthcoming tour and festival dates, Myers has also recorded the official **England Commonwealth** Games anthem, teaming up with athlete Jazmin Sawyers for a reworking of Jerusalem. He also plans to record his second album, something he's particularly excited about.

"If I'm not getting any kind of emotion out if it, it's not working and I'm finished with he explains of his writing and arranging process. "It doesn't matter what the emotion is – anger, tears, joy or whatever.

'What I want to achieve with my music is for the audience to feel what I feel. As musicians we want to make

people feel good about life."

The festivals are also something to look forward to. Myers admits he has no recollection of his appearance at the V Festival as a session musician, but he's determined to make it a memorable experience when he returns to Hŷlands Park in Chelmsford this summer for RiZE on August 17 and 18. "I have to be honest I don't

remember what it was like playing V. I don't mean that in a bad way – I played it a lot of

bands and I did a lot of shows.

"I really enjoy the festivals. It's outside, you can have a couple of beers and dance in the mud in your wellies!

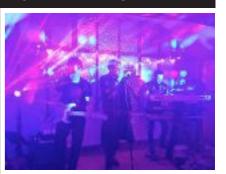
For details about RiZE including tickets visit rizefestival.co.uk For the Audley End concert with 2Cellos (on July 15) visit www.heritagelive.net/audley For Standon Calling (on July 27-30) visit standoncalling.com

GIG OF THE WEEK



■ JAR Records Presents, Bassment, Chelmsford, Saturday, April 14 Chelmsford trio Horse Heads headline another great night from JAR Records. Channelling the spirt of punk with sprinklings of post-punk and grunge. Horse Heads are one of the city's

bands to watch. Support comes from Wannaballoon and Bilk. Doors open at 8pm, first band on at 9pm. Entry £5.



THERE are a few bands out there on the local pub circuit who don't play all the crowdpleasing, cover band standards, such as Sex on Fire and Highway to Hell. Punk and mod bands are the usual genres of exception, but Fishing For Robots (pictured above) are a bit different in that, with just keyboards and guitar, they recreate that Eighties electronic sound to great effect. The three-piece – Barry, Keith and Pete play classics by the likes of Gary Numan, Depeche Mode, Ultravox and even Japan, and you'll be able to catch them at the Star and Garter in Chelmsford on Friday.

Gigs for April 13-15:

■ Star & Garter, Moulsham Street,

Chelmsford: Friday - Fishing For Robots
■ Cricketers, Southend: Friday - The Mint; Saturday -The Statins

- Horse & Groom, Braintree: Friday Adrenalin
- Waggon at Wix: Saturday Legend Rose & Crown, Bishops Stortford: Saturday A Murder Of Crows
- The Shark, Harlow: Friday Hamwahs The George, Witham: Saturday Jump Mother Crab
- Golden Fleece, Chelmsford: Friday Blow; Saturday - Illicit
- Railway Hotel, Clifftown Road, Southend: Friday (9pm) - Iron Bastards (French rock and roll): Saturday (9pm) - Fallen Leaves; Sunday (4.30pm) - Mo Fingers; (7.30pm) Blues Spiders
- The Cock Inn, Bishops Stortford: Saturday -The Feelgood Band
- Boars Head, Braintree: Friday Stiff in the Morning; Saturday - The Rising
 ■ Cow & Telescope, Southend: Friday - Grounds for

Divorce; Saturday - Hedgehog

LIVE REVIEW: Kate Rusby, Civic Theatre, Chelmsford

A SELLOUT crowd at Chelmsford's Civic Theatre enjoyed an evening of beautiful music and song courtesy of Kate Rusby and her excellent band of musicians.

The singer, winner of many BBC Radio 2 Folk Awards and once nominated for the

Mercury Music Prize, was greeted with genuine warmth from the Chelmsford audience.

Kate. informally known as The Barnsley Nightingale for her clear singing voice, appeared with her very

professional band which includes her husband, multiinstrumentalist Damien O'Kane.

Songs from her latest album Life in a Paper Boat, including Benjamin Bowmancer and The Ardent Shepherdess, were performed and Kate also sang tunes from her long career.

Particular highlights were Sir Eglamore, The Fairest of Yarrow and the night ended with a wonderful encore of signature song Underneath the Stars.

Kate Rusby will also be

appearing at the Cambridge Folk Festival in the summer.

If you are a folk fan, another superstar of the genre is performing at the Civic later this month. Jon Boden, leader of one of the most inspiring folk bands of recent times, Bellowhead, is at the Civic on Monday, April 30.

■ Starting at 7.45pm, you can get tickets at www.chelmsford.gov.uk/ theatres or call 01245 606505. Glen Oldershaw

HOTSEAT



Mark Strong, 54, is back on the small screen as Max Easton in Fox's new, highly addictive espionage thriller Deep State. But forget 007 - the Islington-born actor is the 'dirty James Bond', he tells **GEMMA DUNN**

Tell us a bit about Deep State and your character, Max Easton.

THE premise of it is a man who is trying to marry a very dark and dirty, private, work life with his family life.

It's asking you the question, 'Is this man morally sound or not?' And in that vein, it's really the marriage of a conspiracy thriller and a family drama.

Max is a former MI6 operative who is called back for one last job. What kind of spy is he?

HE'S an old one. He used to be very successful, one of the best as they say, but he's retired.

He retired 10 years ago and has a new family. He's out of the game.

Things happen to bring him back into it, (but) the morality, the ethics and the day-to-day drudgery, and also violence, that he's involved with suddenly comes from a more mature man's perspective, rather than a young guy who's just gung-ho.

What about the family element?

MAX obviously loves his current wife and children, but he abandoned his previous wife and child and has done some terrible things in his line of work

I think what you come to realise very quickly is that as a younger man the life that he was trying to lead, as a spy with a wife and child, was very complicated and very difficult and he couldn't sustain it.

Will there be comparisons with James Bond?

HE'S the dirty James Bond. James Bond has all the lines, the gadgets and the suave look.

Max is much more in the dirt and dust and having to cope.

Did you have to do any extra weapons training?

WEIRDLY, I can strip and build a sniper's rifle with my eyes closed. Which is a real talent.

I can also now ride horses, from



learning on the job. But there's no preparation for how you play a spy.

What's great about this is the family drama is as important as the conspiracy-thriller element.

So I basically had to imagine myself in that position, that's the only way to play it really. What would I do faced with those choices?

Do you find it easy to switch off after an intense day of filming?

IT'S tricky. You have to get yourself up for scenes which are particularly harrowing and I suppose I've developed a technique to be able to shed that, almost immediately.

I remember in A View From The Bridge I was doing very intense seese eight times a week and I couldn't understand why I was so depressed. It does affect you.

In fact I remember, a couple of times, being on stage in a moment of high emotion and I actually burst into tears. I started crying.

I fooled my body into thinking I was that sad and then of course what happens is I couldn't speak.

Deep State tackles some really big political issues, too?

THE politics are much more to do with the West's involvement with the Middle East. The morality and the ethics of that and what we now know as a result of what happened after the

It is incredibly current. But not parochial politics, it's more politics on a world stage.

Has exploring such topics made you more suspicious of our own government?

OF COURSE. We're all kept in the dark about what's going on behind the scenes and it's just really interesting timing that we should be tackling this.

Every country probably believes what it's being told – but it's interesting that there's this confluence at the moment of a story

that deals with the deep state, what goes on behind the scenes, and what's actually going on in the news.

This is your first TV show in a while. What brought you back to the small screen?

I LOVE making movies, movies are great. But the movies that seem to be in the cinema at the moment are the big spectacle movies, the superhero movies. I've just done a couple of Kingsmans and I'm doing a movie at the moment called Shazam!.

They're incredibly technical experiences where you're not even just making pieces of the jigsaw – you're making pieces of the pieces of the bigsaw –

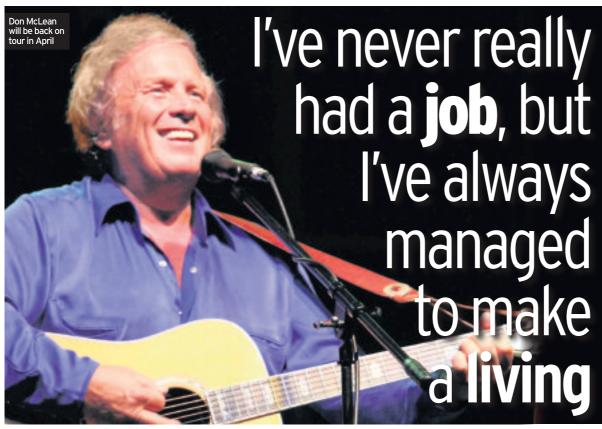
left, and in Kingsman: The Golden Circle with Taron Egerton, above

It's absolutely tiny stuff, there's no real scenes to be played, not in a movie of that type. So to go back and do character development over eight hours was heaven sent.

■ Deep State continues on Fox on Thursdays at 9pm and you catch up on the first episode now.



HSH-EO1-S2 Star, Thursday, April 12, 2018



LVIS Presley, Madonna, Fred Astaire, George Michael and Ed Sheeran are just a few of the many music stars who have performed Don McLean's famous songs over the years.

The legendary singer-songwriter, behind classics like American Pie and Vincent (Starry Starry Night), says he is always interested by how others singers interpret his music. "I'm impressed a lot by how they do it." he says. "Fred Astaire did Wonderful Baby and Johnny Mathis did And I Love You So, which is beautiful. Hearing some of the stuff is just amazing. Ellie Goulding's version of Vincent is very good and James Blake did a piano version which is very good as well, and the singing is fine

Now aged 72, music has always been a part of Don's life, although he chuckles: "I've never really had a job, but I've always managed to make a living."

He says: "I didn't know what I was doing and had no idea how to do it at the start, but I used to practise a lot when I was young and I learned how to play. I did a lot of vocal exercises to learn how to sing and I started performing... all the time. My career was never something I thought about. I did one thing and then another.

With more than 40 gold and platinum records worldwide. Don has just brought out his 19th studio album, Botanical Gardens.

He says: "The inspiration for the project started years ago when I would walk in the beautiful gardens in Sydney, Australia, near the Opera House. I would dream young dreams and it was a comfort and an

American Pie songwriter and performer Don McLean talks to **MARION McMULLEN** about planting the seeds for album Botanical Gardens

Don on stage in 1972

inspiration. I was always young inside, like we all are, and I felt it again there."

He explains: "That's how it started, in Sydney and then I blended in New York City. Sydney is beautiful, but New York City is pretty ugly in many ways and dark and unfriendly and mean. So many people love it and I was born there, but the place always scared me. I stay at my club when I am

there and have for more than 25 years. That's my little oasis."

Botanical Gardens is Don's first album in eight vears, but he has been busy with other projects during that time, including a featurelength documentary called Don McLean: American Troubadour.

"There have been pretty extensive projects," he says. "I've been working on a house and a horse I was breaking in - I've done that a few times over the years this album was done in 2015, but I didn't know what I was going to do with it. Then there was a deal, but the deal went away so I had to get another one."

The album was recorded at Watershed Studios in Nashville and Don says: "Everybody in Nashville has their act together and I think five of the guys in the band have

been on the road with me for many, many years.

"It's great to have them with me. We know what to do. I think the drummer has been with me 20 years, the piano player 35 years, the other guys on the road 10 to 20 years. The new guy, Brad Albin, who plays bass, has been with me five years already.

"I have a great band and we have a great time and a lot of fun when we are travelling in

> "When an album is done there is a sense of accomplishment. You work hard to make and support the album and I can feel I have accomplished something and that's a good thing.
> "That's the sad thing

about drugs. On drugs,

so many people want that sense of accomplishment without having accomplished anything. Too bad, you have to accomplish something to feel that

Don will be touring the UK and Ireland at the end of April: "I've done something like 23 tours there now. I'm guessing... it could be 25. Touring is physically tough. You have to get in shape for it, then it's pretty good.

"I'm not in shape right now. I've got to work on that. It won't be fun, but I have to lose some weight.

Walking and all the stuff that hurts. I like going out to dinner and having nice food served. I love sweets and I like to drink a martini, but it's all just fattening. I have to be somewhat strict otherwise I'll be 3001h3

He sighs: "I don't want to get to 600lbs like some in the US. How is that? It's a symptom of something. America is in rough shape. There's these people and they can't get out of their own houses.

"There is a TV show The 600lb Man, but there are lots of these people. Something is wrong. It's like ancient Rome. This is just decadent. Everyone says you can't say that, it's being cruel, but you can't say anything. You need a list of the few things you are OK saying.

"People will all have cameras soon recording everything and watching everything back at the end of the day. I think that's what's going to happen. You have an argument when you are out and say 'I didn't say that,' well, rewind and let's see.'

He pauses for breath before adding: "Alright, this is why I'm a songwriter. I think about these things.

So what is Don's perfect escape away from the hassles of modern living? "I like to get up in the morning in the desert... I like living in California now quite a bit, I'd get some food and watch Donald Trump, then get lunch and come back and sit for a while by the pool and get some sun... or jump in the freezing water.
"I like to do all that."

■ Botanical Gardens is out now and the UK tour starts April 29. Go to don-mclean.com for details



KYLIE MINOGUE - GOLDEN

★★★★ AS KYLIE, our adopted national treasure, approaches 50, her golden year, she begins

afresh with a change of label for her 14th studio album. Recorded in Nashville, there is a country sheen, but this is quintessentially Kylie.

Lead single Dancing has proved to be a grower, its subject matter a reflection on enjoying life while you can. The album continues with much whooping and stomping beats, but Kylie co-wrote each track, and there are songs that nod to her break-up last vear.

A duet with Jack Savoretti, is possibly the best ballad the Australian pop star has ever recorded. Kylie proves she still has the Midas touch with an album packed with heart, soul and glitter on its cowboy boots.

MANIC STREET PREACHERS **RESISTANCE IS FUTILE**

THE Welsh band's decision to provide a collection that's almost a summation of their work so far is both the album's biggest strength and weakness

They're unlikely to draw in many new fans with tracks such as Liverpool Revisited and People Give In, with their bold bravado and 1990s theatrics.

But just as some of their more suspect album-filler tracks feel a little dated, the standout hits feel as strong as some of their most recognisable hits. Dylan & Caitlin is foremost among them; extremely listenable, it's an interesting spin on the relationship between poet Dylan Thomas and his wife Caitlin. The Manics aren't breaking the mould, but on the strength of their songwriting, they won't have to.

HINDS - I DON'T RUN

THERE'S a lot of vouthful exuberance to Madrid four-piece Hinds' second album. Every song is packed with spindly riffs and shouty vocals, but there's a cheerful innocence to the songs.

Although grungy anthem Tester touches on the thorny subject of sex, for the most part there's an emphasis on the childlike, with deliberately off-key vocals and lyrics.
Stripped down, acoustic number Ma

Nuit (the only song to feature Spanish lyrics) suggests the band might mature in an interesting direction, but right now listening is a bit like supervising a children's party: fun at first but exhausting after a while.

HEALTH & LIFESTYLE



F you haven't heard of Manual Lymphatic Drainage (MLD) massage, you're not alone. It's a treatment many of us are yet to experience, but could work wonders for tired, congested or bloated bodies.

26

bloated bodies.

The name itself describes some of what the treatment does.

"Manual Lymphatic Drainage is a very gentle form of advanced massage therapy, aimed at moving the lymph under the skin using specialised, gentle, rhythmic techniques," says award-winning holistic therapist Rima Shah, who runs Calm And Clear Complementary Therapies (calmandclear.co.uk).

"However, it does not involve draining the whole of the lymphatic system away. It aids the formation and transport of lymph around the body."

The lymphatic system has many functions in the body. It forms a vital part of our immune system and is also designed to assist in the removal of waste products from the body's cells.

"The lymphatic system is not mechanically controlled by the body, and therefore has to rely on muscular movement, blood circulation and the nervous system, to assist circulation around the body," Rima adds.

■ What is lymph?

"THE fluid in the system is called lymph, which is a viscous liquid," says Rima. "The lymphatic system can become very sluggish and doesn't work at its best due to a variety of reasons, including lack of muscular movement, poor diets, disease and infections. A sluggish lymphatic system can lead to not eliminating waste efficiently, causing a build-up, which shows as an oedema, or water retention."

oedema, or water retention."
MLD massage is designed to activate the musculature of the lymph-vessel system, so they contract more often, increasing the rate of absorption of fluid and waste products from the surrounding tissues.

It's a non-invasive way to remove excess fluid more quickly, and makes a healthy lymphatic system more effective.

■ What ailments can MLD help treat?

USED as both a preventative and remedial technique, MLD massage can ease water retention (especially in pregnancy), bloating and headaches, as well as sinus congestion, ear problems and skin conditions.

"Head, eye, ear, nose, mouth, dental, throat, sinus and skin problems, resulting from lymphatic-related congestion, can respond positively," notes Rima, adding that some people even use this treatment to help fight the ageing process.

■ What does it feel like?

MLD massage feels like no other treatment I've ever experienced before. After a consultation, you lay on a bed and relax into the treatment.

The pressure is light and movements are slight – like tiny tugs to



your face, neck and around the collarbone. I have chronic sinus issues and could feel something moving when the areas around my eyes and nose were being worked on. I stayed awake, but many people fall asleep while it's being done, because it's so relaxing. No oils or powders tend to be used – just the therapist's hands

"The treatment focuses on the head, neck and face areas primarily," adds Rima. "The procedure is very different to a standard face massage, which works deeper into the muscles. MLD is much more gentle and rhythmic – almost hypnotic."

■ How many sessions do you need?

FOR anyone with a lingering condition, like blocked sinuses, Rima says regular sessions close together work best.

Recovery post-surgery also requires treatments close together. After this, monthly maintenance sessions can work well, although some people find a one-off session can actually work wonders.

can actually work wonders.
"By encouraging the removal of waste, and excess, stagnant connective tissue fluid, the skin gets its nutrients more quickly and begins to look fantastic," notes Rima.

"Typically, you can expect your skin to look clearer and feel softer, eyes to be brighter, dark areas below the eyes to lighten, puffiness and congestion to reduce and a more defined jaw-line (these full results may not be noticeable after only one session, though)."

■ How do you feel afterwards? EVERYONE is different, but you should feel more relaxed and clear-headed. You may also feel tired

and spaced out - or energised.
For me, my sinuses felt a little clearer. I could definitely breathe a bit better and my nose was running almost constantly for the next few

For an additional boost, it's a good idea to drink plenty of water for the two days that follow MLD. Reducing

your caffeine and alcohol intake, not smoking, eating light meals and listening to your body (so resting if you feel tired) can also help the treatment to work more fully. This can alleviate any mild side-effects and assist your body's clearing process, too.

"It's such a specialised treatment that has this added advantage of being deeply relaxing," adds Rima.

being deeply relaxing," adds Rima.
"During my training years ago, I
couldn't quite believe how much
fluid I would lose daily, just from
practising on each other. The
treatment allows the lymphatic
system to work better, which helps
our waste system function more
effectively."

■ Where can I find an MLD practitioner?

MLD UK (mlduk.org.uk) lists accredited practitioners throughout the country (though not all therapists choose to pay for their listing)

choose to pay for their listing). You can also check whether they trained with a recognised body (Rima states that Vodder, Casley-Smith, Foldi or Leduc all provide the highest standards of training).

It should also be noted that anyone suffering from certain illnesses (cancer, thrombosis, heart problems and thyroid dysfunction, for example) may not be able to undergo treatment, or may need to have the massage adapted, so do make sure you talk to your doctor first, as well as your therapist about any ongoing issues or relevant medical history.

HSH-EO1-S2 Star. Thursday, April 12, 2018



T may be too soon to pack away our jumpers and tights just yet (sigh). But there is an easy way to get into the spring spirit without risking hypothermia – just paint your nails. There was an air of ontimism on the SS18 catwalks. and in the new season collections, as metallics, pastels and vibrant, travel-inspired shades came to the fore.

Nailberry Gold

Leaf and Star

Dust, **£14.50**

NYSL La Laque

Polish in Excite

Couture Nail

Me Coral.

Artistic Colour

Running in the

Revolution

£7.95. Nail

Left:

Orly Nail Polish

Haze & Electric

Jungle, £11 each,

Grafton's Beauty

in Metallic

PolishDirect

£19.50

each

(2

Ready to give your talons the spring treatment? These are the catwalk looks and new polishes we're coveting now..

1. METALLIC MOOD

AT Temperley SS18 models were given a double dose of molten magic courtesy of Nailberry.

To achieve this shimmery shade, a gold base was topped with an iridescent silver glitter.

2. THINK PINK

YSL Beauty's spring La Laque Couture collection features a trio of pretty pinks. Our favourite? The zingy Excite Me Coral, a warm orange-pink that looks good on everyone.

3. BUFFED TO PERFECTION

IF you often gravitate towards pastel pink for spring, try switching things up with a toffee nude, as seen on the Osman SS18 catwalk.
The chic shade in question is

Artistic Colour Revolution's Running in the Buff-alo, chosen by session manicurist Nickie Rhodes-Hill and applied to neatly rounded nails.

4. SHIMMERY SHADES

ORLY'S six-piece Pastel City collection does what it says on the tin, offering a choice of straight-up pale shades, but the prettiest polishes are those with a frosted finish, like the chocolatev Metallic Haze and the teal Electric Jungle.





OPI looked to Europe's trendiest city break destination for its latest range, offering no less than 10 nail varnishes based on the sights and sounds of Lisbon. For a blast of Iberian freshness, try the bright sea green or sunny yellow.

7. JOIN THE DOTS

MOST cases of nail art on the catwalks look way too complicated to attempt at home, but backstage at Richard Malone we saw a design we can totally get on board with.

All it takes is a coat of baby pink, then add three little blue dots on your ring and pinky fingers. Easy-peasy and very pretty. Right: Nailberry Number 69 and A Touch of Powder £14.50 each



Right: A model backstage at Osman SS18 All product prices correct at time of going to press



CURLERS A WHIRL Easy Curl Glam Waver

27

ON the look out for new ways to add volume and bounce to lank locks? Mark Hill's Pick 'n' Mix range features a Wand Handle (£14.99), and 10 interchangeable barrels which you buy individually, so you can create various looks with the same tool.

The two newest additions to the

line-up are the Easy Curl, a spiral shaped barrel which you wrap hair around to achieve a more dramatic curly look, and the Glam Waver, for simple Hollywood-style waves.

WHAT ARE THEY

LIKE TO USE?
I SEPARATED my hair into two layers and found that, because the barrel is so wide and chunky. I could then curl fairly big sections of hair in one go. Being careful to curl towards the face, to keep the style consistent

I found the Easy Curl much harder to use. The instructions state to follow the

direction of the spiral of the wand - but I still found myself getting confused about which way that should be. I eventually roped in a friend to help!

The process takes a bit longer too, as you need to use really thin sections to achieve that tighter-

AND THE RESULTS?

AT first, I wasn't sold on the results of the Glam Waver, as I didn't see much difference from my normal style. But I started wrapping the hair around the barrel for longer and the waves started to improve. Afterwards, my hair looked super-glossy and shiny. My entire head was waved up in 20 minutes.

The Easy Curl takes longer but, once you get to grips with your technique, gives a more dramatic result. Even the next morning, my hair was full of bounce.

■ The Glam Waver and Easy Curl are £14.99 each, available from markhill.co.uk and Boots.









hues. It's a holiday for your hands.

28 Star, Thursday, April 12, 2018 HSH-E01-S2

HEALTH & LIFESTYLE

WOTES

HRT COULD CUT DIABETES RISK

WOMEN having hormone replacement therapy could cut their risk of diabetes by a third, scientists claim.

scientists claim.
The oestrogen in HRT can boost chemicals that maintain blood sugar levels, slashing the chance of developing the Type 2 form of the disease.

Researchers said it could lead to the development of a targeted diabetes treatment that could benefit men too.

Lead author Dr Sandra Handgraaf, of the University of Geneva in Switzerland, said: "One could imagine a treatment that, without the side effects of a little too powerful hormonal therapy, would also address men."

Researchers studied the protective role of oestrogen on metabolism and its link with glucagon, which controls glucose levels.

Post-menopausal female mice injected with oestrogen had increased tolerance to glucose, reducing their diabetes risk.

Dr Handgraaf added: "(Oestrogen's) effect on glucagon-producing cells had never been explored before."

More than four million British patients have diabetes, with 90% having the Type 2 form, which normally develops in middle age and is linked to obesity.

CHILDHOOD LINK TO COPD

THREE-QUARTERS of cases of chronic obstructive pulmonary disease (COPD) can be traced back to exposures during childhood, a study has found.

COPD is the name for a group of lung conditions which cause breathing difficulties including emphysema and chronic bronchitis, which mainly affect middle-aged or older adults who smoke.

While smoking remains the biggest risk factor for COPD, the Australian study showed that childhood illnesses - such

as asthma, bronchitis, pneumonia and eczema - and exposures to parental smoking were also linked to the disease.

A second study published in the Lancet Respiratory Medicine journal also suggested there could be a window of opportunity during childhood to reduce the risk of poor lung function in later life. Both studies identified pathways of how lung function changed over life, which were associated with different risk factors and disease risk in later life.

disease risk in later life.
The study authors believe these insights are important for lung disease prediction, prevention and treatment.

Thousands of men now go under the knife each year in a bid to improve the way they look. **LISA SALMON** reveals the cosmetic surgery procedures they ask for most

NCE portrayed as the preserve of women, cosmetic surgery is now an acceptable option for a growing number of British men, with thousands opting to go under the knife in their quest for better looks.

And it's not just help with things like male breast tissue ('moobs') they're after. With male surgical enhancement no longer carrying the social stigma it once did, they're now looking more widely at the options – particularly those relating to the face, with procedures like nose jobs, ear correction and eyelid reduction all proving popular. Consultant plastic surgeon Rajiv

Consultant plastic surgeon Rajiv Grover, a former president of and spokesperson for the British Association of Aesthetic Plastic Surgeons (BAAPS), says there has been an increase in the number of men having cosmetic procedures over the last 10 years, with 2,417 men going under the knife last year.

The proportion of men vs women remains the same, however, with men making up roughly 10%, and women accounting for 90% of all procedures carried out.

"What was popular for many years was male breast reduction or 'moob' surgery, along with lots of things that were popular with women too, such as liposuction," says Mr Grover. "But recently we've found there's been a real change – men are more face-focused and less body-focused, whereas women are the opposite.

"Men aren't looked at with the same scrutiny as women – you see quite a few male celebrities who don't look like an Adonis, but they're OK. The pressure is there for men, but as it's more face-focused – facial procedures on the neck, nose, jaw etc are the gold standard for them."

So what are the top cosmetic surgery procedures for men right now? According to BAAPS, these are the five most requested.

RHINOPLASTY (nose job)

IN 2017, 554 men had a rhinoplasty, or 'nose job,' in the UK, an increase 5% from 2016. A rhinoplasty, which typically costs £5,000-£7,000, can increase or reduce the size of the nose, and change its shape or angle. Surgery is performed either from inside the nostrils (closed rhinoplasty), or by making a small cut between the nostrils and lifting the skin (open rhinoplasty).

The type of operation will depend on the area of the nose being treated but, for example, if a bump on the bridge of the nose is being operated on, the surgeon removes the bone and cartilage causing the bump, and the nose may then be broken so the remaining pieces of bone can be moved closer together. To change the length of the nose, the surgeon adjusts and reduces the septum (the bone and cartilage that divides the nasal cavity) to help shrink the tip and reduce overall length.

Adjusting the cartilage at the nose tip can also reduce the length.

BAAPS warns there are limits to how much a nose can be altered, and the

final result will depend on the size of the nose, the condition of the skin, and a patient's age.

OTOPLASTY (ear correction)
SOME 419 men had otoplasty
surgery in the UK last year – down
0.5% from 2016. Otoplasty, which
will set you back around £2,500£3,000, adjusts the shape of the
cartilage within the ear to allow the
ear to lie closer to the side of the
head.

Because the operation is carried out from behind the ears, a small scar is left close to the groove between the ear and the side of the head. The procedure can even be carried out under local anaesthetic.

BLEPHAROPLASTY (eyelid reduction)
AS we age, reduced elasticity in the skin results in loose skin, which 'folds in' the upper eyelids and forms deepening creases in the lower lids. There's also slackening of the muscle beneath the skin, allowing fat to protrude and appear baggy.

o protrude and appear baggy. Procedures to improve this are called blepharoplasty, which 403 men had in the UK in 2017, up 25% from 2016.

An upper-eyelid reduction can help improve vision and make people look younger, while lower-eyelid reductions can help reduce wrinkles and puffiness. These procedures can be carried out under local or general anaesthetic, and the surgeon makes cuts in the creases of the upper lids and just below the lashes in the lower lids, extending them into the crow's feet at the corner of the eyes.

Extra fat, excess skin and sagging muscle are removed through the cuts, and they are then stitched. Blepharoplasty will typically cost around £4.000-£6.000.

MALE BREAST REDUCTION

IN 2017, 296 men had breast reduction surgery, down 7% from 2016. Gynecomastia is the medical term for excess male breast tissue, see left, which is a fairly common condition that usually has no known cause.

There are two main components of the breast – glandular tissue (firm and dense) and fatty tissue (soft), and in gynaecomastia there may be an excess of both.

an excess of both.

If the enlargement is predominantly fatty, liposuction, where tissue is sucked out through a tube inserted via a tiny incision, is the usual treatment.

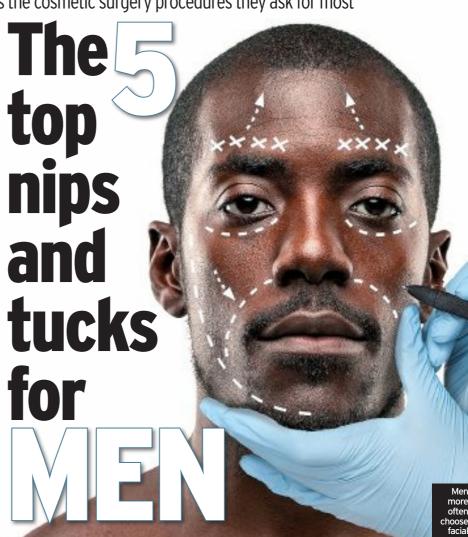
If excess glandular tissue is the main problem, it may need to be cut out, leaving a scar around the nipple edge. Liposuction can be performed at the same time if necessary.

Most operations to treat gynaecomastia are performed under general anaesthesia, or sometimes under local anaesthesia with sedation, with a price-tag of around £2,000-£4,000.

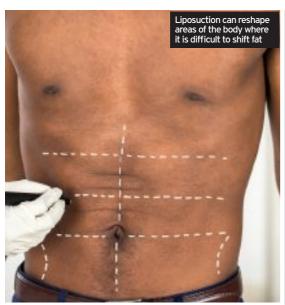
LIPOSUCTION

LAST year saw a 20% drop in the number of men undergoing liposuction, compared with 2016 figures, with 270 males opting for the procedure.

Liposuction can help improve the



HSH-EO1-S2 Star. Thursday, April 12, 2018



contours of parts of the body that some people may struggle to shift weight from, such as the tummy, hips, buttocks, knees, neck and upper arms.

A thin tube (cannula) is inserted through tiny cuts in the

skin and used to loosen the fat. before a suction device is attached and the fat is sucked out. Finally, the cuts are sewn

Liposuction typically costs around £2,500-£4,000.

S there something on your to-do list that you've been putting off? Perhaps a phone call you are dreading, an awkward situation that you need to address or an unpleasant task that needs to be

We all do it: avoid the things we

don't like doing. The problem with avoidance is that it can often make the situation worse. I'll give you an example from my own work last week. I had to make a phone call to a client to deliver some bad news. I really didn't want to and my mind started churning out catastrophising thoughts like: "She will be really upset", "ahe'll yell at me over the phone", "she'll make a complaint."

As a result, my anxiety levels went up. I tried to deal with my anxiety by putting off the phone call. "I'll do it later," kept reasoning to myself; after my next therapy session, after I've written this report, after I've had my lunch... and so it went on, getting bumped further and

further down my list of priorities. But actually, rather than reducing my anxiety, avoiding making the call meant I couldn't fully concentrate on the other tasks and I became more stressed out as I started to fall





Eat your frog for breakfast



behind with my work

It took one of my colleagues observing that I seemed somewhat distracted before I realised what was going on. She listened intently as I explained the situation before advising, "If you've got to eat a frog,

you should eat it for

This was the first time I'd come across this expression (although a little online research has revealed it's commonly used in self-help books, management training, motivational talks and the like) and I must say I rather like the sentiment behind it.

The idea is simply this: if vou have to do something you don't want to do, make it your priority. Get it out of the way first and then you're free to get on with the rest of your day.

Putting it off won't make it go away and research has shown that avoidance, whilst intended to reduce worry, often has the paradoxical effects of more rumination, more catastrophising and more anxiety.

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Star, Thursday, April 12, 2018 HSH-EO1-S2

INGREDIENTS For the pesto: 150g shelled unsalted pistachio nuts: ASPARAGUS. PEAS AND 8 spring onions, RADISHES WITH PISTACHIO trimmed and chopped: 15a PESTO (SERVES 6)

30

unsalted butter; 1 fat garlic clove, crushed; 170ml extra virgin olive oil; 3. For the vegetables. 130g ricotta, preferably shave the radishes fresh rather than UHT; using a mandoline, or 40g pecorino or Parmesan cheese, finely grated; Sea salt flakes and freshly cut very finely with a sharp knife. Cut off the base of each asparagus ground black pepper spear. Bring a pan with For the vegetables: 8-10 7.5cm of water to the radishes, preferably French boil. Stand the breakfast radishes; 650g asparagus in this, bases asparagus; 3tbsp extra in the water, spears virgin olive oil: 34tbsp white leaning against the side balsamic vinegar: 200g (they cook in the steam). Cover with a fresh raw peas; 25g pea shoots lid. Cook until tender, testing with a point of a **METHOD** 1. For the pesto, boil knife - I start checking after four. Lift the two-thirds of the asparagus out, then dry pistachios in water for

four minutes. Drain

skin. Toast the rest of

about 30 seconds.

Transfer to a plate.

2. Cook the spring

coloured. Add garlic

the nuts with spring

gradually adding the

oil. Stir in ricotta and

onions and garlic,

Season and taste.

patting with a clean tea and dry in a tea towel. towel Rub off all the papery 4. Add a little of the cooking water to the pesto to loosen and the nuts in a dry pan for thin it. Mix the oil and the balsamic together and season. Divide the onions in the butter in asparagus, raw peas, a pan until soft, but not radishes and pea and cook for another 30 shoots between six plates - or put them all seconds or so. Blitz all on a platter - and drizzle with white balsamic dressing Spoon on some of the pesto and offer the rest pecorino or Parmesan. at the table.

excess moisture by

BACK WITH A NEW COOKBOOK, FOOD WRITER DIANA HENRY TALKS **ELLA WALKER** THROUGH HOW TO EAT A PEACH

Menus to Di for

OOD writer Diana Henry, has a wealth of knowledge to draw on when it comes to creating the perfect menu. "At the weekend, I've always got friends calling me asking, 'Di, what can I do for a starter that's really quick?', or they'll have decided on the main course but will say, 'What can I do for a pudding?'

"I'm always telling people what goes with what," she explains. "I love the challenge of standing in the greengrocer's and putting things together."

A resource not just to her friends, the Waitrose Weekend writer's new cookbook, How To Eat A Peach, combines her love of matching ingredients with planning meals

"I love putting menus together for no reason whatsoever," she says, remembering how she'd jot down food plans as a teenager, filling a 'fantasy notebook with meals she'd cook in an ideal world.

She began having people round for supper when she was about 16, and the menu planning never ceased: "I do it now still – I think of a menu, and then I think about who would like to eat it.

How To Eat A Peach was inspired by an evening Diana spent in Italy, watching a group of Italians slicing white fleshed peaches and dropping them into glasses of ice cold Moscato. only to drink the liquid and then pick out and eat the soft fruit, sticky and plump with the booze.

"It's such a lovely way to end a meal, but is also a really good approach to cooking. It's about knowing when not to do anything, and when something is just elegant and lovely in itself."

The book, as a result, helps you tread the line between "when to not do very much, and when to do very much".

Each chapter is grounded by a

moment in time, a memory of a place, a season, as well as a single, or set of, ingredients. "Each menu is its own little world," says Diana.

"One of the main reasons I cook is to go back to places; or go to places," she explains, Diana, now London-based with two sons of her own, travels a lot (Russia is a current focus), but didn't as one of four children growing up in Northern Ireland ("The way I travelled was by reading, and by cooking - I so wanted to go elsewhere, desperately").

"It seems crazy, but in the mid-Seventies, you couldn't get peppers and aubergines in Northern Ireland -

those were exotic" she says.

Aged 15, she went abroad for the first time - to France on an exchange trip, where a boy taught her to make

perfectly lacy crépes (she still has the recipe written on blue airmail paper and it's recreated in the book, with added sautéed apple and caramel), before years of Easters spent in Normandy and Brittany followed.

Diana trained at Leiths Cookery School, and worked in TV, but considers herself a

home cook.

Her recipes often develop as ways to solve problems - for instance, when you're having people over and one of your dishes requires a lot of effort (like Diana's apricot tart: "It's one of my favourite things"), or how to surround it with plates that are simple (like her courgette fritters hot out of the pan, and roast chicken with lemon).

"It's about having a little bit of thought."

And no one's food is more thoughtful than Diana's

■ How To Eat A Peach by Diana Henry, photography by Laura Edwards, is published in hardback by Mitchell Beazley, priced £25 (octopusbooks.co.uk).



IT IS World Malbec Day next week (April 17) and I'm giving you advance warning in case you want to nip out and buy a card or order some flowers. World Malbec Day does exactly

what it says on the tin. It's a day to celebrate malbec wine.
It is organised by Wines of

Argentina, the country which has championed malbec for many years. But did you know that France is the traditional home of the malbec grape? Possibly not.

Many grape varieties such as malbec have their roots on the continent. Migrants leaving Europe (known as the Old World in wine-speak) to live in the New World (wine-speak for places like New Zealand, Australia, South Africa and the Americas) took grapes with them to cultivate

A GLASS WITH JANE CLARE

further afield. Malbec was first planted in Argentina from the mid-1850s.

Enough of the history lesson... pour a glass to mark World Malbec Day. ■ Trapiche Pure Malbec

(£6.99, down from £7.99 at the Co-op until April 17, 13.5% abv): This is a great price for a lovely deep, fruity-rich malbec from Argentina. The word "pure" means that the wine is unoaked - the fruit is speaking for itself, pure and simple (was that a song once?). Malbec grapes deliver a wine which is plump, gutsy, rich and shamelessly moreish.

Doña Paula Estate Malbec 2017 (RRP £9.99, strictlywine. co.uk, 13.5% abv): The grapes

grow at almost 3,500ft above sea level in the Lujan de Cuyo region of the Mendoza valley. But never mind that - this robust red is crying out for a steak and I think you should do it justice. It has power with its delicious spicy, rich, deep plush notes of plums and black fruits but it also flickers with herbs and has an undercurrent of minerality.

■ Caliterra Tributo Malbec 2015 (RRP £13.30, cheerswinemerchants.co.uk 13.5% abv): I'm going left-field from the Argentina theme as this wine is from Chile. The wine is a rich red in colour but has a fresh elegance – a sheep dressed in a wolf's clothing. There are notes of red berries and spice with a silky softness, vanilla, mocha and a touch of herbs.

Find out more about World Malbec Day at malbecworldday. com or follow #MalbecWorldDay on social media.

ALSO IN MY GLASS... **■** Exquisite Collection Marsanne 2017 (£5.99, Aldi, 13% abv) is from the stable of French winemaker Jeane-Claude Mas who has worked hard to elevate the grape marsanne. traditionally blended with roussanne in the Rhone. Here it flies solo and is so

very juicy (and very drinkable). This wine from the Languedoc has notes of pear, quince, honey and a floral flutter of honeysuckle just rises above the glass. ■ La Petite Laurette du Midi

Rosé 2017 (£7.99, the Co-op, 13% abv) is a pretty pastel-pink wine, a classic oh-so-gentle blushing pale French rosé from Provence. The wine is created

from cinsault grapes with touches of grenache and syrah which deliver aromas of red berries. It is refreshing and moreish and would be a perfect pink to greet the first warm spring sunshine.

■ Jane is a member of the Circle of Wine Writers. Find her on social media and online as One Foot in the Grapes.

HSH-EO1-S2 Star. Thursday, April 12, 2018

INGREDIENTS

For the pastry: 250g plain flour, plus more to dust; 150g chilled unsalted butter, chopped: Good pinch of sea salt flakes; 1 egg yolk; For the filling: 4 plum tomatoes; 15g unsalted butter: ½tbsp olive oil: 1 small onion, very finely chopped; 2 garlic cloves, finely chopped; Sea salt flakes and freshly ground black pepper; Pinch of caster sugar (optional); Squeeze of lemon juice (optional); 200ml double cream: Generous ninch of saffron threads; 100ml creme fraiche; 1 large egg, plus 3 egg yolks; 200g white crab meat; 50g brown crab meat

To serve: Whatever you fancy - but Diana recommends a green salad, or green beans with toasted almonds, and potatoes if you like.

METHOD

1. To make the pastry, put the flour, butter and salt into a food processor and whizz until the mixture resembles breadcrumbs. Mix the volk with half a tablespoon of very cold water, add it and whizz again. The pastry should come together into a ball. Wrap it in cling film and allow to rest in the fridge for 20 minutes, then roll out on a may benefit from the tiniest



lightly floured surface and use to line a 23cm loose-bottomed tart tin. Prick the bottom with a fork, then chill in the fridge or freezer until cold and firm.

2. Preheat the oven to 180°C/350°F/gas mark 4 and put in a metal baking sheet to heat up. Line the pastry with greaseproof paper and fill with baking beans. Bake the pastry case, on the hot baking sheet, for 14 minutes - remove paper and beans after seven. Leave to cool. 3. Plunge the tomatoes into boiling water for 20 seconds, then remove. Skin, halve, deseed and cut the flesh into slivers. Heat the butter and olive oil in a frying pan and cook the onion and tomatoes until soft but not coloured. Add the garlic, season and continue to cook until you have a thick purée. Taste. It

bit of sugar and a squeeze of lemon juice. The purée should be dry, not at all wet. Spoon it into the pastry case. **4.** Put about 50ml of double cream in a saucepan and add the saffron threads. Heat until just under boiling, then stir until you can see the saffron colouring the cream Leave to cool. Mix this with the rest of the double cream, the creme fraiche, egg and egg yolks. Season well and stir in all the crab. Slowly pour into the tart case. 5. Return the tart to the hot baking sheet and cook for 45 minutes, or until the pastry is golden and the filling just set. 6. Leave to cool for 15 minutes, then remove the

(SERVES 6-8)

INGREDIENTS

For the cake: 125g unsalted butter, softened, plus more for the tin; 125g caster sugar, plus 5tbsp extra: 3 large eggs, at room temperature, lightly beaten; 75g plain flour, sifted; 2tsp chopped lemon thyme leaves; Finely grated zest of 1 unwaxed lemon; 75g ground almonds (preferably freshly ground): 34tsp baking powder: 350g gooseberries, topped and tailed

For the syrup: 4tbsp granulated sugar; Juice of 2 large lemons; 2tsp lemon thyme leaves For the poached gooseberries (optional): 75g granulated sugar; 2 lemon thyme sprigs; 500g gooseberries, topped and tailed To serve: Thyme flowers, if you can find any; Icing sugar, to dust (optional); Sweetened crème fraîche, or whipped cream

METHOD

1. Preheat the oven to 190°C/375°F/gas mark 5. Butter a 20cm springform cake tin and line the base with baking parchment. 2. Beat the butter and the 125g of caster sugar until pale and fluffy. Add the eggs a little at a time, beating well. If the mixture starts to curdle,



add one tablespoon of the flour. Put the lemon thyme leaves in a mortar with the lemon zest and pound to release the fragrance. Add to the batter and briefly mix. 3. Fold in the rest of the flour, the almonds and the baking powder. Scrape into the tin. Toss the gooseberries with five tablespoons of sugar and spread over the top. 4. Bake for 30 minutes. The

cake is ready when a skewer inserted into the centre comes out clean.
5. To make the syrup, heat the granulated sugar, lemon juice and lemon thyme leaves in a saucepan, stirring to help the sugar dissolve.

Pierce the cake all over with

a skewer while it is still warm

and pour the syrup into it.

Leave to cool a little, then carefully remove from the tin and put on a serving plate. 6. For the poached gooseberries, heat 175ml of water, the granulated sugar and lemon thyme together in a saucepan, stirring until the sugar has dissolved. Add the gooseberries and cook over a medium heat for four minutes, or until the fruit is soft but not collapsing (most of the berries should hold their shape). Leave to cool. 7. Any thyme flowers you have will look lovely on top of the cake. You can leave it as it is, or dust with icing sugar before serving, with sweetened crème fraîche or whipped cream and poached gooseberries on the side.

HarlowStar

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Star, Thursday, April 12, 2018 Hsh-E01-s2

STYLE GUIDE

32





SOAP TO AID UNICEF MISSION

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programme in the developing
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A deficiency. Each £4 soap
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worth of vitamin A
supplements.

GIVE YOUR SKIN A WELCOME LIFT

BOOTS' latest anti-ageing line **L;ft** is designed for thirtysomething skin and promises to deliver results in four weeks.

We haven't tried everything in the range yet, but have been blown away by the **Buff and Glo**

by the **Buff and Glow 60 Second Polish**, currently on offer at £8.66.

Apply it to dry skin, and then when it balls up, rinse off the debris with warm water.

Afterwards your skin glows. We can't lie, it's kind of addictive.

GET THE LOOK

IF you are not a fan of showing your arms off, look to Alison Janney for inspiration. The Oscar winner looked fabulous at a recent event in LA in this long-sleeved maxi dress. For a similar look try this Izabel London black floral wrap maxi dress, £40 at Debenhams, debenhams.



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- A short tour of the Yorkshire Dales
- Three nights' dinner, bed and English breakfast accommodation in a three-star standard hotel
- Coach travel from the local area
- Escorted by a friendly tour manager



Lindisfarne & The Alnwick Garden

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Visit the magical Alnwick Garden, one of the most remarkable garden transformations of recent time.

Highlights & inclusions

- Entrance to The Alnwick Garden
- Tour of Northumbria's heritage coastline, visits to Lindisfarne and York
- Three nights' dinner, bed and English breakfast accommodation at the Holiday Inn in Washington (or similar)
- Coach travel from the local area
- Escorted by a friendly tour manager

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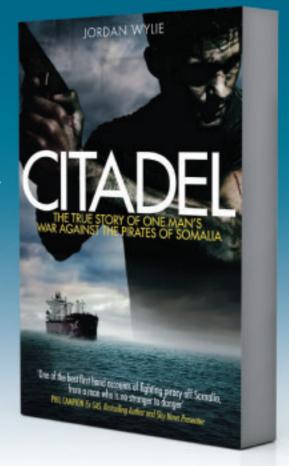
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Mirror Books



Star, Thursday, April 12, 2018 HSH-EO1-S2

LINDSAY SUTTON

ventures to DC on the cherry blossom chase

OU can never take Mother Nature for granted - and that's the beauty of it. A tough winter or a bout of cold weather at this time of year can mean a late blossoming of typical spring blooms in your garden or local park. It's disappointing, but not disastrous.

But when you've travelled more than 3,500 miles across the Atlantic to Washington DC, it's pretty devastating to miss out on the pink profusion of the capital city's National Cherry Blossom Festival.

What should have been a swathe of pink around DC's Tidal Basin is simply a tree-lined walkway of buds, some about to pop, but most waiting for warmer weather.

With heavy snow and a cold snap in March – a 'Beast from the Nor' East,' in their case – it's little wonder that the buds are reluctant to put on a

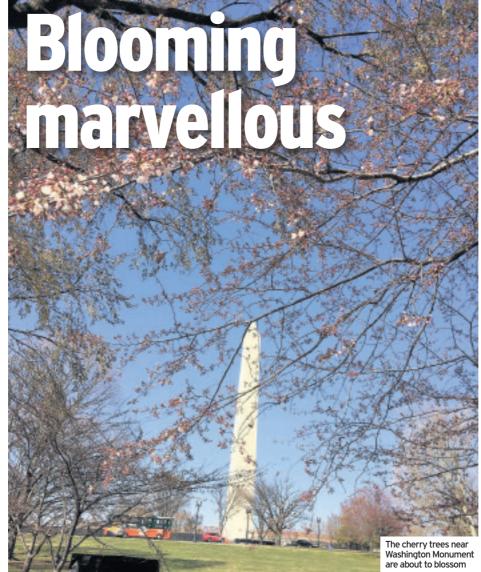
When my wife and I were there last week, just a couple of cherry trees were anywhere near a state of readiness for the 'Big Bloom'. That show is now predicted to happen this weekend onwards, with peak bloom time between April 8 and 12. All in the hands of Mother Nature.

When it happens, it brings excitement and delight to DC residents, tourists from the rest of America and the 'international brigade,' who flock to see the amazing 'Ring Of Pink' spectacular. The linked-up canopy forms a complete circle above the walkway round the famous Tidal Basin, just off the Potomac River in the heart of DC.

Over the key period, more than 1.5 million visitors stroll round the basin, with founding father Thomas Jefferson keeping an eye on things from the vantage point of his nearby marble mausoleum

The Cherry Blossom Festival began back in 1912 when the Japanese gave a gift of 3,000 trees, thanks to the enthusiasm of writer Eliza Scidmore and Helen Taft, wife of President William Howard Taft. They dreamed of creating a blossom arbor for the capital city, and chose the rough and swampy Tidal Basin, transforming it into the wonderful walkway it is today. The festival was formalised in 1927, and 91 years on it's still going strong, culminating in a parade next Saturday (April 14), and a river festival on the Sunday.

Apart from the cherry spectacle



everything you could wish to see as a tourist is in close proximity to the Tidal Basin. The famous Washington Monument, the Mall, with its hugely impressive Abraham Lincoln Memorial at one end, Capital Hill and Congress at the other. On each side are the war memorials - World War Two, Korea, Vietnam - and the wonders of the Smithsonian Museums. All free to the visitor, as they should be.

Across the Potomac River is another 'jewel' - the county of Arlington, which has a number of other attractions, including the famous Arlington National Cemetery, the iconic Iwo Iima statue, with American Marines hoisting the flag, in memory of their heroic action in the Pacific in World War Two.

Not to mention America's fivesided defence HQ, the Pentagon, which has a limited number of high-security, hour-long tours, which have to be booked well in advance.

Outside is the Pentagon Memorial, which is touching in its simplicity

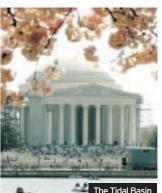
and design.

In the near two-acre plot are exactly 184 elegantly designed, one-sided benches. They represent each of the individuals killed when American Airlines' Flight 77 was forced, by terrorists on board, to crash into the Pentagon on September 11, 2001.

A shallow, lit-up trough of running water is underneath each bench. All are equally spaced and point the same way. Poignant, peaceful, and very moving for the thousands of visitors who are free to come here seven days a week.

Arlington Cemetery may not sound a great draw, but it is, believe me. It's accepted that Americans do noise very well, but the quiet reverence of all is quickly noted. After spending a couple of hours there, the animated chatter of people funnelling out of the exit is an audible sign that life goes on, despite the fact that you have just seen 400,000 neatly arranged graves – all the same size, all equally spaced – on the hillside overlooking Washington.

Ironically, the cemetery is on the



estate owned by former Confederate leader Robert E Lee, his home still standing, almost defiantly, on the crest of the hill.

The Arlington area is also a great place to stay, with hotels around 25 per cent cheaper than DC itself, and amazingly quick access to the tourist hot spots of DC and surrounds guaranteed.

Not for nothing is the Arlington tourism mantra: 'Proximity and value'. It might add: 'National attractions with a local vibe'.

After the hurly burly of the capital city, in 20 minutes you can be away from it all, using the city's Metro underground, and in the neighbourly, small-town communities which have all the amenities of a major urban centre without the hassle.

We stayed at the brand-new, well-appointed Homewood Suites by Hilton Arlington, which provides an inclusive, hearty breakfast.

It also has a shuttle service to nearby restaurants and shopping centres, and to Rosslyn Metro Station, just five minutes away and just six stops from the Smithsonian eart of DC.

If you want a touch of on-hand nature, you can do the short walks through the woods on Theodore Roosevelt Island in the middle of the Potomac River. It's all there to see and to sayour, even if you miss the cherry blossom display.

NEED TO KNOW



■ THE SUTTONS flew with United Airlines and

partner airline Aer Lingus, from Manchester to Washington Dulles via Dublin, where you can clear US Customs. Returns from £462. Direct United flights from London Heathrow from £638 return. See united.com for details.

- Homewood Suites by Hilton Arlington Rosslyn offers complete family suites from £149 a night, with huge fridge and cooking facilities including full, cooked breakfast buffet. See homewoodsuites3.hilton. com for more information.
- For more details about the destination see stayarlington. com and washington.org





HSH-EO1-S2 Star, Thursday, April 12, 2018

MEGHAN MARKLE IS THE LATEST AMERICAN WOMAN TO WIN THE HEART OF A PRINCE. MARION McMULLEN LOOKS AT OTHERS WHO HAVE MARRIED INTO ROYALTY

HEN Britain's King Edward VIII fell in love with stylish two time American divorcee

Wallis Simpson it sent shockwaves through the country and led to him relinquishing the crown.

The 42-year-old royal abdicated in 1936, telling the nation in his famous radio broadcast: "I have found it impossible to carry the heavy burden of responsibility and to discharge my duties as King as I would wish to do without the help and support of the woman I love.

But his American love, born Bessie Wallis Warfield in Pennsylvania, warned

him beforehand: "I am so anxious for you not to abdicate and I think the fact that you do is going to put me in the wrong light to the entire world because they will say that I could have prevented it."

Edward gave her an emerald engagement ring from Cartier and the couple eventually married in June, 1937, and became known as the Duke and Duchess of Windsor. The royal romance and abdication made her one of the most talked about women in the world at that time, but the American socialite once said: 'You have no idea how hard it is to live out a great romance."

Hollywood star Grace Kelly was also born in Pennsylvania and found fame in movies such as High Society. High Noon and Hitchcock films To Catch A Thief, Rear Window and Dial M For Murder.

She gave up her acting career when she fell in love with Prince Rainier of Monaco and married him at a lavish ceremony in April, 1956.

"When I married Prince Rainier, I married the man and not what he represented or what he was. I fell in love with him without giving a thought to anything else, she later said.

Her wedding dress was designed by Helen Rose, who worked at the MGM movie studio, and featured 25 yards of silk taffeta, 100 yards of silk net and a lace veil strewn with thousands of tiny pearls. Wedding guests included film stars such as Gloria Swanson, David Niven and Ava Gardner.

The wedding made headlines around the world, but the blonde beauty once pointed out: "The idea of my life as a fairy tale is itself a fairy

The royal couple went on to have three children and remained together until Grace's tragic death in a car accident in Monaco in 1982. Prince Rainier later opened a public rose garden in memory of his





Rita Hayworth with Prince Aly Khan - her third, but not final, husband

Hollywood star Rita Hayworth stole the heart of a royal prince in the 1940s. The actress, who was once nicknamed the Love Goddess married five times saying: "All I

wanted was just what everybody else wants, you know, to be loved."

throne for the love of Wallis Simpson

The star of films like Gilda and Pal Joey was married to director and actor Orson Welles before tying the knot with Prince Aly Khan - husband number three - on May 27, 1949.

The wedding guests in Cannes included seven princes, four princesses, two generals and a

The couple had a daughter, Princess Yasmin Aga Khan, later that year on December 28.

Prince Harry is said to have proposed to his American brideto-be Meghan Markle as they prepared a roast chicken dinner at his cottage home in the grounds of

The Suits actress will marry her Prince on May 19 at St George's Chapel in Windsor Castle and they have already announced that their wedding cake with be a lemon and elderflower cake decorated with fresh spring blooms and baked by Claire Ptak, owner of the east London Violet Cakes bakery.

They will also be surrounded by white garden roses, peonies and foxgloves on their big day in displays created by floral designer Philippa Craddock.

Meghan and Harry met on a blind date set up by a mutual friend in London. Meghan said: "The only thing that I had asked her when she said she wanted to set us up was 'Well, is he nice?' Because if he wasn't kind, then it didn't seem like it would make sense.

"So we met for a drink then, I think, very quickly into that we said, 'What are we doing tomorrow? We should meet again.

Prince Harry said: "I had never watched Suits. I had never heard of Meghan before. I was beautifully surprised when I walked into that room and saw her and there she was sitting there. I thought 'I am really going to have to up my game here.'' Marrying a prince does not of

course guarantee a happy-ever-after ending but, as Rita Hayworth once said: "When you're in love you're living, you matter."

HSH-EO1-S2

Pathfinder

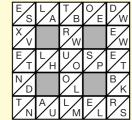
Beginning with the top highlighted letter, follow a continuous path of words associated with the given subject. The trail goes through each letter once, twisting up, down and sideways, but never diagonally.

Sugababes singles

F W I T T S W R M B U O N I N RSLHHGEAYETTOHT EAEDIILIKHTENCH LKGNRTTSUSHTOUE KEAFYOSPOHED TKMEACPSDLELDVE HLDNUESANNIADOR IAWROORSTTHEAOL SYCDNUIGHHETDBO WAAUATFNOREAYAU TNEGCREGRILLXYT TOMHTERSTNMSEOU LOOMIVOCEROTSSN OINANUNRWSREGEO STYOURFOAYEDDRW

Split Decision

Cross out one of the two letters in each divided square to reveal a completed crossword grid.

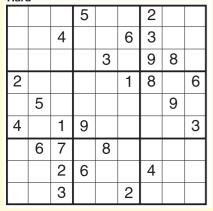


Sudoku

There is one simple rule in Sudoku. Each row and each column must contain the numbers 1 to 9, and so must each 3 x 3 box.

Lasy								
3				7		4		5
	8	6		1	5	9		
			4				1	2
		4		3	1	8		
8	5		9				7	3
		3	8	2		1		
1	6				8			9
			7		2	3	6	
2		5		9				

Hard



Two Speed Crossword

This two-speed crossword has two sets of clues, but just one grid. If you can't solve the Cryptic clue, try the Quick.

Cryptic

- Across
 1. Strikes they're kept at arm's
- length (5) 4. Fabricates a tale and resolves the quarrel (5,2) Fire-raisers (7)
- 9. Called young Edward around before noon (5) 10 & 16Ac. He creates
- an impression as producer of signs on the railway track? (4,8) Alas, one's
- confusion is expected at a certain time (8)
- 13. Advanced for forty days (4)
 14. Look closely, we
- hear, for support See 10 Across
- 17. Cost of travelling to the distant East (4)
- 20. Authoritative proclamation wrongly cited (5) 21. A problem for the
- sorter of letters (7)
- 22. Is this operated by a footman? (7)
- 23. Rocky bed for a hen (5) Codeword

Down

- 1. An ally makes the commanding officer fierce (13)
- 2. Criminal is dropped on, by the sound of it (5)
- 3. Arrest vessels coming back (4)
- 4. Failed to make contact - poor visibility, we hear (6)
- 5. The Royal Barge?
- 6 Advanced study group remains in disorder (7)
- 7. Vessel made from dead palm trees (6,7)
- 12. This clue is not needed (8)
- 13. The end of the fuel to catch fire! (7) 15 Seabed can be
- made lower! (6) 18. Dress in clear
- rayon (5)
- 19. Shower with greeting? (4)

8 10 13 15 16 17 18 21 20 22

Scribble pad

Quick

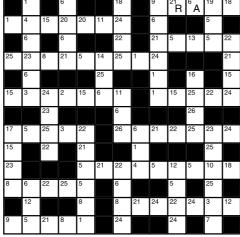
- Across
- 1. Sleeve parts (5)
- 4. Devises (5,2)
- 8. Roars (7)
- 9. Entitled (5)
- 10. Row (4)
- 11. Of a certain time of year (8)
- 13. Period of fasting (4)
- 14. Jetty (4)
- 16. Etcher (8)
- 17 Food (4)
- 20. Decree (5)
- 21. Word puzzle (7)
- 22. Foot lever (7)
- 23. Stratum (5)

Down

- 1. Ally (13)
- 2. Criminal (5)
- 3. Halt (4)
- 4. Overlooked (6)
- 5. Sovereign position (8)
- 6. Tutorial (7)
- 7. Boat (6.7)
- 12. Not required (8) 13. Carbon fuel (7)
- 15. Cheapen (6)
- 18. Display (5)
- 19. Ice pellets (4)

Quiz

This puzzle has no clues. Instead, every number printed in 1. Which actress played the grid represents a letter, with the same number always representing the same letter. For example, if 8 turns out to be a V, you can write in V wherever a square contains 8. Using your knowledge of words, complete the puzzle.



ABCDEFGHIJKLMNOPQRSTUVWXYZ



Wordsquare

Give yourself ten minutes to find as many words as possible using the letters in the grid. Each word must use the central letter and at least 3 others, and letters may be used only once. You cannot use plurals, foreign words or proper nouns, but verb forms ending in 's' are permitted. There is one 9-letter word to be found.



How you rate:

6 words - average; 9 words - good; 12 words - very good; 15 or more - excellent.

Bette Davis to Jessica Lange's Joan Crawford in the recent US TV drama Feud: Bette and Joan, shown on BBC2? Which English scientist

was the most famous passenger on HMS Beagle from 1831 to 1836? What name is given to

the most prestigious US universities such as Harvard, Yale and Princeton? What is the capital of Spain? Which Austrian physician who



Q1 - Jessica Lange

- psychoanalysis wrote The Interpretation of Dreams? What name is given to the larvae of houseflies
- and blowflies? Which shrub is also
- known as may? What breed of dog was developed from the fox terrier by the Rev John
 - Russell? Of which US state is Boston the capital?
- Which arm of the Indian Ocean is connected to the Mediterranean Sea by the Suez Canal?

LAST WEEK'S SOLUTIONS

Andrew Strauss, Darren Gough, Ian Botham, Paul Collingwood, Stuart Broad, Graham Gooch, Alastair Cook Alec Stewart, Kevin Pietersen, Geoffrey Boycott, Mark Ramprakash, Phil Tufnell, Marcus Trescothick, Nasser Hussain, Graeme Hick, Andrew Flintoff, Dennis Amiss, Jonathan Trott.

Sudoku

1. Bastille; 2. Grace Darling; 3. Glenda Jackson; 4. Sir Carol Reed; 5. 1948; 6 Dartford: 7 Leonardo da Vinci: The Rubicon; 9. The Mayflower; 10. Sir Henry Royce.

Two-Speed Crossword

9.

Across: 1 Pump; 3 Property; 8 Rash; 9 Opposing; 11 Overburdened; 13 Custom; 14 Obtuse; 17 Stouthearted: 20 Airlines: 21 Once: 22 Footnote; 23 Ides. Down: 1 Perforce: 2 Masters: 4 Report: 5 Proverbial; 6 Raise; 7 Yoga; 10 Absolution; 12 Headless 15 Untuned; 16 Threat; 18 Torso;

Wordsquare BOURGEOIS

8 2 6 1 7 4 3 9 5 9 4 5 8 3 6 1 1 3 2 9 4 6 8 5 7 4 5 7 3 1 8 9 2 6 6 8 9 7 2 5 4 3 1 2 6 1 8 3 9 5 7 4 9 7 8 4 5 1 2 6 3 3 4 5 2 6 7 1 8 9

н Α Κ ı G R Ε т Α R Α ı C ī Т 1 Ν G Ε

Split Decision

Codeword

J | Y | M | I | S | F | U | N | W | E | P | B | K $\begin{bmatrix} \mathbf{R} & \mathbf{I} & \mathbf{Z} & \mathbf{Q} & \mathbf{I} & \mathbf{A} & \mathbf{Q} & \mathbf{Z} & \mathbf{Z} \\ \mathbf{R} & \mathbf{Z} & \mathbf{Q} & \mathbf{I} & \mathbf{A} & \mathbf{Q} & \mathbf{X} & \mathbf{D} & \mathbf{V} & \mathbf{G} & \mathbf{L} & \mathbf{C} & \mathbf{H} \end{bmatrix}$ THURSDAY, APRIL 12, 2018

ESSEXLIVE.NEWS/PROPERTY

PROPERTY & LIVING

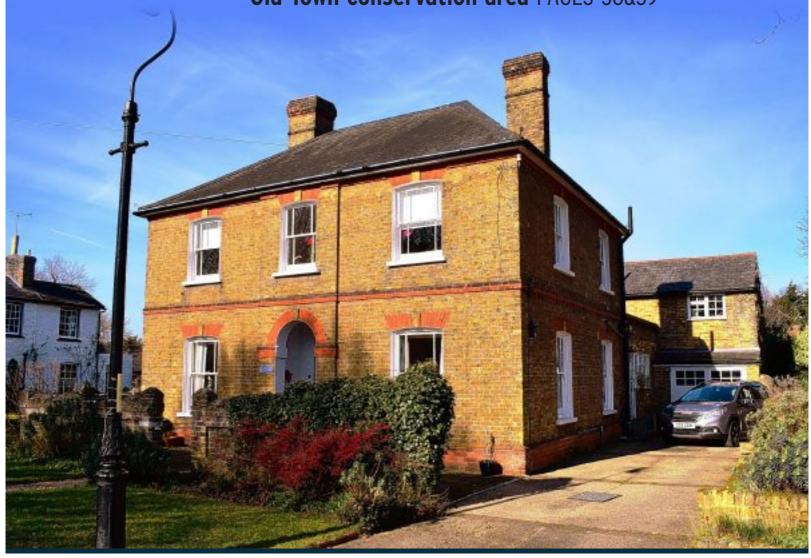
SUPERIOR INTERIORS Kate Watson-Smyth shares her secrets for stylish rooms PAGES 40&41





SOLID STYLE

Stunning classic Victorian house within Harlow Old Town conservation area PAGES 38&39



Star, Thursday, April 12, 2018

HOT HOUSE

150 YEARS OF STYLE





classic Victorian house in the heart of the Harlow Old Town conservation area has come on to the market. The four-bedroom detached house dates from around the 1880s and is a fine

example of architecture from that period. Agents Howick & Brooker say that even with substantial enlargement the character remains almost as it was around 150 years ago.

The property is located in Mulberry
Green – within the centre of the town's
conservation area. It is near to a former
17th century coaching inn, the
charming Marigolds cricket ground
and High Street shops.
Within a two-mile radius there are

Within a two-mile radius there are three junior schools, Mark Hall Academy and the independent St Nicholas School. Harlow Mill station is approximately a 12 minute walk away.

The gardens are generous in size, measuring around 130ft or so in depth, and are well laid out in design. They also contain a large studio/garden store room.

The house is on the market for £950,000 through Howick & Brooker, in Harlow High Street. To request more details or to arrange a viewing call 01279 949074 or visit www.hbproperty.co.uk/

HSH-E01-S2 Star, Thursday, April 12, 2018



THE PROPERTY IS MADE UP OF:

Entrance Hall

Sitting Room - 12' 6" x 11' 9"
Dining Room - 14' 1" x 11' 7"
Laundry Room - 11' 9" x 10' 6"
Shower Room - 11' 7" x 8' 6"
Lounge - 29' 7" x 17' 5"
Kitchen - 12' 4" x 11' 4"
Breakfast Area - 12' 4" x 11' 8"
Landing
Master Bedroom - 20' 8" x 17' 5"
En-suite - 12' 4" x 6' 8"
Study - 14' 1" x 12' 0"
Bedroom 2 - 14' 1" x 11' 5"
Bedroom 3 - 12' 4" x 11' 5"
Bedroom 4 - 14' 1" x 11' 5"
Bathroom - 11' 7" x 8' 4"
Garage
Garden Studio
Garden







Star, Thursday, April 12, 2018 HSH-EO1-S2

ate Watson-Smyth is known for her witty, down-toearth advice on creating brilliant interiors, which she shares through her award-winning blog, Mad About The House.

40

Now, the blog has inspired a new book of the same name - and in it, a complete guide, she reveals how to identify your own personal style, and cope with colour choice confusion.

She also gives easy-to-follow tips on designing and furnishing every room in the house.

Kate has hands-on-experience of most decor challenges - she's renovated four houses and runs an interiors styling consultancy - and here she opens the doors to her own home, and reveals how to work her magic in your own interiors too...

CREATE A SHOW-STOPPING ENTRANCE

You might not think it - as it's often cluttered and uninspiring - but the hall is the most important room in the house.

"It's certainly the first place anyone sees and, as such, sets the tone for the rest. It needs to be both welcoming and fun, practical and pretty," says Kate. "You can afford to be bold with your decorating choices here.'

Practical flooring is essential. "I have white painted floorboards (you can instantly see the dirt and clean it).

"My stairs are spotty. A deep burgundy carpet with large ivory spots ('Dotty Damson' by Alternative Flooring). They truly make my heart sing every time I come home. "You can have



Superior interiors

As her new book hits the shelves. Mad About The House blogger Kate Watson-Smyth invites **GABRIELLE FAGAN** for a peek inside her own - utterly stylish - rooms

door a burgundy shade, which goes with the stairs and stops the hall being a complete white-out."

■ QUICK FIX: Choosing a dark colour for hall walls will make the other rooms leading off it seem brighter, and make a statement. Dark shades also won't show inevitable scuff marks from all those hands, bags, boots and bikes coming through. Think navy blue, dark green or charcoal.

WHIP UP DELICIOUS DECOR TOUCHES IN THE KITCHEN

Soften the harshness of hard surfaces and straight lines in a kitchen with tiling or glass. Says Kate: "This is a room you're

look like a gym but will reflect

of a traditional wooden kick board. which will reflect the floor and make cupboards looks as if they're floating."
■ QUICK FIX: Change ugly

cupboard doors for more contemporary ones, or simply replace handles to make a huge difference to a kitchen. If you're replacing wall-mounted cupboards, make sure they extend all the way up to the ceiling, which will make the ceiling look higher and the room more spacious

DRESS A ROOM THE WAY YOU DRESS YOURSELF

Use your wardrobe for inspiration on colour and make decor choices easy.

"Most of us know what we like to wear, but many of us are paralysed with indecision when it comes to dressing our houses," says Kate. "It's actually the same as getting dressed.

"First, check out the colours of your clothes in your wardrobe. If you're comfortable wearing those colours, you'll be comfortable living in a similar palette choice. It's that simple.

"Next think about the proportions you'll use the colours in. The idea is basically 60% one colour, 30% another, and 10% for the finishing touches



Kate's bathroom with a free standing bath fulfilled one of her long-held interiors fantasies. Shelves have turned the fireplace into handy storage for towels and toiletries, an antique mirror reflects light from the windows, and a vintage stool provides contrast with the modernity of the bath

"Pick perhaps a neutral for the largest area, your walls. In clothes terms, that's the main item you're

choosing to wear that day. Choose a second colour for the largest piece of furniture, say a sofa. This is your top or

"Add some pattern in the form of cushions: your earrings or necklace.

"The accessories - rugs and armchairs - are the final colour: your shoes and

QUICK FIX: Green is the colour of the moment, whether it's plants - real or faux - or paint. A touch of greenery will enhance any room, as it really does bring a little of the outdoors in.

HAVE ONE ITEM THAT MAKES YOUR HEART SING

A signature item may always feature in your outfit - flamboyant earrings, cool socks, or a tiny tattoo - extend the same principle to a room.

Kate says: "Just as we all have a random item in our wardrobe that we probably shouldn't have bought but which makes us happy when we wear it, so we should have the equivalent in a

"Mine's a 6ft brass lamp in the shape of a palm tree. I still don't know how I got it past the husband, but I



HSH-E01-S2 Star, Thursday, April 12, 2018



Kate's bedroom, where she's tucked a wardrobe and storage behind a 'false wall' behind her bed

realistic about your storage needs: "When it comes to bathroom storage, you always need more than you think. It's like sockets in the kitchen. You might think you're going to exist in a minimalist haven of beautifully packaged bottles and jars, but you aren't.

"Think about installing a niche in the shower for the things you need every day, you can add LED lighting strips to make a really good feature of it. Make sure you have ample cupboards or shelves built elsewhere – you will need them."

■ QUICK FIX: Finally, it's an old trick but one that works - the more floor space you see, the bigger the

MAD

ABOUT

THE

HOUSE

room will look. So wall-mounted basins and loos are a good idea in smaller rooms.

■ Mad About The House: How To Decorate Your Home With Style by Kate Watson-Smyth, pictured left, is published by Pavilion, priced £20.

love it every single day and it looks perfect with the dark grey walls and splashes of pink that accessorise my sitting room.

"That's the 'wow' factor in that room, which gives that space it's personality and turns it from tasteful into fun and witty and cool."

■ QUICK FIX: Ďon't overthink when choosing this signature piece - if you spend ages fretting over whether it goes with a colour scheme, or looking for something

that 'fits', it defeats the purpose. If your gut says you love it, then that's the piece for you!

WORK THE WALLS AND SLEEP IN STYLEUse a fake wall and a funky feature wall to create a calm space.

"Bear in mind that the bedhead, or wall behind the bed will only show when you enter the room," says Kate.

"You can be flamboyant there with colour or wallpaper because you won't be looking at it while lying in bed reading or sleeping. What's crucial is the wall at the end of the bed, as it'll be one of the first things you see when you open your eyes in the morning. Don't follow my example. We have a copy of a drawing by artist Tracey Emin of Kate Moss. Nude. This is what hangs on the wall at the end of our bed. It's not completely ideal to wake up to, I will east!"

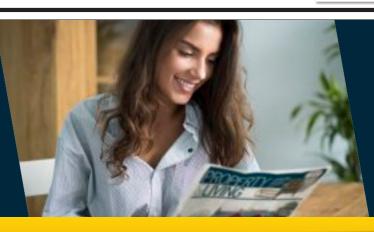
say!"

QUICK FIX: If you decide on a pale colour, try wrapping the whole

room in it: skirting boards, radiators, doors and even the ceiling. This will not only blur the edges, which will make the space feel larger, but also create a calming effect.

RAMP UP THE STORAGE FOR HAPPY SPLASHING Before you plunge into a bathroom revamp, be





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HarlowStar

essexlive.news/property

Star, Thursday, April 12, 2018

YOUR GARDEN With Diarmuid Gavin

pring never lets you down. Ever year, no matter how harsh the winter has been, it eventually gives over to a time of exuberant flowering. It doesn't matter what your own garden looks like, especially if you haven't had a chance to get out yet, our green and pleasant land will soon start to sparkle.

42

One of the first places this happens is with trees – stems and branches that have been grey for months suddenly burst forth with magical profusions of colour.

Trees are good for us – they clean the air, produce oxygen and then provide the joy of colour, none more so than the spring flowering trees. Over the next two months cherry, plum and apple trees will put on their annual show. In Japan, this season is celebrated every year with the Hanami festival – people picnic under the blossom trees and spend time with family admiring nature at its best.

It is one of nature's events that can be all too fleeting so it's good to take time out to enjoy the blossoms. Visit your local park or walk around the neighbourhood over the next month so you can enjoy them before they are gone.

Better still, plant one in your own garden.

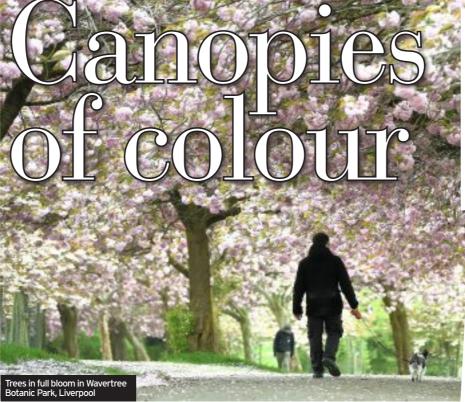
The flowering cherries are vast in variety but it's best to choose wisely for the average-sized garden as some need a lot of space with their broad canopies.

broad canopies.
Prunus 'Little Pink Perfection' is a gorgeous dwarf cherry with showy pink blossoms and would be happy in a container. 'Amanogawa' is the slim upright version – not to everyone's taste but fantastic in limited space. For an elegant weeping version for a small space, Cheal's weeping cherry is good.

In May our hedgerows will be replete with white flowering hawthorn. There's a lovely cultivated version called Paul's Scarlet which has pretty reddish pink double blossoms and forms a neat rounded tree, ideal in a lawn or front garden.

The brilliant thing about the crataegus genus is that they will grow in most soils, aspects and in sun or shade, by the sea or the inner city.

city.
The snowy mespilus,
Amelanchier lamarckii Ballerina, is
either grown as a small tree or a



Take a tip from the Japanese and celebrate the season by planting a flowering fruit tree

multi-stemmed shrub.

Either way, it's an elegant specimen with lots of large white flowers in spring and grows to around 4.5m. It also earns its keep by putting on a vibrant autumnal display

It prefers neutral to acidic soil.
Prunus mume Beni-chidori is the
Japanese apricot and it's a delightful
early performer with deep pink
almond-scented flowers on bare
stems.

However, the harsh temperatures and frosts this year will have been tough for it so it's best planted with a little bit of shelter.

l've been checking the grey hairy buds of my magnolia Leonard Messel – they don't look damaged and I can't wait for their fabulous

display.

This variety is excellent because it is less affected by frost damage than other magnolias and remains a compact overall size. Its flowers are large, pink and scented, making this a magnolia of beauty. I'm also looking forward to seeing how the fairy magnolia does this spring as I only planted it last year.

This is a new introduction, an evergreen shrub with lots of buds along the stems, making it an extremely free flowering variety.

Finally, crab apples are one of the best trees for small gardens, providing good all-year-round interest in blossom and fruit. They don't cast too much shade and are good for wildlife.

Favourites here include 'Evereste' which has white flowers followed by orange fruit that can stay on the tree until December, and 'Rudolphe' which has rosy pink flowers paired with juvenile purple foliage.

Brogdale, home of the national fruit tree collection in Faversham, Kent, celebrates Hanami in April, inviting you to picnic and tour the orchards. If you visit on April 14 you can enjoy a full Japanese experience.

It will be showcasing Japanese cultural demos including drumming and sword displays and a Japanese tea ceremony. Guests can try calligraphy and origami, tour the orchards and buy Japanese food.

■ For more information on Brogdale's calendar, see brogdalecollections.org



The ground should soon be warm enough to sow seeds

Everything in the garden is waking up

- INCREASED light levels mean house plants start to wake up so they will need more watering. Some, such as citrus plants, will be desperate for a feed too.
- LIFT and divide perennials it's good to do hostas before they come into leaf.
- FEED roses and other flower beds with general fertiliser such as chicken pellets or well rotted farmyard manure.
- PRUNE penstemons back to their base - leaving the growth on over

JOBS FOR THE WEEK

the winter will have helped to protect the plant from frost.

■ SEED sowing has been delayed with the late frosts but should be in full swing in April once the ground has heated up to

■ DEPENDING on the weather in your area, it'll soon be time for the first lawn cut. Remember to keep the

blade higher for the first cut and apply a high nitrogen fertiliser to give turf a boost.

■ CLIMBING roses are starting to put out shoots - tie them on to supports. The best way is to connect stem and support using twine or

string in a figure of eight which allows movement for the stem as it grows.

TAKE softwood fuchsia cuttings and place them in a heated propagator or cover them up with polythene.

HSH-E01-S2 Star, Thursday, April 12, 2018



ASK DIARMUID

CAN you tell me what's wrong with this shrub? It looks completely dead, has no leaves and there are orange spots along the twigs. The rest of the hedge is fine.

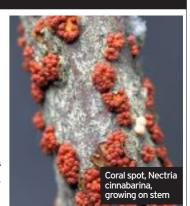
The garden has been quite waterlogged over the winter - do you think that could have caused it?

Mrs Jenkins

ATHE orange spots are a fungus called Nectria cinnabarina, also known as coral spot. It causes die back in shrubs and you're best off removing the whole plant now.

Don't compost it as you don't want to be spreading a fungus later on. The underlying problem may well be waterlogged soil which weakened the shrub - it looks like a laurel hedge and these are usually pretty good in most conditions, except badly drained soil.

So, if you can tackle this problem, that will be the best prevention of further damage in the future.



PLANT OF THE WEEK

PIERIS JAPONICA 'PASSION'

PIERIS is an ever-popular spring shrub, the most widely planted being 'Forest Flame' with its red juvenile foliage and white flowers.

But this week I encountered a cultivar I hadn't come across before - 'Passion' - and was really taken with it. The flowers are a deep pink purple, which drip in elegant bunches against a fresh evergreen backdrop, creating a wonderful contrast.

Pieris is an acid lover so it's happy planted among camellias and rhodos if you have the right soil. It will look really elegant in a terracotta pot using ericaceous compost. Situate in dappled shade.





YOUR LOCAL PROPERTY EXPERTS



Howick & Brooker

Gothic House, High Street, Old Harlow, CM17 0DN

sales@hbproperty.co.uk | lettings@hbproperty.co.uk | 01279 418888





ARKWRIGHTS, HARLOW

- Lounge/Diner
- • No Onward Chain • EPC Rating: TBC



SPRUCE HILL, HARLOW

- Mid Terrace Property Kitchen / Diner · Chain Free
- HOLLYFIELD, HARLOW Three Bedrooms Modern Interior





QUARRY SPRING, HARLOW

- Three Bedrooms Fnd Terrace
- Popular Location Chain Free



RUSHTON GROVE, CHURCH LANGLEY

- Two Bedrooms · Chain Free
- Semi detached

GREAT AUGER STREET, NEWHALL



- SOUTHERN LODGE, HARLOW Two Bedrooms
- Warden Assisted
- EPC Rating: D



- HADLÉY GRANGE, CHURCH LANGLEY
- Two BedroomsGround FloorCommunal GardensClose To Shops



Balconv

£262 500

- VINCE DUNN MEWS, OLD HARLOW
- Two Bedrooms Second Floor
- Modern InteriorAllocated Parking
- EPC Ratina: B
- £265.000
- Cart Lodge Parking
- **COWLINS, OLD HARLOW** Ground Floor Maisonette
 - EPC Rating: C



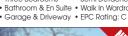
£279.995

Top Floor Flat

Prime Location

MALKIN DRIVE, CHURCH LANGLEY

Three Bedrooms Semi Detached • Bathroom & En Suite • Walk In Wardrobe





£385,000

QUARRY SPRING, HARLOWThree BedroomsMid Terrace

- Downstairs Wo



OIEO £295,000

- JOCELYNS, OLD HARLOW • Three Bedrooms Close To High Street

£390.000

Garage Conversion

 Chain Free



£429.995

Three Bedrooms
 Terraced Property

Three Bedrooms

- MALKIN DRIVE, CHURCH LANGLEY Two Bedrooms Mid Terrace
- • EPC Rating: TBC



HULL GROVE, HARLOW

- Three Bedroom Kitchen/Diner Ground Floor Wc.
- Fnd Of Terrace Backing On To Fields • EPC Rating: TBC



£600.000CROWN CLOSE, SHEERING

- Three Bedrooms
 Planning For Annex Two Allocated Parking
 Chain Free
 - Lots Of Potential
- Detached Bungalow • EPC Rating: D





£895.000 SHEERING ROAD, OLD HARLOW

• Five Bedrooms • Family Kitchen Five Receptions
 Plenty Of Parking • Adjacent To Farmland • EPC Rating: TBC



BLACKS COTTAGES, ALLENS GREEN

Two Bedrooms
 Open Plan Layout
 Village Green Views
 Mid Terrace

- AYNSLEY GARDENS, CHURCH LANGLEY Available Now
- Unfurnished/Furnished Other Fees Apply Allocated Parking EPC Rating D



HEATHCOTE GARDENS, CHURCH LANGLEY

Three/Four Bedroom
 Three Bathrooms
 South Facing Garden

EPC Rating: C

TORKILDSEN WAY, HARLOW

- Two Bedrooms
- Available Beginning April
 Other Fees Apply Walking To Station · EPC Rating: B



• EPC Rating: B

TANYARD PLACE, HARLOW

GLADWIN WAY, HARLOW

 Available Mid April · Close to all Amenities · EPC Rating : C



ST NICHOLAS GREEN, NEWHALL

- Two Bedrooms Available Mid April
- Other Fees Apply Open Plan Living · Luxury Specification · EPC Rating : C



RAMBLERS LANE, NEWHALL

- Three Bedrooms Available Now Allocated Parking
 Other Fees Apply • EPC Rating : C Private Gardens

, 2018

TIJRI



SALES: 01279 417234

LETTINGS: 01279 400444



MALKIN DRIVE, CHURCH LANGLEY

- FIVE BED DETACHEDSOUTH FACING GARDENTWO RECEPTION ROOMS
- TWO EN-SUITES

- GAS HEATING
 UPVC D/GLAZED WINDOW
 PARKING FOR 4 CARS
 INTERNAL PHOTOS ONLINE



- TWO BED SEMI
- GARAGE & DRIVEWAY SOUTH FACING GARDEN SOUGHT AFTER LOCATION

- GAS HEATING
 UPVC D/GLAZED WINDOWS
 VIEWINGS RECOMMENDED
 INTERNAL PHOTOS ONLINE



COALPORT CLOSE, CHURCH LANGLEY

- THREE BED DETACHED GARAGE & DRIVEWAY
- EN-SUITE
- TWO RECEPTION ROOMS
- GAS HEATING
 UPVC D/GLAZED WINDOWS
 POPULAR LOCATION
 INTERNAL PHOTOS ONLINE



GREEN HILLS, HARLOW

- THREE BED END TERRACE SOUTH FACING GARDEN CLOSE TO TOWN CENTRE CLOAKROOM

- £285,000
- GAS HEATING
 UPVC D/GLAZED WINDOWS
 NO ONWARD CHAIN
 INTERNAL PHOTOS ONLINE



- TWO BED TERRACE HOUSE SOUGHT AFTER LOCATION GATED ENTRANCE LUXURY FITTED KITCHEN

- GAS HEATING
 UPVC D/GLAZED WINDOWS
 VIEWINGS RECOMENDED
 INTERNAL PHOTOS ONLINE



HOLLYFIELD, HARLOW

- TWO/THREE BEDROOMS
 END TERRACE
 CLOSE TO LOCAL AMENITIES
 IDEAL INVESTMENT
- £240,000
- GAS HEATING
 UPVC D/GLAZED WINDOWS
 VIEWINGS RECOMENDED
 INTERNAL PHOTOS ONLINE



CENTURION PROPERTY | EQUITY HOUSE

REET | OLD HARLOW | ESSEX | CM170AH 4-6 MARKET STREET | OLD HARLOW | ESSEX | CM170AH















HARLOW. EPC BAND C, £350,000



SHEERING EPC BAND C, £895 PCM*



GILSTON. EPC BAND E, £630,000



OLD HARLOW. EPC BAND C, £950 PCM*



HARLOW EPC BAND C, £725 PCM*



OLD HARLOW EPC BAND B, £400,000



LONDON ROAD EPC BAND TBC, £1150 PCM*



SAWBRIDGEWORTH, EPC BAND C, GUIDE PRICE £465,000

WHAT WOULD A NEW HOME MEAN TO YOU?

















OLD HARLOW EPC BAND D, GUIDE PRICE £490,000

MATCHING TYE NR OLD HARLOW, AWAITING EPC RATING, £2,500 PCM*

















LITTLE HALLINGBURY EPC BAND D, £1850 PCM*

SAWBRIDGEWORTH, EPC BAND D, GUIDE PRICE £675,000

REYLAND JOHNSON

ESTATE AGENTS - SALES & LETTINGS

... A Selection Of Homes From Our Sales Portfolio...



Malkin Drive, Church Langley

- Two Bedrooms
- Kitchen/Diner
- Cloakroom/WC Garage & Parking
- £295,000
- Terraced House En-Suite Shower
- Popular Location
- EPC Rating: TBC



Quarry Spring, Harlow

- Three Bedrooms
- Kithen/Diner • Popular Location
- Double Driveway
- £290,000
- Terraced Home • Ground Floor W.C
- Southerly Garden • EPC Rating: B



Doulton Close, Church Langley £284,995

- Two Bedrooms
- Lounge/Diner
- 40ft Garden (Approx) Garage En-Bloc
- End Terrace Popular Location
- White Bathroom-Suite • EPC Rating: D

CHELSEA GARDENS, **CHURCH LANGLEY**

- Six BedroomsTwo ReceptionsEn-Suite ShowerGarage & DriveUtility & W.C
- Riptide Swim Spa
 EPC Rating: TBC

£549,995



PARK AVENUE, HARLOW

- Four Bedrooms Three rect
- Four Bedrooms
 Three receptions
 Large Gardens
 Garage & Driveway
 Semi Detached
 Extended Property
- Rarely Available
 EPC Rating: TBC

£499,995



UPPER PARK, HARLOW

- Four/Five Bedrooms
- Two ReceptionsExtended
- Garage & Driveway
 Semi Detached
- Immaculate Home Desirable LocationEPC Rating: TBC

£484,995



LATTON GREEN, HARLOW

- Three Bedrooms

- Intree Bedrooms
 Driveway
 Two Receptions
 Chain Free
 Semi Detached
 Popular Location
 Potential To Extend (STPP)
 EPC Rating: TBC
- £339,995



LODGE HALL, HARLOW

- Three Bedrooms

- Intree Beardonns
 Garage & Driveway
 Cul-De-Sac Location
 Immaculate Throughout
 Semi Detached House
 Modern Kitchen/Diner
 Ensuite Shower Room
 EPC Rating: TBC

£335,000



PRIORY COURT, HARLOW

- Four Bedrooms
- Recently Redecorated
 Driveway
 Overlooking Latton Common

- Town House
 Ensuite To Master
 Private Close
 EPC Rating: TBC

£330,000



ABBEYDALE CLOSE **CHURCH LANGLEY**

- Two Bedrooms
 Modern Kitchen
 Lounge/Diner
 Allocated Parking
 Ferraced House
 Westerly Garden
 Popular Location
 EPC Rating: C
- £284,995



RADBURN CLOSE, HARLOW

- Three Bedrooms
 Popular Location
 Two Receptions
 Chain Free
 Middle Terrace
 Southerly Garden
 Potential Driveway
 EPC Rating: TBC
- £275,000



SPRUCE HILL, HARLOW

- Three Bedrooms
 Well Presented
 Lounge/Diner
 Ground Floor WC
 Middle Terrace
 Popular Location
 Fitted Wardrobes
 EPC Rating:TBC



CLEVELAND WAY, STEVENAGE

- Two BedroomsLounge/DinerSecure Door Entry System
- Chain Free
- Apartment
 Top Floor Allocated Parking
 EPC Rating: C
- £239,995



COALPORT CLOSE, CHURCH LANGLEY

- Two Bedrooms
- Allocated Parking
 Lounge/Diner
 First Floor
- Apartment
 Popular Location
- Communal Garden
 EPC Rating: TBC £225.000



CHELSEA GARDENS,

- **CHURCH LANGLEY** Two Bedrooms
 Allocated 5
- Allocated Parking
 Balcony
 Well Presented
- Ground Floor Apartment
 Lounge/Diner
 Popular Location
 EPC Rating: TBC
- £225.000

t: 01279 216216

REYLAND JOHNSON ESTATE AGENTS - SALES & LETTINGS

... A Selection Of Homes From Our Sales Portfolio...



Abbotsweld, Harlow

- Three Bedrooms
- Open Plan Living
- Cul-De-Sac Location 40ft Garden
- £270,000
- Terraced Home Close To Schools
- CHAIN FREE
- EPC Rating: TBC



Halling Hill, Harlow

- Two Bedrooms
- Fitted Kitchen
- Dining Room Chain Free
- Terraced House

£254,995

- Westerly Garden Own Driveway
- EPC Rating: TBC



Milestone Road, Newhall

- Two Bedrooms
- Allocated Parking
- Open Plan Living Chain Free
- Ground Floor Apartment

£219,995

- Popular Location Intercom Entry System
- EPC Rating: C



THE DRIVE, HARLOW

- Four Bedrooms
 Garage & Driveway
 Two Receptions
 10 Year New Build Warranty
 Semi Detached Family Home
 Underfloor Heating Throughout
 South Facing Garden
 EPC Rating: TBC
- £450,000



THE DRIVE, HARLOW

- Four Bedrooms
 Garage & Driveway
 Two Receptions
 10 Year New Build Warranty
 Semi Detached Family Home
 Underfloor Heating Throughout
 South Facing Garden
 EPC Rating: TBC

£450,000



DENBY GRANGE, CHURCH LANGLEY

- Three BedroomsTwo ReceptionsImmaculate Home
- Garage & Drive
 Detached Home
 En-Suite Shower
- Cul-Se-Sac Location
 EPC Rating: TBC
- £415,000



PURFORD GREEN, HARLOW

- Three Double Bedrooms
- Three Double Beards...
 Driveway For Two Cars
 Well Presented
- Kitchen/Diner
 Middle Terrace
- Popular Location
 Utility Room
 EPC Rating: TBC
- £315,000



CLIFTON HATCH, HARLOW

- Two Double Bedrooms
 Allocated Parking
 Lounge/Diner
 NHBC Warranty Remaining
 Middle Terrace
 Modern Throughout
- Popular Location
 EPC Rating: TBC
- £300,000



MALKIN DRIVE, CHURCH LANGLEY

- Two Bedrooms

- Lounge/Diner
 Cloakroom/W.C
 Garage To Rear
 Terraced Home
 Croudace Build
 Southerly Cardo
- Southerly Gardens
 EPC Rating: C
- £294,995



SILVESTERS, HARLOW

- Two Double Bedrooms
 Lounge/Diner
 Backs Onto Allotments
 Garage En Bloc
 Terraced House
 Low Maintenance Garden
 Outskirts Of Town
 EPC Rating: C
- £270,000



CLIFTON HATCH, HARLOW

- Two Bedrooms
 Two Private Gardens
 Open Plan Living
 Whisc Warranty
 Ground Floor Apartment
 Allocated Parking
 EPC Rating: B

 EPC Rating: B
- £250,000



ASH TREE FIELD, HARLOW

- Two Bedrooms
 Lounge/Diner
 Popular Location
 Chain Free
 Middle Terrace
 Close To Town Centre
 Southerly Garden
 EPC Rating: TBC

£245,000



HIGH ELMS, HARLOW

- One Bedroom
- Allocated Parking
 Open Plan
 Chain Free
- First Floor Apartment
 Well Presented Popular Location
 EPC Rating: TBC
- £170.000



LADYSHOT, HARLOW

- One Bedroom
- Lounge/Diner
 Own Balcony
- Chain Free
 Apartment
 Second Floor
- Outside Storage
 EPC Rating: D
- £159.995



REGENCY COURT, HARLOW

- One Bedroom
- Lounge/DinerCommunal Garden
- Chain Free Ground Floor
 Apartment
- Residents Parking
 EPC Rating: D
- £149.995

t: 01279 216216

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Westbury Rise, Church Langley

- Four Bedrooms
- Two Receptions
- Kitchen/Family Room Conservatory
- Detached House
- £585,000
- Double Detached Garage
- Immaculate Home EPC Rating: D



Paddock Mead, Harlow

- Four Bedrooms
- Immaculate Throughout
- Large Driveway
- Open Plan Kitchen



£419,995

- End Terrace House Utility Room
- Ground Floor Shower Room
- EPC Rating: TBC



Chelsea Gardens, Church Langley £385,000

Three Bedrooms

Chain Free

- Garage & Driveway
- Two Receptions
- Detached Home
- Popular Location Southerly Garden
- EPC Rating: TBC



Albert Gardens, Church Langley

- Three Bedrooms Kitchen/Diner
- Cloakroom W.C
- Double Driveway

- £332,500
- Semi Detached
- ConservatoryPopular Location
- EPC Rating: D

MORE NEEDED **SOLD STC** £299,995

Great Auger Street, Newhall

- Three Bedrooms
- Open Plan Living
- Three Bathrooms Balcony & Sun Room

SOLD STC

- Duplex Apartment Allocated Parking
- CHAIN FREE
- EPC Rating: C



Church Leys, Harlow

- Three Bedrooms
- Lounge/Diner Garden Room
- Chain Free
- £269,995 • End Of Terrace
- Close To Amenities
- Popular Location • EPC Rating: TBC

SOLD STC

MORE NEEDED

PETERSWOOD, HARLOW

- Three Bedrooms
 Originally A Two Bed
 Kitchen/Diner
 Chain Free
 End Of Terrace
 Immaculate Home
 Double Driveway
 EPC Rating: D
- £264,995



MORE NEEDED

RUSHES MEAD, HARLOW

- Two Bedrooms
 Lounge/Diner
 Modern Kitchen
 Off Street Parking
 Terraced House
 Westerly Garden
 Close Io Amenitie:
 EPC Rating: C

- £249,995



Two Bedrooms Lounge/Diner Modern Kitchen Parking Apartment Ground Floor Popular Location EPC Rating: C

VICTORIA GATE, CHURCH LANGLEY

- £219,995



MORLEY GROVE, HARLOW

- Two Bedrooms

- Kitchen/Diner
 Well Presented
 Central Location
 Apartment
 Ground Floor
- Residents Parking
 EPC Rating: TBC
- £199.995



UPPER MEALINES, HARLOW

- One Bedroom
- Lounge/Diner
 Popular Area

- Chain Free
 First Floor
 Apartment
- Ideal Investment
 EPC Rating: TBC
- £140.000



HORNBEAMS, HARLOW

- Studio Flat
- Own Balcony
 Close To Train Station
 Chain Free
- Top Floor
 Ideal Investment Or First Time Buy
- Popular Location
 EPC Rating: C
- £119.995

t: 01279 216216

REYLAND JOHNSON

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... A Selection Of Properties From Our Lettings Portfolio...



East Park, Old Harlow

- Three Bedrooms
- Lounge/Diner
- Available Now
- Pretty Gardens



- Terraced Home
- Popular Location
- Unfurnished
- EPC Rating: E



Blacksmith Way, High Wych

- Two Bedroom
- Lounge/Diner
- Part Or Unfurnished Own Parking

TO LET

- £1,000 P.C.M End Of Terrace
- No Pets, No DSS Available Mid March

EPC Rating: C



Chamberlain Close, Church Langley £950 P.C.M

- Two Bedrooms
- Lounge/Diner
- Available May 2018
- Allocated Parkina
- First Floor Maisonette
- Popular Location Unfurnished
- EPC Rating: TBC

TO LET

The Hand & Crown, High Wych

- One Bedroom
- Available Now
- Allocated Parking Period Features
- £800 P.C.M
- First Floor Apartment Part Or Unfurnished
- Popular Location
- EPC Rating: TBC

Church End, Harlow

- One Bedroom
- Lounge/Diner Ground Floor
- Unfurnished
- £775 P.C.M
- Apartment Available in February
- Own Garden • EPC Rating: D



Rivermill, Harlow

- One Bedroom
- Unfurnished
- Lounge/Diner Apartment
- £725 P.C.M
- First Floor
- Close To Amenities • Available Mid April 18
- EPC Rating:C

LET AGREED MORE NEEDED

WEDHEY, HARLOW

- Four Bedrooms
 Kitchen/Diner
 Close To Hospital
 Available Mid April
 Terraced Home
 Plenty Of Parking
 Port Furnished
 EPC Rating: C
- £1,395 P.C.M



RAM GORSE, HARLOW

- Three Bedrooms
 Lounge/Diner
 Close To Town
 Unfurnished
 Middle Terrace
 Sorry No DSS
 Available Early N

- Available Early May
 EPC Rating: D
- £1,200 P.C.M



TITHELANDS, HARLOW

- Three Bedrooms
 Large Lounge
 Dining Room
 Garage To Front
 Off Road Parking
 Available End April
 Unfurnished
 EPC Rating: C

£1,150 P.C.M



THE GARDINERS, CHURCH LANGLEY

- Two Bedrooms
- Ivo Bedrooms
 Available Now
 Two Parking Spaces
 Well Presented
 Middle Terrace
 Unfurnished
- Cul-De-Sac Location
 EPC Rating: TBC

£1.100 P.C.M



WOODCROFT, HARLOW

- Lounge/Diner
 Westerly Garden
 Available Now
- Close To Amenities
 EPC Rating: D
- £950 P.C.M



MALLOWS GREEN, HARLOW

- One Bedroom
- Modern Kitchen
 Unfurnished
 White Goods Available
- Ground Floor Flat
 Available End March 2018
- Popular Location
 EPC Rating: D

£750 P.C.M

t: 01279 216216

Geoffrey Matthew

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HARLOW, CHURCH LANGLEY & NEW HALL | 01279 444988









THE HIDES

- Two Bedroom Home
- Chain Free
- Lounae
- Kitchen & Utility



- Refurbishment
 Lounge 16'0 x 12'0
 No CHAIN





Good Size Rear Garden

• Viewings Recommended

• Close to Town Centre

Close To Amenities Close To Transport Links
• Close To Princess

In Need of

Modernisation

Throughout



OIEO £250,000

One Bedroom
 Top Floor Flat

Large Lounge
 Double Bedroom
 Fitted Kitchen
 Well Presented

Lounge 13'6 x 9'7 Kitchen 7'9 x 5'10



£239,950

DR 133

OIEO £140,000

OIEO £150,000

Throughout

Three Bedroon

Fitted Bathroom

Lounge 15'5 x 11'2

OIEO £280,000

One Car



OIEO £280,000

Amenities & Schools

明期

Three Bedroom Family Home

Separate WC Close to Local

 Viewings Strongly Recommended



£275,000

POTTER STREET

QUARRY SPRING

Three Bedroom Home

New Instruction

No Onward Chair
 Rarely Available
 Two Good Size
Bedrooms

Lounge 12'1 x 18'3Kitchen 8'7 x 5'11South Facing

Set on Private Road



• Garage En Bloc

Three Bedroom
Family Home
End of Terrace
Fitted Kitchen &

• Lounge

Bathroom

Open Plan Lounge
Diner

No Onward Chain

£275,000

£290,000



Three Bedroom Mid Close to Shops &

Terrace
• Lounge 12'2 x 12'8
• Fitted Kitchen
• Conservatory

Downstairs Cloakroom Popular Location



No Onward Chain

- Five Bedroom Town House
 End of Terrace
- Gas Central Heating
 Close to The Stow
 Large Lounge Diner
 Fitted Bathrooms



£280,000

 Three Bedroom Mid Terrace Downstairs WC

- Kitchen/Breakfast
- Lounge
 Double Bedrooms
 Family Bathroom
- Close to Train Station

£300,000



- Re-Wired and New
- Boiler Installed
 Fitted Kitchen
 Large Lounge
 Bathroom with

£315.000

Schools & Amenities

• Two Bedrooms

SOPER SQUARE

New

Instruction

• Two Bathrooms

- Balcony
- First Floor Apartment
- Large Lounge/Diner
- Popular New Hall Development

£285,000

- Allocated parking Space
- · Viewing Recommended



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MALKIN DRIVE

- Two Bedroom Home
- Ensuite to Bedroom One
- Kitchen Diner
- Lounge



£349,995

- Kitchen & Bathroom
 Gas Central Heating
 Double Glazing
 Allocated Parking Close to All

- Amenities



Downstairs Cloakroom

Viewings Recommended

Garage

- House Semi-Detached
- Lounge 14'7 x 15'7
 Recently Fitted
 Kitchen
- nen ewly Fitted

£349,995

- Triple Glazed
- Throughout

£295,000

- Amenities



- Cloakroom

 Modern Fitted
- Lounge
- £315,000
- Bar/Snug
- Double Glazing
- Allocated Parking for



OLD HARLOW £325,000

- No Onward ChainThree Bedrooms Modernisation

- Lounge Diner
 Conservatory
 Gas Central Heating
 Kitchen
- In Need of



OIEO £350,000

- Floor Area
 Real Oak Floors & Doors
 Fitted Wooden
- Period CottageThree BedroomsOpen Plan Ground
- Parking Space to Front
- One



Three Bedroom
Family Home
 Recently Fitted Boiler

Larae Garden

- Large Open Plan Kitchen
- £445,000 from Master Bedroom
- Balcony Off Lounge Gas Central Heatina Garage & Allocated



- High Specification New Build
 Detached Four
- Luxury Kitchen Diner

£499,995

- Large Bright & Spacious Lounge

 Driveway with
 Parking for Four Cars



- Detached Home
- Garage Conversion ConservatoryDownstairs

OIRO £499.995

OIEO £450,000

Spacious Lounge/ dining area
 Family friendly rear garden

garden

• Two annexes in garden area offering both living ac

- Four/Five Bedroom Vehicles Modern Fitted
 - Kitchen Close to all Local



- **MORNINGTONS** • Three Bedroom Family Home
- End of Terrace

New

Instruction

- Lounge Diner
- Recently Fitted Boiler
- · Garage & Drive



£409,995

- etached Home Heart of Old Harlow
- No Onward Chain
 Easy Access to all
 Amenities
 Good Size Lounge
- Room to Master Bedroom Neatly Enclosed
- Courtvard Style Rear Garden



- Three/four Bedroom Town House
 Semi-Detached
 Large Lounge 22'6 x

 12'8
- Kitchen & Utility Bathroom &
- Downstairs Shower Rear Garden approx
- 45' in lenath



 Detached Family Large Lounge

Five Bedrooms

• En-Suite to Master Bedroom

• Conservatory

- Large Garden
- Garage & Drive

£675.000

• Kitchen & Utility area



- Three Bedroom Family Home
- Fitted Kitchen • Lounge Diner

New Instruction

- Bathroom & Separate WC
- Close to Town Centre
- Close to Schools & Amenities
- £299,995
- Viewing Recommended

Geoffrey Matthew

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IMPORTANT INFORMATION:

be an administration fee to pay, contact







£2,500 PCM

- Modern Property
- En-Suite To Master
- EPC Rating To Follow
- Must Be Viewed
- * Admin Fees Apply
- Stunning Property
- Available Now



- Bishops Stortford
- Gas Central Heating
- Two Bedrooms
- Available Early May
- EPC Ratina D

NEW

- · Close to town centre & Train Station LISTING
 - * Admin Fees Apply



£1000 PCM

- Church Langle
- Two Bedrooms
- Kitchen Appliances Only
- Close To School/Shops
- EPC Rating C
- Allocated Parking For Two Cars
- * Admin Fees Apply
- Available Early May



£900 PCM

£975 PCM

- Church Langley
- Double Bedrooms
- Allocated Parking
- Part Furnished
- EPC Rating D
- * Admin Fees Apply
- Available Now



Bonded Client Account



- Unfurnished
- EPC Rating D
 Bush Fair Location
 * Admin Fees Apply



- £925 PCM
- Two Bed Apartment
 En-Suite To Master
 Double Bedrooms
 Kitchen Appliances
 Admin Fees Apply
 EPC Rating E
 Available Early May



- - Two Bedrooms
 Fitted Kitchen
 Gas Central Heating
 Old Harlow Location
 EPC Rating D
 Admin Fees Apply
 Available Early May



- Two Bedrooms
 First Floor Flat
 Close To Shops
 White Goods Only
 EPC Rating C
 Available Now
 - * Admin Fees Apply



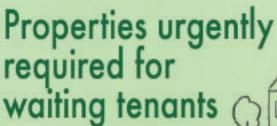
£800 PCM

Referenced Tenants



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£975 PCM

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- · Rent guarentee insurance
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OLD HARLOW (Riverside Court)

nom apartment on a riverside location with fine 2 bearoon apainment of a roverside occarron with line views. Gated private development. Walking distance of train station. Luxury kitchen and bathroom, 2 bedrooms, living/dining room, allocated parking. Sole agents.



SAWBRIDGEWORTH (Lawrence Moorings)

2 year old it still of patients with outstanding views were the inflame and river. Large living/dilning room, modern kitchen, lucury bathroom, 2 good size bedrooms, allocated parking, gas fired heating, UPVC double glazing. Walking distance of station. Sole agents.



£289.950

SAWBRIDGEWORTH (High Wych Road)

ly presented modern house with a contemporary living/dining room, 2 good size bedrooms, family n, enclosed rear garden, allocated off-road parking. lazed and gas fired central heating. Sole agents.



SAWBRIDGEWORTH (Yewlands)

Extended 3 bedroom home only 800m to the village centre and close to schools. Open plan kitchen/dining noom, large sitting room, conservatory, utility room, indscaped garden, single garage. Sole agents.



£450,000 SAWBRIDGEWORTH

Brand new rarely available 2 bedroom bungalow. Close to town centre and balain lew valety arangualez 2 ceuroum Longarow. Cusse in Jown Center and short walk to train station. Constructed to an extremely high standard in a small exclusive development. Parking for 2 cars, beautiful fitted kitchen, bathroom and en-suite, large open plan living/dining room. 10 years guarantee.



OLD HARLOW (Newhall)

4 bedroom modern townhouse with a large luxury kitchen/dining room, good size sitting room, 3 bath, shower rooms, enclosed rear garden, double garage Must be viewed. Sole agents



SAWBRIDGEWORTH (Willowmead)

3-4 bedroom semi-detached townhouse with parking for 2 cars garage and 45ft garden. Highly desirable location. Very central for all facilities including schools and train station. Ground floor ideal for teenager/relative. Viewing highly recommended



SAWBRIDGEWORTH (Station Road)

Beautifully presented 3 double bedroom period house on a raised position in the centre of Sawbridgeworth. Good size sitting room, large dining/family room, kitchen, off-street parking, garden and od features. 5 mins to station. Sole agents



LITTLE HALLINGBURY (Lower Road)
Modern 4 bedroom detached home with an open plan kitchen/dining room, sitting room, 2 en-suites plus main bathroom, parking for 3-4 cars, cartlodge, landscaped garden. Offered with no onward chain. Sole agents



HATFIELD BROAD OAK (Cage End)

Spacious 3 double bedroom detached home with a double garage and a 200ft rear garden. Large sitting room, separate dining room, playroom and magnificent kitchen/breakfast om. Beautifully presented and close to village centre



MANUDEN (Butt Lane)

lane location with views over fields. Gated entrance, cartlodge and storage, large living room, kitchen/family room, utility, large cinema/ games room. Immediate vacant possession offered. Sole agents.



MATCHING GREEN (Hull Green)

room, kitchen, utility room, cloakroom, bathroom plus en-suite, double garage parking for 2-3 cars, scope for extension (stp). No onward chain. Sole agents



HATEIFI D BROAD OAK

Imposing 5 bedroom detached home with spacious accommodation. Large sitting room, dining room, kitchen, utility, study, south facing garden and a block paved drive. Offered with session. Close to village centre. Sole agents.



SAWBRIDGEWORTH (High Wych Road)
5 bedroom family home in this exclusive small development. Built to an extremely high standard with a wonderful fully fitted kitchen leading through to a large family room and conservatory, separate lounge, studyloffice, 3 en-suites, landscaped garden, detached double garage. Sole agents.



WOODSIDE GREEN

Substantial 7,000 sq ft country house with a detached annexe, indoo swimming pool complex, kennel block, 1/2 acre plot, magnificent kitchen/family room, sitting room, games room, study, 5 bedrooms, 4 bath/shower rooms, cinema room. National Trust position. Sole agents.



SAWBRIDGEWORTH (Ladywell Prospect)
Fully furnished ground floor studio apartment situated
within walking distance of station and amenities. Reflitted
kitchen and bathroom and a good size living area, UPVC
double glazed windows, allocated parking. Available Now



SAWBRIDGEWORTH (Station Road)

ed in a central location in the heart of Sawbridgeworth, just a short walk from all local amenities including mainline station. Bright living room, fitted kitchen with appliances



SAWBRIDGEWORTH (Waterside Place)

1 bed unfurnished apartment in Grade II listed maltings conversion.
Property comprises entrance hall with Inving room leading through to fitted
kitchen, fitted battoriom, double bedroom with built-In warridose, views
over the communal gardens and off road parking. Available early May.



SAWBRIDGEWORTH (Ladywell Prospect)

amenities. Porch, good size living room, separate kitchen, bathroom and double bedroom with little dwardrobes. Benefiting from external storage



SAWBRIDGEWORTH (The Meadows)
Recently refurbished one bedroom first floor apartment necently returnished one bedroom first floor apartment situated a short walk from station. Fitted kitchen and shower room. Outside there are communal gardens and off road parking. Available now.



SAWBRIDGEWORTH (Lawrence Moorings)

Unfurnished two bedroom ground floor apartment, only a short walk from the mainline station and other facilities. The property comprises entrance hall, sitting room, recently updated kitchen, two bedrooms, a modernised

Email: info@wright-co.co.uk



BISHOPS STORTFORD (Apton Fields)

Two bedroom character cottage with good size enclosed rear. Ideally located close to Bishop's Stortford's town centre. Sitting room, kitchen, two good size bedrooms, bathroom, good size rear garden, fully double glazed throughout. Available now.



NEWPORT (Station Road)

2 bedroom character cottage just meters from station. 2 reception rooms and galley kitchen, bathroom and double bedroom to the first floor and a further double bedroom to



HARLOW (Florence Close) Newly Renovated, 3 bedroom, end of terrace home close to M11

junction. Good size living room with patio doors overlooking the real garden, separate kitchen, downstairs WC, three good size bedrooms and a brand new luxury bathroom. Allocated parking. Available now.



HATFIELD BROAD OAK (Cage End)

Renovated and updated 3 bedroom mid-terrace unfurnished barn conversion, comprising open plan contemporary kitchen, exposed tim downstairs reception room and utility. 2 bedrooms and 2 bathrooms to the first floor and further bedroom to top floor. Available Mid May

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Ladywell Prospect £115,000

First Floor Studio Apartment
OCHAIN FREE
Command Garders
Allocated Parking For One Vehicle
Within Walking Distance To Town Centre & Train Station
EFC Rating: C



Hadley Grange

£239,950

Wo Bedundin Flat
 997 Year Lease
 Allocated Parking For Two Vehicles
 Communal Gardens
 Double Glazing Throughout
 EPC Rating: Awaiting



Rushton Grove • Extended To • Off street Pa

£299,995

IWo Bedroom House
 Extended To Rear
 Off street Parking For Two Vehicles
 Seduded Rear Garden
 Stamp Duty Exempt For First Time Buyers
 Awaiting EPC Rating



Heathcote Gardens

£300,000

Two Bedroom End Of Terrace
Situated In A Cul-De-Sac Location
Downstairs WC
Allocated Parking



Chamberlain Close O.I.E.O £320,000 Three Bedroom House
CHAIN FREE
Modern Fitted Kitchen & Bathroom
Loft Conversion
Conservatory to Rear
FPC Rating: C



Great Auger Street O.I.E.O

Four Bedroom Detached House
 Situated in Award Winning Newhall Developmen
 Decked Balcony Off Master Bedroom
 Approximate 35ft Rest Garden
 Garage To Side With Power Lighting & Driveway
 FER Rating: C



Pilkingtons Five Bedroom Detached House

Situated At The End Of a Cul-De-Sac Location

Ensuite to The Master Bedroom

O.I.E.O Separate Lounge & Dining Room

Parking For Multiple Vehicles

FASTO 000

FER Parking Co.



Burley Hill O.I.E.O

Detached Five Bedroom House
 CHAIN FREE
 Conservatory
 Driveway For Multiple Vehicles
 Garage



• Three Bedroom House

• CHAIN FREE

• Parking For One Vehicle

• Two Reception Rooms

• Garage

£365,000 : • EPC Rating: C

Bentley Drive







Malkin Drive

• A Five Bedroom Townhouse

• Tv Room With Projector Screen

 Downstairs W/C & Second Floor Family Bathroom

O.I.R.O • Rear Garden with Jacuzzi

• Overlooking Forrest scenery

Gas Central Heating Throughout

£459,995

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19 EASTGATE, HARLOW 01279-43303





O.I.E.O

£155,000



A One Bedroom Second Floor Flat
Well - Presented Open Planned Living And Kitchen
Approx 8 Min Walking Distance To Harlow Town Train Sta
Approx 5.31% Yield
Outside Comment Comments
Outside Comm O.I.R.O £170,000



A Three Bedroom Mid - Terrace House
A Garage En - Bloc
Approx. 25ft Secluded Rear Garden
CHAIN FREE
Downstairs WC
EPC Rating: C O.I.R.O -£264.995



Long Banks

O.I.E.O £260,000



Bowhill Way £269,995

 A Two Bedroom Semi- Detached Couch House 10 Year built mark warranty (NHBC)



 A Three Bedroom Terrace Family Home Brockles Mead

 Downstairs WC
 Private Driveway
 Newly Fitted Kitchen £275,000



Spencer Croft

Three Bedroom Mid-Terraced House
Lounge/Diner,
Approx. 40ft Rear Gardens,
First Floor Bathroom.
Ideal First Time Buy or Investment Of £275,000



Long Banks

£285,000

A Three Bedroom End Of Terrace House
Situated In A Quite Residential Cul - De - Sac
First Floor Family Bathroom
Landscaped Rear Garden
UNV Double Glazed & Gas Central Heating 1







Barn Mead

O.I.E.O

£280,000

- Larger Then Average Lounge/ Diner
- CHAIN FREE







Clifton Hatch

- A Three Bedroom Detached Family Home
- Private Allocated Parking
- Ground Floor WC
- Still Under The NHBC New Homes Certificate With 6 Years Remaining
- South Facing Rear Garden
- EPC Rating: B



• Approx. 50ft Rear Garden With Rear Access O.I.E.O £375,000 EPC Rating: Awaiting





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- Free HomeRenter To Let board

£49.99

£O

1 year membership

Portal advertising:

3 months on Zoopla & Rightmove

Landlord basics:

All free trial benefits +

Membership benefits:

- Annual membership on HomeRenter
- Professional photography
- Professional tenant referencing

£00 00

£49.99

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Star, Thursday, April 12 , 2018

Harlow 01279 443 311

haart



Make This Home Your Dream Home £275,000

Located within walking distance to Bush Fair Shopping Centre is this three bedroom middle terrace family home. The property is being sold chain free and would make a great starter home. Ref 14312 Call To View



Modern Family Built Home

Pegrams Court

Modern Family Built Home Located within walking distance to Kingsmoor Academy primary school and Stewards Academy secondary school is this three bedroom terrac family home. The property is being sold chain free. Call now to view. Ref 14310 View Today

£259,950

EPC C



Guide Price

FPC D **Spacious Living Accomodation** Milwards

Offered for sale chain free is this spacious three bedroom middle terrace family home benefiting from a conservatory and over looking playing fields to rear. Ref 14292 Book Your Free Valuation Today



Guide Price Room For The Family

Home Close

Tucked away in a cul-de-sac is this semi detached family home with garage. The proper also benefits from a large garden and offers potential to extend or improve. Ref 14320 Call haart Today



Family In Mind Jerounds

£300.000

EPC D

Located within the Great Parndon Area providing access to schools and local amenities is this well presented three bedroom home benefiting from a good size lounge, modern fitted kitchen with dining area, conservatory, utility room, two double bedrooms, one single bedroom and a fitted family bathroom with shower cubical and bath. Internal viewing is advised. Ref 14321



This modern and well presented town house offers good sized and flexible accommodation arranged over four floors comprising of a wonderful fitted kitchen, two reception rooms, ground floor wc, 4bedrooms with en-suite to the master, family bathroom and a games room/office

Call Today



above the single garage, which means you could potentially work from home. Ref 14265



Guide Price On Top Of It All

£285.000 - £300.000 EPC D

St Michaels Close

Centrally located in a cul-de-sac turning offering access to Harlow town centre, local schools and Harlow college is this 3 bedroom terraced family home with parking. Ref 14236 Viewing Advised



Guide Price £140.000 - £150.000 **Ideal For A First Time Buyer**

Brenthall Towers Located in Potter Street within easy reach to the M11/M25 is this one bedroom flat. Would be ideal for any first time buyer who is looking to jump onto the property ladder. Ref 14284 Call 01279 443311



Well Presened

£290,000 EPC B

EPC C

Tanners Wharf Located within the heart of Bishop's Stortford is this two bedroom flat benefitting from a balcony and allocated parking space. The property is stunning throughout and ready for you to unpack, sit down and relax. Ref 14243 Dont Miss Out



Ideal Starter Home

Dovehouse Croft

This stunning well presented two bedroom terraced is one for the top of your viewing list. The current owners have transformed this home and added a conservatory and a ground floor WC. Internal viewing is highly advised.

- •Two Bedroom
- Middle Terrace

EPC TBC

• Conservatory • Modern Fitted Kitchen

Call Call Call

- Mature Garden
- •Can Be Sold Chain Free
- Downstairs WC
- Modern Fitted Bathroom

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JARDIAN residential lettings



Guardian are delighted to offer this one bedroom top floor flat in The Hides. This property benefits from gas heating as being a short walk from the town center and other local amenities. EPC - E. Available early June.

£700 PCM



Guardian are pleased to offer this one bedroom flat in the popular area of Sawbridgeworth. Walking distance to the high street and local shops. An early viewing is advised. EPC - E.

£740 PCM

Copper Court



Guardian are delighted top offer this spacious two bedroom first floor flat that is ideally located close to Harlow town centr additionally benefiting from two allocated parking spaces and large living space throughout. EPC - C. Available NOW.

£875 PCM



Guardian are delighted to offer this well presented, end of terrace two bedroom home with a garage in the private area of Standingfords situated in a peaceful location. EPC - D. Available early May

Standingfords



Netteswell Tower within close walking distance to Harlow t Station and PAH hospital. Early viewing is advised. EPC - D. Available mid May

£710 pcm



Guardian are delighted to offer this one bedroom ground floor flat in the popular area of Bromley Close. This property benefits from allocated parking, good internal condition and is close to local shops and amenities. EPC - C. Available early June.

Bromley Close



Guardian are delighted to offer this two bedroom, first floor flat overlooking the River Stort, This property benefits from a balcony and allocated parking. Unfurnished with kitchen appliances. EPC - C. Available early June.

£900 PCM



Guardian are pleased to offer this three bedroom family home on the outskirts of Harlow. With modern fitted kitchen, neutral Available late April

£1150 PCM

Tithelands



Guardian are delighted to offer this one bedroom first floor flat in the private, conservation area of Markwell Wood. This property benefits from allocated parking and secure telephone entry system. EPC - D. Available late May.

£725 PCM

Markwell Wood



Guardian are pleased to offer this affordable two bedroom first freezer only. EPC - C. Available mid April.

£825 PCM

Holly Field



£900 PCM

£1350 PCM

Bromley Close



Guardian are delighted to offer this beautifully presented three bed end of terrace home in Chapel Fields. This property benefits from gas space through out. Modern interior throughout. EPC - E. Available Nov

Chapel Fields



Guardian are delighted to offer this one bedroom ground floor flat in the ular area of Netteswell Orchard, within close distance to the town tre. This property benefits from gas heating, a small patio/outside area I is within close proximity to amenities. EPC - C. Available mid June.

£735 PCM

Netteswell Ochard



Guardian are delighted to offer this two bedroom second floor apartment in Tanys Dell, a popular area near to the Sto property benefits from central heating via radiators and a balcony. EPC - D. Available early June.

£840 PCM



Guardian are delighted to offer this two bedroom end of terrace property in Orchard Croft, located just a minutes walk from the stow amentiles. This property benefits from front and rear gardrens, gas heating and large living space throughout. EPC - D. Available early May.

£975 PCM

Orchard Croft



Guardian are delighted to offer this three bedroom house in the desirable area of Theydo Bois, a short walk to central line tube station. An ideal family home. Property comprising entrance hallway, downstairs WC, kitchen, lounge, three bedrooms and family bathroo Benefits include garage, rear garden and gas central heating, EPC - D. Available early June

£1650 PCM

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UARDIAN

residential sales



Guardian are delighted to offer a one bedroom flat in Willowfield Tower, Ample

£117,500



Guardian are delighted to offer a one bedroom flat in the popular location of Bam Mead. In need of modernization, the property is a great project for a first time buyer or investor. Market rent in a good condition would be £725.00. EPC.E

Barn Mead, Harlow



Guardian are delighted to present a one bedroom ground floor flat in the sought after area of Dadswood. Close to Princess Alexandra Hospital, Harlow Town centre, bus routes and schools. Permit parking, private area. Shower room with electric shower. EPC: C

£157,000



Guardian Residential are delighted to offer this immaculately presented one bedroom first floor floor flat in the ever popular Markhall Moors area of Harlow

£165,000 Tanys Dell, Harlow

Hazel Gardens, Sawbridgeworth



Guardian are delighted to offer an immaculate one bedroom flat with LEASE BEING

£169,995



Guardian are delighted to offer for sale this immaculate two bedroom first floor maisonette with a large private garden. Boasting two double bedrooms, modern fitted kitchen, modern bathroom and large rear garden with patio and decking area.

£180,000

Cloverfield , Harlow





Guardian are delighted to offer this Ground floor One bedroom flat in Sawbridgeworth. In a Private area with allocated parking. In Good condition Freshly decorated and appealing this would be ideal for first time buyers, investors or elderly person looking for a quiet life

£185,000

£182,500



in the town centre. Close to local schools and amenities, walking distance to the station and bus stops. Immaculate bathroom with both bath and separate show EPC:D



On the market with Guardian, well maintained two bedroom terraced house in the desirable location of Pittmans Field, Harlow. Two good sized bedrooms, a family bathroom and tucked away in a quiet cul-de-sac, this is a brilliant first time buy or investment.

£239,995 Pittmans Field, Harlow



£244,995



Guardian are pleased to offer this two bedroom Mid terrace property ideal for a starter home. The property benefits from double glazing, gas central heating, Drive way,en-bloc garage, a modern fitted kitchen and bathroom and offered with no onward chain.

Sibneys Green, Harlow





Guardian are delighted to offer for sale this end of terrace family home with easy access into North London! A three bedroom end of terrace. EPC: D

£269,495

Taylifers, Harlov



O.I.R.O - Guardian are delighted to offer a rarely available two bedroom mid terrace house in a quiet, cul-de-sac location in sought-after Archers. EPC: C

£270,000



Looking for your next step on the property ladder? A very well presented FAMILY HOME in one of the quieter turnings in Harlow. Offering ample storage and a brilliant layout, the property really does boast a great home for you and your family.

£279,999

Jerounds, Harlow

We have sold a third of all property stock in the first week of April With buyers waiting, call to find out how we can get you sold

Star, Thursday, April 12, 2018

TEST DRIVE: Volkswagen Amarok Highline 3.0 V6 Automatic by David Ward

BIG IS BEAUTIFUL



ig is beautiful as the old saying goes and for Volkswagen when it comes to their big Amarok pick-up truck changing its engine from a two-litre to a more powerful three-litre V6 diesel has to pay dividends.

62

It certainly does for those pick-up drivers wanting to tow heavier loads, such as trailing big boats or caravans behind for leisure pursuits or pulling large farm machinery and the like for work purposes.

The extra horsepower definitely makes all

the difference too whilst driving off-road across really rough farm tracks full of deep rutted, muddy and rain-sodden crevices and easily coping with all the punishment administered on test here.

There's a choice of outputs with either 201bhp or 217bhp from the remarkably

MOTs ~

formula one autocentres **HARLOW CM20 2DH** 279 454411 F1AUTOCENTRES.COM

quiet and refined three-litre oil burner as there is with the gearbox - either an eightspeed automatic (as on the test model here) or the more conventional six-speed manual and the choice has to be the former in my view which proved to be so efficient automatically changing up and down whether off-road or driving on normal roads.

It really is the best combination mainly because long gone, thankfully, are the old style of big automatic gearboxes which were rather cumbersome to use, lacked any true finesse and were rather slow and clunky sounding in changing gears up and down.

This latest eight-speed gearbox is totally different and is so easy and responsive to use that it takes all the traditional hard work of a manual box away when changing gears. Both engine output models have VW's

renown 4MOTION all-wheel-drive with selflocking Torsen centre differential for extra traction and better driveability off-road.

There's also a choice of three trim levels -Trendline, Highline (tested here) and Aventura - and all are exceptionally well equipped when compared to rival pick-ups. For example the Highline, which sits on

18-inch alloy wheels, has anti-lock braking, anti-slip regulation, electronic differential, trailer stabilisation, hill start and hill descent along with extras like Bi-Xenon headlamps, leather seat trim and heated front seats amongst others

At the end of the day though pick-ups are all about load carrying and towing capacity

and in this respect the Amarok scores well with a wide load bed of some 2.5 square metres - enough to take on a Euro pallet and capable of towing a 3,000kg trailer.

Owners wanting to cover up their load

area have a choice too with either a soft or hardtop tonneau and like all VW cars and commercials today there's a high level of standard safety kit onboard.

This includes front/side head airbags, an automatic post-collision braking system and more while cruise control, climatronic air conditioning system and front and rear parking sensors along with that important rear view camera which is a great driver aid when reversing such a big bus.

The interior of the cab is so car-like with comfortable seats, plenty of head and leg



room front and rear while for the driver there's a typical VW style dashboard and control layout that includes a 6.3-inch touch screen with all the information easy to read at a glance along with a leather multi-

function steering wheel.

After the Amarok had been put through a severe off-road test, which is came through with flying colours, out on the normal roads it was also impressive with that V6 diesel engine remarkably smooth and refined at speed.

It's overall ride was firm yet comfortable and it coped well with our increasing potholed road surfaces with the only minor blip being some noticeable wind noise from the wing mirrors at speed.

With such a big three-litre engine under the bonnet fuel economy is not going to be one of the Amarok's major plus points - it achieved 28.8mpg on test which compares to the official combined figure of 36.2mpg. Top speed is 114mph but it sits quite comfortably at motorway speeds where that automatic box comes into its own when

there's the need for overtaking slower traffic. Such a big, quality kitted pick-up truck is not cheap with the Highline automatic tested coming in at £29,995 (excluding VAT) and £35,995 (including VAT) but as always you get what you pay for and in this respect the Amarok is good value for money for motorists looking for an impressive and reliable big pick-up truck with a bit of

Choice of over 30 cars where you can drive away one of our quality used cars with.

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to go over any one of our incredible offers, and to make sure the car you're interested in is still available

Mr Lewis Evens has 2 CCJ's Plus a low payment

NOW! drives a 63 Reg Insignia with Nil Cash Deposit

Roy Haines

Self employed

no pay slips NO PROBLEM!



Wamack only 18 not on unable to prove

NOW! drives a 64 Reg Fiat 500 for only £29 per week

NOW! drives a 64 7 seater Zafira

has had only a 127 credit score

NOW! drives a 63 Reg Focus & his credit score is improving

Mrs Hillary Downing had been turned down twice hefore (Not by us) ONE HAPPY FAMILY!

Kia Picanto
0 Cash Deposit then only £19 per week
Vauxhall Corsa
0 Cash Deposit then only £19 per week

U Cash Deposit then only £19 per week Ford Fiesta 0 Cash Deposit then only £22 per week Peugeot 107 0 Cash Deposit then only £22 per week Citroen CI 0 Cash Deposit then only £22 per week

Mazda 3 Vauxhall Astra
0 Cash Deposit then only £24 per week osit then only 222 per week

Ford Focus
0 Cash Deposit then only 224 per week Nissan Micra
0 Cash Deposit then only £24 per week

THEN ONLY FROM

0 Cash Deposit then only 25 per week
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0 Cash Deposit then only 25 per week

O Cash Deposit then only 225 per week Fiat Punto
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Kia Venga
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Vauxhall Zafira
0 Cash Deposit then only 228 per week

Hyundai Tucson
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Volkswagen Golf
0 Cash Deposit then only 28 per week Kia Cee'd
0 Cash Deposit then only 28 per week

THEN ONLY FROM

Kia Cee'd (Automatic) 0 Cash Deposit then only 229 per week Vauxhall Corsa Active 0 Cash Deposit then only 229 per week

O Cash Deposit then only 229 per week

0 Cash Deposit uren c...,

Honda Jazz

O Cash Deposit then only 229 per week

Seat Leon

O Cash Deposit then only 433 per week

O Cash Deposit then only £34 per week 0 Cash Deposit then only Volkswagen Polo 0 Cash Deposit then only 155 per week

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Star, Thursday, April 12, 2018 HSH-EO1-S2

WHEELS

MOTORING NEWS: with Chris Russon

A TRULY LIMITED EDITION

s limited edition models go they don't come much more exclusive than the Morgan Aero GT. Just eight versions of the high performance sports car will be made, marking the end of Aero 8 production at Morgan's Pickersleigh Road factory in Malvern, Worcestershire.

64

Each will be built to individual customer specification and the first model has just rolled off the line, destined for Revolutions Morgan, of Perth in Scotland.

The Aero GT will be the final Morgan to feature the naturally aspirated BMW N62 V8 engine also used in the Aero 8

Developing 367bhp it gives the Aero GT a 0 to 60 time of 4.5 seconds and a top speed of 170mph. Fuel economy is rated at 23mpg with emissions of 282g/km

Each model will be built

with Morgan's latest adjustable suspension and come with manual transmission.

The Aero GT is priced from £120,000 and had its world debut only a month ago at the Geneva Motor Show where it was revealed alongside the Plus 8 50 Anniversary – another limited run model of which 50 will be produced.

Every panel on the Aero GT is created using a technologically advanced process known as Superforming which is used on all modern Morgans, before being hand-finished.

The front canard details and wing top louvre vents of the Aero GT are designed to reduce low pressure on the sides of the Aero body, making a notable difference in frontal downforce.

At the rear a diffuser reduces air pressure from beneath the vehicle,



increasing rear downforce and reducing the visual weight of the rear-end.

Enamelled 'GT' badges signify the model variant and each is individually hand made by a British Jeweller

while the interior is handfinished with a series of painted stitching and pinstripe accents, and an extended choice of wood options.

Steve Morris, Morgan

Free Care-3 Servicing Plan worth up to £339.

The Kia Sportage April Special Offer

Up to £1,500 towards your Personal Contract Purchase deposit.

managing director, said: "Every Morgan is built to an exacting specification and is bespoke to each customer and the first Aero GT off the production line looks superb in every way.

"It was a pleasure to reveal the car to the world just a few weeks ago, to see the first car leave the factory is an honour and I know the new owner will be delighted when they take delivery.

Representative example: New Kia Sportage '2' 1.6 GDi (petrol) manual 2WD with optional paint finish. No minimum deposit required.

Duration Agreement	37 months
Cash Price	£21,700.00
Customer deposit	£2,8775.00
Deposit contribution	£1,250.00
Amount of credit	£17,575.00
Interest charges	£2,094.41
36 monthly payments of	£250.56
Optional final payment (GFV)	£10,646.25
Total amount payable	£23,794.41
Fixed rate of interest	2.52%
Representative APR	4.9%

SPORTAGE

Standard spec on these models includes:

' touchscreen Sat-Nav with European mapping & Kia Connected Services featuring TomTom® • Reversing camera system with rear sensors · Cruise control & speed limiter

- alloys · LED daytime running lights · Bluetooth® & music streaming

- USB & AUX ports DAB radio Leather-trimmed steering wheel & gearshift

 All-round electric windows Privacy glass (rear windows and tailgate) Roof rails

 Dual automatic air conditioning Black premium cloth upholstery Auto windscreen de-fog

 Electrically folding, adjustable & heated door mirrors with LED indicators Automatic light control Auto-dimming rear mirror Lane Keep Assist system
- · High-beam assist · Chrome front grille with high-gloss black diamond mesh radiator grille · Driver's seat power lumbar support

REPRESENTATIVE Cars must be ordered and registerer

Cars must be ordered and registered by 30/04/2018

(KIV) Care-3

Ken Brown Harlow Potter Street • Harlow • CM17 9A0 01279 905315 • www.kenbrownmotors.co.uk

Representative example: New Kia Sportage 'KX-2' 2.0 CRDi (diesel) manual AWD with optional paint finish. Save £1,000 off list price! No minimum deposit required.

Duration Agreement	37 months
Cash Price	£25,810.00
Customer saving	£1,000.00
Customer deposit	£3,810.00
Deposit contribution	£1,500.00
Amount of credit	£19,500.00
Interest charges	£2,018.49
36 monthly payments of	£387.54
Optional final payment (GFV)	£11,303.70
Total amount payable	£26,802.42
Fixed rate of interest	2.52%
Representative APR	4.9%



The Power to Surprise

Fuel consumption figures in mpg (I/100km) for the Kia range: urban 29.1(9.7)-67.3(4.2), extra urban 47.9(5.9)-83.1(3.4), combined 38.2(7.4)-78.5(3.6). CO₂ emissions 170-94g/km. MPG figures are official EU test figures for comparative purposes and may not reflect real driving results.

(2) Pay the GFV to own the car or (3) return the car, further charges may be made subject to the condition of the car. Finance subject to status. Terms & conditions apply. (ia Finance RH2 2AO, Ken Brown Motors (Harlow) is a subsidiary of Shephall Way Service Station Ltd T/A Ken Brown Motors. Registered Address: Shephall Way Service Station Ltd T/A Ken Brown Motors. Registered Address: Shephall Way Service Station Ltd T/A Ken Brown Motors. Registered Address: Shephall Way Service Station Limited, Shephall Way Garage, Shephall Way, Stevenage, Hertfordshire, SG2 9RW. Registered number: 01522824. Regulated and authorised by the Financial Conduct Authority, number 679900. We are a credit broker not a lender. We can introduce you to a limited number of lenders to provide funding and may receive commission for the introduction.

Thursday, April 12.

2018

Est 1997 Father & Son Business

CAR OF THE WEEK



2010 Kia Venga 1.6 Automatic,

Silver, Alloy Wheels, Air Con, Remote Locking, E/Windows, E/Mirrors, CD Player, 34,000 miles only

£38 per week

£5,995

BARGAIN OF THE WEEK



2011 Renault Clio 1.2 Silver.

Remote Locking, E/Windows, CD Player, Ideal First car, 28,000

Miles Only

£30 per week

£4,495

ZERO DEPOSIT FINANCE

Prestige

2009 (09) Bentley Continental, 6.0 Automatic

Blue, Alloy Wheels, Climate Control, Cruise Control, Parking Sensorts, SAT NAV, Full Leather, Heated Electric Seats, E/Windows, E/Mirrors, Remote Locking, Power Hood, CD Player, 10,000 Miles only, Stunning Example

£65.000 £P0A pw

2016 (66) Land Rover Range Rover Sport 3.0 Automatic HSE, Blue, Alloy Wheels, Climate Control, Bluetooth, Cruise Control, Parking Sensors, Reversing

Camera, Panoramic Sunroof, SAT NAV, Full Leather, Heated electric Memory Seats, Fridge Side Steps, Remote Control Locking, E/Windows, E/Mirros 24,000 miles

2012 (12) Jeep Wrangler Kahn 2.8 Automatic,
Alloy Wheels, Air Con, Air Con, Cruise Control, Heated Leather Seats, Hard Top, Remote Locking, E/Windows, E/Mirrors, Bluetooth, CD Player, 15,000 Miles only

2000 (W) Jaguar XKR Supercharge Automatic, Silver, Alloy Wheels, Climate Control, Cruise Control, Leather Seats, E/Windows, E/Mirrors, Remote Locking, 69,000 Miles, Stunner

2015 (64) Kia Sportage 1.7 Diesel,

Blue, Alloy Wheels, Air Con, Bluetooth, Cruise Control, E/Windows, E/Mirrors, CD Player, AUX, 36,000 miles only

Sale Price £12,495 - £99 per v

SUV

2015 (64) Kia Sportage 1.7 Diesel.

Blue, Alloy Wheels, Air Con, Bluetooth, Cruise Control, E/Windows, E/Mirrors, CD Player, AUX, 36,000 miles only

ale Price £12,495 - £99 per w

2013 (13) Vauxhall Mokka 1.6,

White, Alloy Wheels, Air Con, Remote locking, Cruise control, Parking sensors, E/Windows, E/Mirrors, CD Player, One owner, 13,000 miles only Sale Price £9,995 - £62 per w

2014 (14) Nissan Juke, 1.2,

Red, Alloy Wheels, Air Con. Bluetooth, Cruise Control, Parking Camera, SAT NAV. Remote Locking, E/Windows, E/Mirrors, CD player, AUX, 26,000 miles only

Sale Price £9,995 - £65 per w 2011 (61) Nissan Oashgai N-Tec

grey, panoramic roof, reversing camera, sat nav, e/windows, e/mirrors, alloys, remote locking, 49,000 miles

ale Price £9,495 - £60 per w

2016 (61) Nissan Juke 1.6.

White, Alloy Hwwels,, Air Con, Cruise Control, SAT NAV, Reversing Camera, Full Leather Heated Seats, Remote Locking, E/Windows, E/Mirrors, CD Player, 43,000 miles only Sale Price £8.495 - £53 per

2005 (55) Tovota RAV4, 2.0 Automatic.

Silver, Alloy Wheels, Air Con, Remote Locking, Cruise Control, SAT NAV, E/Windows, E/Mirrors, Heated Leather Seats, 82,000 Miles

Sale Price £3.995 - £26 per w

2013 (13) Vauxhall Mokka 1.6,

White, Alloy Wheels, Air Con, Remote locking, Cruise control, Parking sensors, E/Windows, E/Mirrors, CD Player, One owner, 13,000 miles only Sale Price £9,995 - £62 per week

2014 (14) Nissan Juke, 1.2,

Red, Alloy Wheels, Air Con, Bluetooth, Cruise Control, Parking Camera, SAT NAV, Remote Locking, E/Windows, E/Mirrors, CD player, AUX, 26,000 miles only Sale Price £9,995 - £65 per we

2013 (13) Ford Fiesta, 1.5 Diesel,

5 Door, White, Alloy Hweels, Air Con, Air Con, Bluetooth, Remote Locking, E/Windows, E/Mirrors, AUX, CD Players, £0 a Year tax

Sale Price £6.995 - £44 per v 2013 (63) Ford Fiesta 1.2.

3 door, Red, Air Con, Remote locking, E/Windows, E/Mirrrs, CD Player, AUX Input,

31.000 miles only

2012 (12) Peugeot RCZ 1.6,

Grey, alloy wheels, air con, full leather heated seats, remote locking, cruise control, SAT NAV, parking sensors, e/windows, e/mirrors, 61,000 miles

Sale Price £7.995 - £50 per week

2010 Ford Mondeo 18 TDCi Titanium, Beige, Alloy Wheels, Air Con, Remote Locking, Cruise Control, Parking Sensors, SAT NAV, E/Windows, E/Mirrors, CD Player, 41,000 Miles

Sale Price £5.995 - £38 per 2007 Ford Focus ST2.

Red, Alloy Wheels, Air Con, Remote Locking, Parking Sensors E/Windows, E/Mirrors, CD Player, 84,000 Miles

le Price £5,995 - £35 per v 2010 Kia Venga 1.6 Automatic

Silver, Alloy Wheels, Air Con, Remote Locking, E/Windows, E/Mirrors, CD Player,

34,000 miles only

Sale Price £5.995 - £38 per weel

2016 Hyundai i30 1.6 Diesel automatic,

Black, Alloy Wheels, Air Cono, Remote Locking, E/Windows, E/Mirrors, CD Player,

Sale Price £5.495 - £35 per weel

2005 (55) Tovota RAV4, 2.0 Automatic

Silver, Alloy Wheels, Air Con, Remote Locking, Cruise Control, SAT NAV, E/Windows, F/Mirrors Heated Leather Seats 82 000 Miles

Sale Price £3.995 - £26 per w

Small Cars

2013 (13) Ford Fiesta, 1.5 Diesel, 5 Door, White, Alloy Hweels, Air Con, Air Con, Bluetooth, Remote Locking, E/Windows, E/Mirrors, AUX, CD Players, £0 a Year tax

Sale Price £6.995 - £44 per we

2013 (63) Ford Fiesta 1.2,

3 door, Red, Air Con, Remote locking, E/Windows, E/Mirrrs, CD Player, AUX Input, 31,000 miles only

Sale Price £6.395 - £40 per weel

2011 (11) Mini Cooper D,1.6, Diesel Goodwood Green, e/windows, e/mirrors, cruise control, CD player, alloys, half leather,

Sale Price £6,995 - £44 per week

2014 (14) Vauxhall Corsa, 1.2,

3 door, Red. Alloy Wheels, Air Con, Heated half leather seats, heated steering wheel remote locking, E/Windows, E/Mirrors, CD Player, AUX input, 27,000 Miles only, One

Sale Price £5.995 - £38 per weel

2011 Renault Clio 1.2

Silver, Remote Locking, E/Windows, CD Player, Ideal First car, 28,000 Miles Only Sale Price £4,495 - £30 per week

2011 (11) Vauxhall Corsa 1.2

3 door, Silver, Alloy Wheels, Air Con, Remote Locking, E/Windows, E/Mirrors, CD Player, One Owner, 65,000 miles Sale Price £4.495 - £28 per weel

Convertibles 2009 (09) Bentley Continental, 6.0 Automatic

Blue, Alloy Wheels, Climate Control, Cruise Control, Parking Sensorts, SAT NAV, Full Leather, Heated Electric Seats, E/Windows, E/Mirrors, Remote Locking, Power Hood, CD Player, 10,000 Miles only, Stunning Example

2012 (12) Jeep Wrangler Kahn 2.8 Automatic.

Alloy Wheels, Air Con, Air Con, Cruise Control, Heated Leather Seats, Hard Top, Remote Lockina. E/Windows, E/Mirrors, Bluetooth, CD Player, 15,000 Miles only

2011 (11) Renault Megane 1.4 convertible.

Grey, Alloy Wheels, Air Con, electric hard top, Panoramic roof, SAT NAV, half leather seats, Remote Locking, E/Windows, E/Mirrors, Cruise Control, CD Player, 46,000 miles Sale Price £5,995 - £38 per week

2008 (58) Renault Megan Convertible, Diesel.

Grey, panoramic roof, e/windows, e/mirrors, alloys, cruise control, air con, full leather interior, 53,000 miles

Sale Price £3.995 - £23 per weel

NUMBER PLATES FOR SALE



BIL5 18

£7000



4NNX

£2500



BIL5 07

4F5Y

£3000

£3000

Star, Thursday, April 12, 2018

WHEELS

66

TEST DRIVE: Toyota Yaris Bi-tone 1.5 Dual VVT-iE BY Peter Keenan



he £76 million
Toyota recently
splashed out
revamping the Yaris
looks money well
spent as the new Bi-tone
model hits the right note
with an eye-catching exterior
and modern interior.

The supermini has come a long way from the original launched in 1999 and is now a stylish, modern motor with bundles of appeal for young and old alike.

Toyota has resisted the urge to bulk up the Yaris, unlike some competitors, and this gives it two advantages.

Firstly, it is nippy and fun to drive thanks to a lack of unnecessary flab and second it is easy to slot into those tight city centre parking spaces. Built in France since 2001, refinement is a given as the cabin has received a thorough reboot with efficient sound-proofing and anything resembling cheap, shiny plastics removed.

There is also a marked step

up in the amount of kit provided.

All versions of the Yaris include Toyota Safety Sense which boasts natty features to keep you out of trouble - although the warning beeps from the lane departure alert are a little quick to deploy so can be a bit annoying - as well as power front windows, rain-sensing wipers, Bluetooth and an audio system with six speakers.

There are six trims available with all being family-friendly five-door models. The £17,595 range-topping Bi-tone version sports a seven-inch touchscreen that dominates the dashboard. The Toyota Touch 2 multimedia system features a simple to use sat nav that is easy on the eye as well as housing controls for the air con and social media apps.

apps.
Thanks to its upright stance the Yaris offers a surprising amount of space for all occupants and their luggage while three adults

can be accommodated in rear of this supermini without risking crush injuries. A decent driving position is a cinch to sort out and there are plenty of cup holders and cubby holes for your nik-naks.

It is clearly aimed at capturing the youth vote as it is a fashion conscious

individual with an exterior boasting LED daytime running lights, 16-inch alloy wheels, rear spoiler, piano black side mouldings and a honeycombe grille. There is also a distinctive 'X' that runs from the bumpers through the Toyota badge to the headlights.

Sharp angles and sleek

design are complemented by contrasting paint jobs with four choices available for the Bi tone including Nebula Blue, Tokyo Red, Glacier Pearl White and Platinum Bronze. These are partnered by a black finish for the pillars and roof.

It makes an instant impression and is mirrored

inside by matching trims for the door panels and dashboard while the seat upholstery mirrors the Bitone shade.

Under the bonnet lurks Toyota's latest 1.5-litre petrol powerplant - aided and abetted by a six-speed manaual gearbox - which is nippy without setting anyone's hair on fire. It is reasonably efficient with a claimed fuel economy figure of 58.9mpg which in the real world comes in at around 50, while carbon dioxide emissions are 112g/km. There's also a three-cylinder petrol 1.0-litre model and a hybrid version.

The Yaris offers an engaging drive with good levels of grip and decent handling characteristics while the new suspension handles most of the humps and hollows put in its path.

The supermini sector is incredibly competitive, but Toyota have supplied the right ingredients to make the latest Yaris a tasty offering.



HSH-E01-S2 Star, Thursday, April 12, 2018

WHEELS

TEST DRIVE: Audi Q2 1.0 TFSI Sport by Lee Gibson



he Q2 is the newest and smallest member of Audi's SUV range and aims to offer some German crossover chic in a more compact package than the Q3, Q5 and Q7. It also broadens the premium German marque's appeal, targeting younger buyers with some sharp design language, a range of personalisation options and an array of brightly coloured paint jobs with names like Tango Red, Ara Blue, Coral

Orange and Vegas Yellow.
This is bold territory indeed by normally reserved Audi standards, although the two different shades of black, two whites and three greys available should also keep the traditionalists happy.

Whatever the colour, however, there is no denying that the Q2 is one of the more distinctive models in Audi's extensive stable.

A raised ride height, bold grille and muscular bumpers provide the fashionable SUV touches but are fused with a sloping coupe-style roof and rising shoulder line, which is

emphasised by a striking angular section scooped out of the doors.

The key distinguishing feature, though, is the contrasting colour detail of the broad rear pillar, which is configurable in four different shades, depending on specification.

This, coupled with a range of interior upholstery

choices, inlays and ambient lighting options, creates a range of personalisation possibilities which, although not in the same league as a MINI, offer plenty of opportunity to make the Q2 very much your own.

Power comes from the familiar Audi range of 1.0, 1.4 and 2.0-litre TFSI petrol engines as well as 1.6 and

2.0-litre diesels. The 2.0-litres are both paired with the quattro all-wheel drive system and a seven-speed Stronic automatic transmission.

The others can be had with either the automatic or a smooth six-speed manual gearbox, the exception being the 1.0-litre, which is only available as a manual.

This three-cylinder unit aims to offer diesel-like fuel economy - more than 55mpg is the claimed average while using turbo power to maintain performance levels.

It proves punchy and lively in urban traffic, actually feeling a little nippier than the 0-62mph time of 10.1 seconds might suggest, and has enough puff to keep up on the motorway.

Progressive power steering makes for some responsive, nimble handling with a stiffened chassis offering good body control and flat cornering while still keeping the ride the right side of comfortable - making the Q2 an enjoyable and easy car to drive.

Inside, the odd bit of scratchy plastic belies the fact that this is one of Audi's cheaper models but generally the quality is still superior to most rivals in the Q2's class.

Space is adequate rather than generous, with three adults in the back being a bit of a squeeze and rear head and legroom a little tight, while at 405 litres the boot is

about average for the class and we found that a full week's shopping overflowed onto the back seat. The dashboard is pretty

The dashboard is pretty much lifted out of the A3 and incorporates a seven-inch multimedia display controlled via a rotary dial and shortcut switches in the centre console.

Mid-range Sport trim also gets Bluetooth, Apple and Android smartphone connectivity, digital radio, cruise control, automatic lights and wipers, rear parking sensors and automatic emergency braking with pedestrian detection.

Typically of Audi, however, many of the more desirable features, such as a reversing camera, are only available as options and add-ons will soon bump up the price if you're not careful.

Plenty of buyers, though, will be happy to shell out the readies for the kudos that the brand brings and it surely won't be long before the Q2 is as common on our roads as its many popular stablemates.



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Clothes for Her

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Clothes for Her

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Clothes for Her

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Public Notices

Essex County Council

(Footpath 66, Harlow) (Temporary Prohibition of Use) Order 2018

Notice is hereby given that the Essex County Council has made the above Order under Section 14(1) of the Road Traffic Regulation Act 1984.

Effect of the order: To temporarily close that length of Footpath 66, Harlow in the District of Harlow, from its junction with footpath 65, North West for a distance of approximately 100 metres.

The closure is scheduled to commence on 16th April 2018 for 10 weeks or where appropriate signs are showing and weather permitting, and is required for the safety of the public and workforce while reroofing works are to be undertaken

The alternative route will be via an alternative path around the closed section, from its junction with footpath 65 and footpath 66 North East, then North West, then West joining up with footpath 66.

The Order will come into effect on 16th April 2018 and may continue in force for 6 months or until the works have been completed, whichever is the earlie

(Footpath 166 & 168, Harlow) (Temporary Prohibition of Use) Order 2018

Notice is hereby given that the Essex County Council intends, not less than seven days from the date of this notice, to make the above Order under Section 14(1) of the Road Traffic Regulation Act 1984.

Effect of the order: To temporarily close that length of Footpath 166 & 168, Harlow, in the District of Harlow as specified:

Footpath Description

Footpath 168,

Footpath 166, From its junction with London Road, east for a distance of 800 Way, Footpath 162 and vice Harlow metres to its junction with footpath 162.

From its junction with Gilden Way, south to its junction with The Chase, Approximately

London Road, B183 Gilden

Gilden Way, London Road, The Chase and vice versa

The closures are scheduled to commence on 23rd April 2018 for 6 months or where appropriate signs are showing and weather permitting, and is required for the safety of the public and workforce while construction of new drainage works are undertaken.

The Order will come into effect on 23rd April 2018 and may continue in force fo 6 months or until the works have been completed, whichever is the earlier Dated 12th April 2018

Essex County Council, Network Assurance, A2 Annexe, Seax House, Victoria Road South, Chelmsford, Essex CM1 1QH

Telephone: 0345 603 7631 Website: www.essex.gov.uk/highways

North Essex Parking Partnership (The Chase Newhall Harlow, Essex) (Introduction of No Waiting/Loading Restriction) (On Street) Order 2018 Notice of Intention

Colchester Borough Council acting on behalf of the North Essex Parking Partnership in exercise of the delegated powers of the traffic authority Essex County Council granted under an agreement dated

31 March 2011 proposes to make the above order under sections 1(1), 2 (1) to (3), 4(1), 4(2), 32, 35,45,46,49 and 53 and parts III and IV of schedule 9 of the Road Traffic Regulation Act 1984.

Essex County Council in the Harlow District of (The Chase Newhall Harlow, Essex) (Introduction of No Waiting/Loading restriction) (On Street) Order 2018 The effect of this Order will be to;

a) Introduce No Waiting at any time/No Loading at any time.

to the area of the road shown on the attached plan and specified in the schedules to this Order

A copy of the proposed Order and associated schedule is available for inspection at Harlow District Council Civic Centre Watergardens Harlow CM20 1WG and Chelmsford County Library, Market Road, Chelmsford, CM1 1LH during normal office hours. Copies can be acquired on payment at photocopying charges.

Copies can also be viewed at www.parkingpartnership.org

Any objections to the proposed Order should be made in writing, stating the ground(s) on which they are made and addressed to;

Notice of Intention, The Chase Newhall On Street, North Essex Parking Partnership, PO Box 5575, Colchester, CO1 9LT

Or by email parking@colchester.gov.uk by no later than 2 May 2018.



HARLOW DISTRICT COUNCIL (THE CHASE NEWHALL HARLOW, ESSEX) (INTRODUCTION OF NO WAITING/LOADING **RESTRICTION) (OFF STREET) ORDER 2018** NOTICE OF INTENTION

The District Council of Harlow ("the Council") in accordance with section 39(3) of the Road Traffic Regulation Act 1984 ("the 1984 Act") and under arrangements made with the said County Council pursuant to S.101 Local Government Act 1972 and the Local Authorities (Arrangements for the Discharge of Functions)(England) Regulations 2000 and after consultation with the Chief Officer of Police HEREBY intend to make the above Order under (a) the powers conferred by Section 1(1) and 2(1), 3(2) and 4(1) of the Road Traffic Regulation Act 1984 ("the Act") and of all other enabling powers in accordance with Part III to Schedule 9 to the Act and (b) section 74 (as modified by Statutory Instrument 2003 No. 2440) and Part 6 of the Traffic Management Act 2004 ("the 2004 Act") and (c) in accordance with Local Authorities Traffic Orders (Procedure)(England & Wales) Regulations 1996. Intend to make the following Order:

Harlow District Council (The Chase Newhall Harlow, Essex) (Introduction of No Waiting/Loading restriction) (Off Street) Order 2018.

The effect of this Order will be to:

a) Introduce No Waiting at any time/No Loading at any time to the area of the road shown on the plan and specified in the schedules to this Order.

A copy of the proposed Order and associated schedule is available for inspection at Harlow District Council Civic Centre Watergardens Harlow CM20 1WG and Chelmsford County Library, Market Road, Chelmsford, CM1 1LH during normal office hours. Copies can be acquired on payment at photocopying charges.

Any objections to the proposed Order should be made in writing, stating the ground(s) on which they are made and addressed to:

Notice of Intention The Chase Newhall Off Street, Harlow District Council Water Gardens Harlow

CM20 1WG

or by email parking@harlow.gov.uk by no later than 2nd May 2018.









essexlive.news/marketplace

TOWN AND COUNTRY PLANNING ACT 1990 PLANNING (LISTED BUILDINGS AND CONSERVATION AREAS) ACT 1990

Planning (Listed Buildings and Conversation Areas)
Regulations 1990
Town and Country Planning

(Development Plans and Consultation) Directions 1992
PUBLIC NOTICE OF APPLICATIONS
The following applications have been received by Harlow District Council.
These applications and others received can be inspected online at

www.harlow.gov.uk or at Harlow Council Planning Services, Civic Centre, The Water Gardens, Harlow, Essex, CM20 1WG on Monday - Friday, 9am - 445pm. If you are unable to view the plans during these times, please telephone Planning Services on (01279) 446856 where a suitable appointment can be made with the relevant case officer.

Anyone who wishes to make representations about these applications should write to the Council at the above address within 21 days of the date

uns nouce. polication No: HW/TP/18/10018 Ward: Bush Fair Application No: HW/TP/18/10018 Ward: Bush Fair Application Type: Works To Trees in a Conservation Area Location: The Old Dairy Jeans Yardling Tye Green Village Harlow Proposal: Intent to Fell and Treat Stump of A Willow Tree (T1) and A Cherry Laurel Group (H61)

Reason for Advert: Tree Works Within

Harlow a Conservation Area

JOHN HENRY ROWLAND

(Decease)

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Chiassaro deflated as dream is dashed

Paralympian suffers puncture in final on Games debut

HARLOW Paralympian Richard on the outside to stay out of Chiassaro saw his Common-wealth Games medal hopes fall flat as he suffered a puncture in the T54 1500m final on the Gold

Chiassaro won his heat with a time of 3min 05.76sec and was full of confidence going into Tuesday's showcase event, which featured home favourite Kurt Fearnley in his last race for Aus-

trouble when you are travelling in the pack," said Chiassaro after the heat

"I was just under 23mph at the end so I know I have that kick at the end. The focus was on getting all three of us [England teammates Nathan Maguire and Dillon Labrooy] through safely and it was good practice for the final." However, that final was to end

in bitter disappointment for the 'We've been working on racing 36-year-old, who was making his Commonwealth debut after claiming bronze in the T54 200m at the 2017 World Para Athletics Championships.

"My tyre exploded after 300m – I couldn't believe it," he said.

"I tried to hold my pace, but over the last 300m I just couldn't

keep it going.
"The chair wasn't holding the bend properly.

"It could have been anything

that caused it, I just don't know,

it's never happened to me before.
"I'm a bit gutted as I know the sorts of times I can do, but it's just one of those things." Chiassaro also said he felt priv-

ileged to share the track with the legend Kurt Fearnley, who ended up winning silver with a time of 3:11.92.

Canadian Alexander Dupont took gold in 3:11.75 after sweeping round the outside of Chiassaro. who had led the first lap, and the rest of the field.

THERE was disappointment for Harlow Athletic Club's Andrew Osagie who made an early exit from the Gold Coast after failing to qualify in his 800m

Osagie, who finished fifth in 1:48.20 said: "It's just disappoint-

ing.
"I didn't go with the change of

"I don't have any excuses, I just didn't execute my race.'

Harten helps England to historic win

HARLOW netball player Jo Harten played a key role as England made history at the Gold Coast Commonwealth Games by racking up their first ever win over New Zealand at

Harten, who plays professionally in Australia, was on fire a she sank goals at regular intervals in Wednesday's 54-45 victory to top Pool B and go through to the semi-finals unbeaten.
The Roses will now face

Jamaica at the Coomera Indoor Sports Centre this Saturday at 8am UK time

Harten beat the buzzer with an impressive turn-and-shoot as England finished the third quarter 40-34 in front.

She capped a dazzling display with some slick skills in the closing stages as the Roses secured a famous triumph.

"It felt really good, that was one of our goals coming in to the tournament to be top two in a major Games, being a top two," said Harten

"We've put a lot of work in to get to this level and it's hard work that has paid off, so it's a little bit of history achieved for

us.
"I had a little blip in the second quarter but those things happen in tight games and the girls helped me out of that, so we're happy with our performance, and it's onwards and upwards to the semi-final

"I've played in the stadium a few times and I'm used to the crowd but it's the intensity of training and playing in high level competitions that help you in those games."

Hawks leave Gate open

HARLOW Town surrendered a half-time lead to fall to a 4-2 defeat at play-off chasing Margate in the Bostik League Premier Division.

Matt Foy struck twice in the first half on 13 and 32 minutes to put the Hawks in a commanding position, however, Margate came out firing in the second period to

take a 4-2 lead within 30 minutes.

Jay May after 51 minutes and
Frannie Collin on 63 minutes
pulled Gate level, and another from May four minutes later put them in front. Jordan Chiedozie added a fourth 15 minutes from

Margate were reduced to ten men after George Essuman was shown a second yellow, and despite Harlow using the extra man to put pressure on, the hosts saw out the game to keep

up their push for promotion.

Harlow are three places and five points above the drop zone

This Saturday, Harlow host Brightlingsea Regent, who are seven points above them in 20th place.

Harlow striker Strike ready to pursue his goals



Harlow's Tim Strike is hoping to rise up the football ranks

A TEENAGE striker with a passion for football has shown his flair for the sport by being called up for Harlow FC's under-

23 team – having just turned 17. Tim Strike has gradually risen up the ranks, and first played for Develop FC when he was six.

The former Passmores Academy pupil also turned out for Parsloe Athletic and Risden Wood, before joining Harlow's

And now he has been selected for the U23 team, Strike hopes to continue his progress, harbouring a dream to one day play for England.

sporting talent in the Strike household as his mother, Anne Wafula Strike, is a Paralympic wheelchair racer.

She is understandably immensely proud of her son's achievements.

"He's loved football since he

could walk and his passion has increased," she said. "Tim didn't go to a football academy and he had the

opportunity to play different

sports.
"At an earlier age he stood out as a promising cricketer and cyclist and also tried athletics,

but his heart and passion has been in football.'

Anna, who made history by becoming the first person from Sub Saharan Africa to compete in wheelchair racing at the 2004 Paralympic Games in Athens, added: "When he got the invite for the U23s he was like, 'mum, dad, do you think they got my age wrong?"

Tim is currently studying

sport at Hertford Regional

"His aspiration is to become a professional football player, but he understands that education is very important for every athlete

to have as that something extra in the bag," added Anna, who added Harlow Town were very supportive of their young talent.

Shan Toms, Harlow's U18 assistant manager, said: "Since joining the team, Tim has really progressed and has become an integral player.

"His enthusiasm, work rate and physicality are key attributes to his game. "Tim has recently been called

up to play for the U23s after some good performances, and bearing in mind he is only 17 I'm sure he will continue to progress with his football."